

# Reed's rebuilt Raiders off and running

**(OCC basketball coach Lynn) Reed's "new" team has the same ingredients his former one possessed: speed, quickness and raw athletic ability. But there's another impressive trait — depth.**

By C.J. Ritsak  
staff writer

Lynn Reed is rebuilding Oakland Community College's men's basketball team. He must replace nearly his entire roster, a unit that remained basically intact for two seasons and won the NJCAA Division II title in 1987.

Sound like trouble? Hardly. The Raiders opened their season with three consecutive wins, feasting on Wurtsmith Air Force Base twice, 99-81 and 98-97, then devouring Detroit Jordan, 87-81.

Reed's "new" team has the same ingredients his former one possessed: speed, quickness and raw athletic ability. But there's another impressive trait — depth.

"We're 12 deep," said Reed. "After the top three players, it's a dog-fight (for playing time)."

Asked who those top three might be, Reed reflected for a moment, then named five, six, seven guys.

"That's what I mean," he said.

**THE CROWDED sideline** at Thursday's practice proved his point. Ten players worked on a Reed staple, a pressing defense. An equal number watched, waiting their turn.

"I never cut a kid," said Reed. "I make opportunities for them to cut themselves."

OCC is different than many JCs. There are two main campuses and several satellites, so it covers a lot of territory. Reed teaches at Highland Lakes and the team practices at

## basketball

Orchard Ridge, allowing him to effectively recruit in both places.

And yet, while putting large numbers of players on the court isn't difficult, enduring Reed's regimen is. For example, to play with the team, you must run a 6-50 mile. There are training sessions before and between the four timed efforts. Every player must run all four, but must meet the 6-50 standard just once.

If a player falls, he becomes what Reed calls a redshirt (the NJCAA has no such official designation).

They can stick around the team and practice, but as far as playing, it's wait 'til next year.

**REED'S REDSHIRT** policy has served him well. Tolme Murphy, a 6-foot-5 forward, David Chaumley, a 5-10 guard, and Tim Fortinski, a 6-4 forward-center (from Farmington Harrison), were among those redshirted a year ago.

Murphy has been the most productive this last season, although all three have contributed. In the three wins, Murphy has had 16 points and 11 rebounds, 20 and 11, 10 and 10.

Leading the Raiders is one of the few returnees, Eric Hawkins, a 6-2 forward. Hawkins has totalled 30, 15 and 12 points and has nabbed 17, 15 and 13 rebounds.

OCC has outbounded all three of its foes. Another top prospect is 6-2 guard

Bobby Dinges. A strong outside shooter, Dinges has scored 14, 10 and — in last Wednesday's win over Jordan — 25 points.

Running the show for Reed is returnee Flinders Morgan. A prototype point guard, the 5-9 Morgan doesn't shoot much, but he delivers the ball. He had seven assists and five steals against Jordan, and 12 assists and six steals in the first Wurtsmith game.

Ron Woods, a 6-3 forward-center (12, 12 and 11 points), Mike Bailey, a 6-2 forward (32 points in the two Wurtsmith games), Scott Guster, a 5-10 guard; Ed Pasque, a 6-2 guard; Tim Matfield, a 6-6 forward; and Tim Robertson, a 6-4 forward, will all see playing time.

How much depends upon how hard they work. Because on this team, no one is irreplaceable.

# North avenges earlier defeats

By Dan O'Meara  
staff writer

The third time is always the charm. Isn't that how it usually works?

Not in the case of North Farmington's girls basketball team. Make it the fourth time where the Raiders are concerned.

North picked the right time for its first victory over Wallied Lake Central, knocking the host Vikings out of the state tournament on the first night of district play Thursday, 55-40.

North, 13-8 heading into Saturday's semifinal, had lost twice during the regular season to WLC and again last week before in the consolation game of the league tournament.

Those games were decided by six, two and six points, and the Raiders looked like a determined team eager for a victory.

"They wanted it tonight," North coach Greg Capling said. "That was the big difference."

The Raiders were all over Central with a scrapping, banging press in the first half and forced the Vikings into countless turnovers. That action was primarily responsible for North forging a 31-18 halftime lead.

Capling's Crew had double the number of shots in the first quarter, but the Vikings stayed even, 12-12, with their 66-percent shooting (6-of-9).

Kelly O'Hanlon gave Central an 18-14 lead early in the second, but the Raiders caught fire and the Vikings didn't score again in the first half.

North capped its run of 17 unanswered points with a flurry of baskets for which the defense provided the spark.

"We didn't press at all Saturday (in the most recent meeting)," Capling said. "We didn't want to show them anything. The kids worked real hard on making the press effective."

A succession of layups resulted from backcourt turnovers, and Eve Clear, Donna O'Brien and Debbie Weintraub kept putting the ball off the glass.

Junior guard Kim Gurecki was usually on the giving end of those passes, too. Besides scoring 11 points, she played a superb floor game. The Vikings were unable to stop her dribble as she consistently advanced the ball against Central's pressure.

"She was cool as a cucumber," Capling said. "She's a gutsy performer. She's so quiet, but she's our team leader. She leads by example."

The Raiders had the job of protecting their big halftime lead, and they were able to do that, though they began the second half missing six shots and not scoring until Clear's free throw at 4:03.

## girls basketball

North still enjoyed a 33-23 advantage as the Vikings were unable to mount a comeback. The Raiders, continuing to harass Central with their press, held a steady lead before burying their host in the last four minutes.

The plan was to pressure WLC guard Dianna Mosley, according to Capling, and keep the ball out of the hands of center Yonda Smith, a power player like O'Hanlon and one of Central's top scorers.

Smith didn't score until the second quarter and had just eight points for the game. Half of that came in the final minute when North was assured of victory.

"Donna O'Brien fronted her the whole game and shut her off," Capling said. "She did a tremendous job of defense. If (Smith) gets her hands on the ball, it's lights out. She's a bull."

The Raiders got key contributions from all five starters. In addition to Gurecki, Clear led the team with 14 points, O'Brien scored 13 and Weintraub had 12.

Center Vikki Seamons chipped in the remaining five points, and she was outstanding as a rebounder. She pulled down rebound after rebound at both ends of the floor, but she excelled especially on the offensive glass where she kept the play alive.

O'Hanlon scored a game-high 18 points, but she was the only player in double figures for the Vikings, 14-7.

MERCURY 55, FARMINGTON 27.

The Marlins also used an effective first-half press to take control of the second game in Thursday's double-header at WLC.

Mercy, 9-12, went to its bench throughout the game, playing many of the girls from the unbeaten JV team, while the Falcons stayed pretty much with their starters.

"The key was Mercy's press and their tenacious defense," Farmington coach Diana Fair said. "We had a hard time dealing with that."

The Marlins scooted to a 31-15 halftime lead behind Joanne Stephens' 12 first-half points, but Farmington pulled within eight, 33-25, early in the third quarter after making a halftime adjustment in its zone defense.

Mercy missed its first nine shots of the second half and was 2-of-15 in the third period. Marisa Ferrari, who scored a game-high 15 points, capped Farmington's brief surge with a rebound basket at 5:09.

But the Falcons didn't score again in that quarter and had only two points the rest of the game.

Mercy got by on free throws until center Lee Albrecht notched her team's first field goal of the second half at 3:42, and the Marlins regained control of the game.

"I reminded them of the game plan," Mercy coach Larry Baker said. "We were getting reckless and weren't looking for the inside game."

That's the other side of the blade. When you play an up-tempo game on defense, it invites you to play a little bit out of control on offense.

Stephens, with 14 points, was the lone double-figure scorer for Mercy, but an otherwise balanced attack had Albrecht with nine (plus 12 rebounds), Jenny Clinton eight, Pam Thompson and Amy Edward six apiece.

"The game exemplified what we've been preparing to do," Baker said. "We put a unit out on the floor that will play intensely on defense for 32 minutes."

"It was real pleased with the minutes (sophomores Carrie) Walton and (Heather) Sullivan gave us coming off the bench, and you could see the confidence in Stephens' game in the first half."



exercising options  
**Myrna Partrich**

## Make fitness a nice family affair

Dear Myrna: I've been into fitness for several years now. My wife and teenage children do not share my endeavor. I'd like to have some sort of family fitness program for all of us to share. Any suggestions?

Making fitness a family affair certainly will be a rewarding experience for you to try. Being that you already are fit, you probably have a positive influence on your family's fitness habits and you may not even be aware of it.

A successful family fitness program can establish healthy, lifelong habits in children which is a great gift from any parent. Even if your family members are at different fitness levels, or if you cannot meet to exercise together, you still can do a number of things to get all family members involved in healthful activities.

First thing: let everyone choose their own activity.

Since you are familiar, make a list of activities that are aerobically sound. For example, there is speed walking, jogging, aerobic exercise class, aerobic machinery (such as stairmaster), etc. Make sure everyone feels comfortable with what they have chosen and let them know they may change their activity or vary it.

Keep a family log of your fitness activities. Measure the activity time, not the distance or intensity. In this way, new exercisers learn to set aside time for fitness so that exercise becomes a habit.

Set goals with rewards. Maybe when your family achieves a particular amount of time exercising, you could all choose a family vacation spot to retreat to.

Don't forget that walking, jogging and bicycling together can strengthen and enhance family relationships because these activities allow time for "conversation."

Hey, a little communication is never bad. Let your teenagers map out a walking or jogging course; this will help to make them feel capable and successful.

Most of all, have an open mind and a positive attitude. Be careful not to push your exercise program onto your wife and children — they may burn out. Remember not to threaten or mock your family members when they do not perform to your level of fitness.

Everyone needs a positive attitude. Exercise should be an enjoyable, togetherness endeavor for all of you.

(Myrna Partrich, co-owner of The Workout Company of Bloomfield Township, is happy to answer any questions readers may have regarding exercise. Please send your letters to: Sports Department, Myrna Partrich, 1225 Bowers, Birmingham 48012.)

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**NOTICE**

OF PROPOSED ALTERATION OF BOUNDARIES OF THE CLARENCEVILLE SCHOOL DISTRICT, COUNTIES OF WAYNE AND OAKLAND, AND THE FARMINGTON PUBLIC SCHOOL DISTRICT, COUNTY OF OAKLAND, STATE OF MICHIGAN, BY DETACHING THE FOLLOWING LANDS TO WIT:

RUN RBE, Sec. 3 Krawe's Grand River Heights - Lots 62, 94, 95 and 100 FROM THE CLARENCEVILLE SCHOOL DISTRICT, COUNTIES OF WAYNE AND OAKLAND, AND ATTACHING THE SAME TO THE FARMINGTON PUBLIC SCHOOL DISTRICT, COUNTY OF OAKLAND, STATE OF MICHIGAN.

You are hereby notified that a public hearing will be held at Oakland Schools, 2100 Pontiac Lake Road, Pontiac, Michigan on the 15th day of December, 1988 at 5:30 PM to consider the advisability of the above described boundary alteration.

THE BOARD OF EDUCATION OF OAKLAND SCHOOLS WILL MEET TO DETERMINE:

1. Whether the proposed alteration of boundaries will be made.
2. The effective date of the transfer, if ordered.
3. Whether any personal or real property is to be transferred, and, if so, the equitable consideration therefor.

Any interested parties will be given an opportunity to be heard at the time and place above quoted.

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