

# Canton leads pack for All-Observer squad

## all-area cross country



Lisa Rives  
N. Farmington

Jennifer Kiel  
Farmington

Lori Penland  
Canton



Cindy Spessard  
Canton

Michelle Gayney  
Borgess

Karen Kuphal  
Stevenson

## 1st team selections



Missy Jasnowski  
Canton

Kelly Murray  
Redford U.

Tracey James  
Redford U.

By Dan O'Meara  
staff writer

**P**LIVONIA CANTON had the area's best girls cross country team this year and the 1988 edition of the All-Observer team reflects that.

The Chiefs placed four runners on the 10-member first team and another three on the second unit.

Returned to its second straight Western Lakes Activities Association championship and finished ninth in the Class A meet.

The Chiefs were second in the state's most competitive regional taking a back seat only to eventual state champion Ann Arbor Pioneer.

Canton is represented on the elite squad by repeat selections Lori Penland and Cindy Spessard, as well as Missy Jasnowski and Kris Marquard.

Karen Kuphal of Livonia Stevenson and Michelle Gayney of Redford Borgess also appear on the Observer team honor roll again.

Farmington's Jennifer Kiel, a second-teamer a year ago, moves up to the No. 1 unit.

Redford Union's future looks bright following a 19th-place finish in the Class A meet. The Panthers were led by a pair of underclassmen sophomore Kelly Murray and freshman Tracey James — both of whom made the all-area team.

Coach of the Year honors go to Canton coach George Przygodski, who guided the Chiefs to another successful season, which saw Canton improve upon its 11th-place standing in the state a year ago.

Presenting the 1988 all-area girls cross country team:

Lisa Rives, junior, N. Farmington: She is the first girl from her school to earn all-state honors in cross country, finishing sixth in the Class A individual race (19:47).

Rives also set a school record (19:51) for the Oakland Community College course. She ran her best time of 19:30 in the WLA-A championships in which she was second.

In addition, Rives was third in the regional, second in the Walpole West-ern Invitational, third at West Bloomfield, fourth at Redford Union and fourth in Oakland County.

"Lisa is a very hard worker," coach Bill Pinpoint said. "During the summer, she established a good distance base, and she has seen her efforts pay off."

"Her dedication has allowed her to have an excellent season in which she has proven she is a front runner."

Jennifer Kiel, junior, Farmington: She also was named all-state after placing fifth in the Class A individual meet (19:48).

Kiel ran her best time of 19:32 in a dual meet with Walpole Central. The school-record holder was third in the league, third in the county and fourth in the regional.

"Jennifer is a dedicated and determined athlete," coach John Barrett said.

"She sets goals and works hard to achieve them."

"She inspires her fellow team members by her attitude and perseverance. She is also an honor student and very coachable runner."

Lori Penland, junior, Canton: She was consistently one of the team's top runners in every meet. She ran a season-best of 20:23 at Cass Benton Park and was 34th in the Class A team race.

Penland was fifth in the WLA-A, sixth at Ypsilanti, seventh at RU and 15th in the regional.

"Lori adds a lot to our team with her vibrant and outgoing personality," coach George Przygodski said.

"Lori is a very talented athlete who has developed into an outstanding athlete by working hard both during the season and over the past summer."

Cindy Spessard, senior, Canton: She was the other team leader, with 11 runs of highest finishes, along with Penland and had her best race when she was second in the Ypsilanti Invitational.

Spessard was fourth in the league, sixth at Schoolcraft, 13th in the regional and 37th in the Class A team race. She also ran her best time (20:30) as Cass Benton.

"Cindy has been an outstanding performer for the last three years," Przygodski said. "Cindy is a silent leader on our team who leads by example. She is a very dedicated and hard-working student/athlete."

Michelle Gayney, senior, Bishop Borgess: She makes her third appearance as a member of the All-Observer first team. Gayney, who has been an All-Catholic runner for four years and All-City selection the last three, was an Observer second-team pick for her freshman year.

She was second in dual meets this year and posted a season-best time of 19:52. Gayney won the Spartan and Eastern Michigan Invitational.

She also was second in the league meet, third in the regional and Operation Friendship races, third at Schoolcraft, fourth at Gabriel Richard and fifth at West Bloomfield. Gayney competed in the state finals all four years, placing 20th in Class B as a senior.

"Michelle has proven to be one of the best runners in the area the last four years," coach John McCreary said.

"She has established herself as the distance runner to run at Bishop Borgess. She has been a joy to coach."

Kris Marquard, senior, Canton: Marquard played basketball until this year when she switched to cross country and

## 1988 ALL-AREA GIRLS CROSS COUNTRY FIRST TEAM

Lisa Rives . . . N. Farmington  
Lori Penland . . . Plymouth Canton  
Cindy Spessard . . . Plymouth Canton  
Jennifer Kiel . . . Farmington  
Michelle Gayney . . . Bishop Borgess  
Karen Kuphal . . . Liv. Stevenson  
Kris Marquard . . . Plymouth Canton  
Missy Jasnowski . . . Plymouth Canton  
Kelly Murray . . . Redford Union  
Tracey James . . . Redford Union

## SECOND TEAM

Yvonne Weddell . . . Westland Glenn  
Tracy Clark . . . Liv. Stevenson  
Kelly Gustafson . . . Liv. Franklin  
Jenny Derwinski . . . Farmington  
Alison Davis . . . Farmington  
Adrienne Carlow . . . Plymouth Canton  
Cathy McCabe . . . Plymouth Canton  
Lynda Schenkel . . . Plymouth Canton  
Carrie Creighton . . . Liv. Stevenson  
Maria Tancos . . . Liv. Ladywood

## COACH OF THE YEAR

George Przygodski . . . Ply. Canton

## HONORABLE MENTION

Plymouth Salem: Traci Thomas, Shannon Donnelly, Beth Cunningham, Cherrill; Ann Arbor: Mike Miered, Charlotte; Gary Wayne: Kathy Dilor, Canton: Carolyn Way, Nicole Kozma, Heather DeJong; John Glenn: Nicole Boken, Karen Farmer; Carline Rousseau: Garden City: Jenny Beer; Farmington: Maureen O'Dell, Sheri Hask; Redford Union: Lisa Muth, Michele Darsbach, Lisa Mockeridge; Ladywood: Daniel Dixon; Borgess: Lynsey McDowen, Kelly Clark; Farmington: Mary Dorige; Derry: Noelle Gates; Franklin: Dawn Harrison; Tine Koon; Stevenson: Julie Eberman, Suzanne Moore, Pat Bagey; Farmington Harrison: Tracy DeBussio, N. Farmington: Angie Martin.

Karen Kuphal, senior, Stevenson: She has been honored as the most valuable athlete on her team the last three years — a mark of her consistency, according to coach Paul Holmberg.

Kuphal, who was a member of the all-area second team two years ago, was first in the Livonia city meet, second at Wayne Memorial, fourth at Schoolcraft, fifth at Ypsilanti and 11th in the WLA-A. She also ran her best time of 20:41 at Cass Benton.

Kris Marquard, senior, Canton: Marquard played basketball until this year when she switched to cross country and

another successful program, becoming a team leader in terms of spirit and performance.

Canton's team captain was seventh in the league, eighth at Schoolcraft where she ran her best time of 20:26, ninth at Ypsilanti and 14th at RU. She finished 25th in the regional and 72nd in the Class A team race.

"Kris is an outstanding athlete and leader," Przygodski said. "Kris is a very strong runner who competes best in high pressure situations."

Missy Jasnowski, junior, Canton: Runners such as Jasnowski promise to keep the Chiefs among the area's best teams when she returns for her high school finale next fall.

She saved her best for last, posting her best time of 20:56 in the Class A team race at Flint's Brookwood Golf Course. She was 55th in the state.

Jasnowski also was seventh at Ypsilanti, 10th in the league, 13th at Schoolcraft and 27th in the regional.

"Missy has worked very hard to develop her running ability," Przygodski said. "She has been a consistent performer all year."

"Missy is an intense competitor who runs particularly well in big races."

Kelly Murray, sophomore, Redford Union: Murray was a key to RU's top-20 showing in Class A, placing 39th in the team race.

She was third in the Division II race at Ann Arbor Pioneer earlier in the year, fourth in the regional, fifth at Walpole Lake, 10th in the Northwest Suburban League and 39th at RU.

"Kelly is an excellent competitor," coach Bob Ouellette said. "She races to win and likes to beat people. Her goal is to be No. 1. She will also be an excellent 500-meter runner in track."

Tracey James, freshman, Redford Union: In her first year of high school competition, James accomplished some impressive feats.

She was the first-place runner at Ann Arbor and Walpole Lake, fifth in the regional, seventh in the league and 12th at RU. She capped the season by finishing 44th in the Class A team competition.

"Tracey improved a great deal during the season," Ouellette said. "As her confidence grew, she took over as our No. 1 runner."

"With added experience, she can become an all-state caliber runner. She has not realized her potential. She's a freshman with true promise."

## Cross country

NORTHWEST SUBURBAN LEAGUE  
CROSS COUNTRY MEET  
Tuesday at Cass Benton Park

**BOYS TEAM STANDINGS:** 1. Devon, 29 points; 2. Devon (East Ford, 50; 3. Garden City, 55; 4. Woodhaven, 60; 5. Redford Union, 100; 6. Redford Union, 120; 7. Garden City, 120; 8. Garden City, 120; 9. Garden City, 120; 10. Garden City, 120; 11. Garden City, 120; 12. Garden City, 120; 13. Garden City, 120; 14. Garden City, 120; 15. Garden City, 120; 16. Garden City, 120; 17. Garden City, 120; 18. Garden City, 120; 19. Garden City, 120; 20. Garden City, 120; 21. Garden City, 120; 22. Garden City, 120; 23. Garden City, 120; 24. Garden City, 120; 25. Garden City, 120; 26. Garden City, 120; 27. Garden City, 120; 28. Garden City, 120; 29. Garden City, 120; 30. Garden City, 120; 31. Garden City, 120; 32. Garden City, 120; 33. Garden City, 120; 34. Garden City, 120; 35. Garden City, 120; 36. Garden City, 120; 37. Garden City, 120; 38. Garden City, 120; 39. Garden City, 120; 40. Garden City, 120; 41. Garden City, 120; 42. Garden City, 120; 43. Garden City, 120; 44. Garden City, 120; 45. 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