

military news

Tapping the military news pipeline.

FINISHES TRAINING

Cadet Joseph Goffin of Farmington Hills has completed a U.S. Air Force ROTC field training encampment at Dover Air Force Base, Del.

The field training is four weeks, but cadets in the two-year ROTC program receive an additional two weeks of instruction in the development of air power and the contemporary Air Force.

Goffin is a student at Michigan State University.

Army Reserve Pvt. Timothy Gonterman of Farmington Hills has completed basic training at Ft. Leonard Wood, Mo.

Students were instructed in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

He is a 1988 graduate of North Farmington High School.

He studied techniques of leadership, management and supervision. He is an orderly room supervisor with the 17th Tactical Fighter

Squadron at Shaw Air Force Base, S.C.

Martin is a 1979 graduate of Farmington Hills Harrison High School.

FINISHES TRAINING

Second Lt. Stephanie Kugler of Farmington Hills has completed the U.S. Air Force Military Induction for medical service officers at Sheppard Air Force Base, Texas.

The course acquaints newly commissioned medical personnel with professional and administrative responsibilities as Air Force officers.

ARMY HONORS

Spec. Karri Rogers, a 1984 Farmington Harrison High graduate, was decorated with the Army Achievement Medal at Ft. Eustis, Va.

A watercraft engineer with the 97th Transportation Company she earned the medal for meritorious service.

PRIMARY LEADERSHIP

Spec. Daniel Ward, a 1981 Farmington Hills graduate, has completed an Army primary leadership course.

He is an armored crew member with the First Armored Division in West Germany.

Ministers' fund opens Hills office

The Presbyterian Ministers' Fund has opened its southeastern Michigan district office in the Arboretum on 12 Mile in Farmington Hills.

Charles Davidson is PMF's managing representative for greater Detroit. A Presbyterian minister, he also represents H.G. Kuch and Co., the Philadelphia investment firm owned by the Fund.

The oldest life insurance company in America, PMF was given the country's first corporate charter in 1759 in Philadelphia by the sons of William Penn, Richard and Thomas.

Davidson conducts local money management workshops for clergy and spouses from various religious traditions and speaks to congregational groups interested in learning

about income protection, retirement planning, and the opportunities and pitfalls in the financial markets. Individuals or groups are welcome to inquire about scheduling programs free of charge.

As an important part of its work, PMF helps churches and synagogues, as well as religious schools, hospitals, seminaries, retirement centers, and service agencies establish long-range charitable giving and endowment programs.

The "Fund for Pious Uses," as it was originally called, was established in 1717 for the purpose of caring for the widows and orphans of Presbyterian ministers during the early 18th century when the families of pastors were subjected to financial hardship due to the westward expansion of churches into the wilderness.

Over the years, the Fund evolved into one of the 50 largest mutual insurance companies, offering its services to all religious traditions.

In addition to its historic mission

of serving religious professionals, PMF offers its insurance, annuity and retirement plans to the lay membership of congregations through its subsidiary, Premier Life. Through H.G. Kuch & Co., policyholders can open investment accounts for the purchase of stocks, bonds, and mutual funds.

Presbyterian Ministers' Fund recently installed its new president, Robert Kloss, as the 26th chief executive since 1717. "After 270 years, we're still committed to service," Kloss said in his report to policyholders.

PMF is governed by a self-perpetuating Board of Corporators established in 1759. Among its 56 corporators are lay and clergy leaders, including John Templeton, the internationally known money manager and founder of the Templeton Mutual Funds.



Charles Davidson managing rep

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H. Dudley, M.D.

Ask the Psychiatrist

Michael A. Sills, M.D.

Ask the Internist

Q: What do we mean when we speak of the "holiday blues?"

A: So often in the media, typically around Christmas or Thanksgiving, we notice a feature article that points out a sudden inexplicable outbreak of depression, a precipitous rise in suicide rates or increased domestic conflict. It can shake us profoundly, all the more so because so-called "holiday blues" by definition occur at times when we anticipate contentment and peace.

Essentially, holiday depression can be thought of as a special kind of loneliness which, like separation anxiety, is most common when a person feels uncertain, threatened or hurt. People without emotional partners therefore feel especially lonely on occasions that celebrate attachments and remind them of what they lack: engagements, weddings, anniversaries, the family hours of early evening and Sunday afternoon and, of course, Christmas and Thanksgiving. Like grief, adult loneliness expresses itself in yearning, not for a lost person but for an unspecified person who might become an emotional partner.

We all suspect that loneliness of any kind is bad for health. Sensible and knowledgeable therapists are able to treat loneliness as a problem in its own right rather than a symptom of more fundamental problems. Consult your psychiatrist or ask your family physician to refer you for further information or treatment.

Q: Doctor, Why am I feeling so run-down and tired?

A: Fatigue is one of the most common problems that people complain to us about. This is because it can be a manifestation of just about any organic disease, psychological problem or ill-advised life style habit.

As your internist carefully listens to your history, asks questions and performs a thorough physical examination, he or she will be looking for clues regarding the cause of your fatigue. Often an underlying depression or chronic anxiety will be the culprit, but your internist knows that anemia, infection, hypo or hyperthyroidism, heart failure, cancer, side-effects from medications, diabetes and other metabolic disturbances, sleep disorders, kidney or liver disease, rheumatoid arthritis and other rheumatological conditions are but a few of the many possible causes.

In most cases, after your history and physical examination and just a few simple laboratory tests have been performed, the correct diagnosis will become apparent.

One tip-off that your fatigue may be of serious organic nature is if it is of fairly recent onset, is worse with activity and better with rest, and has become progressively worse with time.

They are accepting patients.

C.H. Dudley, M.D.
26211 Central
Park Boulevard
Suite 602
Southfield, MI 48076

Dr. Dudley is available for small group discussions on the subject of depression and a variety of other mental health related problems. Call 358-4540 to arrange a time and date. Advertisement

Michael A. Sills, M.D. has joined the practice of his father, **Richard D. Sills, M.D., F.A.C.P.** Both are board certified by the American Board of Internal Medicine. They are accepting patients.

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