

# North heavyweight OK to wrestle in state finals

By Dan O'Meara  
staff writer

Zaim Cumulaj got some good news this week when he was given the OK to compete in the state wrestling championships Friday and Saturday.

North Farmington's heavyweight had to withdraw from the consolation final in the regional tournament when he stretched the ligaments in his left knee.

Cumulaj was ahead on points 2-1 in his match with Roman Rimmer of Temperance Bedford when he suffered the injury.

He had to settle for fourth place but still qualified for the Class A finals in Battle Creek. The only question was whether or not he'd be able to wrestle.

"I didn't want to ruin him," said North coach Dick Cook, who had to convince a determined Cumulaj it was in his best interest to consider the upcoming finals and pull out.

"IT ISN'T WORTH the kid's knee. He's got college coaches who want him. Even if he doesn't place in the state, he's going to go somewhere."

Cumulaj, 33-4, was fifth among 198-pounders last year. As a heavyweight, he's in one of the most competitive divisions.

The field includes Redford Catholic Central's Lee Krueger, the district and regional champ who won the 198 title a year ago; Cliff's Scott Brotherton and Romulus' Paul Nowicki, who were second and fourth among heavyweights in 1988; and Traverse City's Mike Nadlicki, who was sixth in 198.

Cumulaj will face the Lansing regional winner in his first match and, assuming things go as expected, Nadlicki in the next round and Krueger after that.

Cumulaj defeated Nadlicki twice last year. He lost a 2-1 decision to Krueger in the 198 semis a year ago and dropped a 4-2 decision to his CC rival in the district final earlier this month.

"If he wrestles as he has been, he should be all-state again," Cook said. "I wouldn't be surprised if he won it, and I wouldn't be surprised if he didn't place. It's that's light."

"KRUEGER WILL BE the only kid up there who can beat Zaim," he added. "He'll have to upset Zaim to beat him, and someone will have to upset Zaim for him not to place."

Plymouth Salem sent seven wrestlers to the regional tournament, but only three — Steve Burlison (160), Brian Burlison (171) and Ed Barlage (140) — qualified for the state meet.

Craig Richardson (112), Julian Sell (125), Mike Shumate (130) and Pete Israel (152) lost their first matches and didn't survive the consolation rounds.

"I felt we could have had more," Salem coach Ron Krueger said. "I would have liked to have gotten some of my other kids through, but it just wasn't to be."

North's Lucian Van Cleave (130) and Jeff Jacobs (171) and Farmington's Todd Jacobs (145) also lost in the first round and failed to survive to the consolation finals. Todd Jacobs faced the eventual winner, Jason Kopack of Wayne Memorial, in his first match.

## Area qualifies 16 in 'A'

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have it pretty well together."

Matt Helm, who secured at 126 last year, Rodriguez fourth at 145 and Cumulaj fifth at 198. Jay Helm, Woodbeck, Maligian, Van and Steve Burlison also are veterans of state competition, though they didn't place.

"I'M HOPING ALL three are going with the idea of doing something because they're capable," said Salem coach Ron Krueger, who also will have his son, Lee, to cheer on. "Steve was there as a sophomore, and this year he wants to get some hardware."

"Having been there helps. That's why my son has so much success. When he was a little kid, he went every year with us and sat on the first-aid box. When he got there himself, it was no big deal, he'd been there."

Lee Krueger defied the critics a second straight Saturday when he won the regional title, defeating a much bigger opponent, Paul Nowicki of Romulus, 8-1.

Krueger literally had to wrestle and thus prove his skill to win the heavyweight division. He won both of his earlier matches in overtime, beating Carlson's Mike Mayville 7-4 and Lincoln Park's Tony Ruchle with a 2-2 criteria decision.

"I stayed inside of (Nowicki) and didn't let him lock up to throw me," said Krueger of his strategy in negating his opponent's size advantage.

Krueger rates as one of the favorites along with Scott Brotherton of Clio, who was runner-up to Krueger's former teammate, Tony Heaton, at heavyweight last year.

"I'VE WRESTLED all the best," said Krueger, who is 42-2-1 and has tied Brotherton. "I'm confident but I know I'll have to wrestle. I think

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beating the Romulus kid gave me a lot of confidence."

"He hasn't received the due credit he deserves," Rodriguez said. "I guess, when it comes down to it, his talents will come out."

"People thought because of his size and moving up he couldn't handle it, but he's been doing well all year."

Matt Helm, who eked out a 3-2 decision over Temperance Bedford's Drew Wing, and No. 1-ranked Brad Smith of Davison are the 130-pound favorites. Helm hopes to avenge the memory of last year's emotional loss to Royal Oak Kimball's Jeff Bedford.

In the only regional final pitting two Observersland wrestlers, Jay Helm won an 11-4 decision over Woodbeck in a match that included some controversy.

Helm lifted Woodbeck and took him to the mat for a legal takedown, but the official called the RU wrestler for an illegal slam when he did the same later. The call brought an negative response from the crowd. Instead of a possible five points that would have narrowed the score, Woodbeck got nothing.

"IT WAS KINDA close when Jay took him down," Rodriguez said. "If I'd been the official, I might have called a slam."

"The reason he didn't call it (against Helm) was because (Woodbeck) went instantly to his back. In Woodbeck's case, it looks more like a slam when you don't take him right to his back."

RU coach Jeff Fagan said the of-

ficiating was inconsistent on that point, and there was no intent on the part of Woodbeck to hurt his opponent. He added the call didn't directly affect the outcome, and he was pleased to see Woodbeck improve upon the technical fall (18-2) his CC rival scored in the district final.

"He came back and wrestled tougher against Helm and that's good," Fagan said. "He gets a shot at him, and that's all I'm concerned about."

"Chris has a lot less match experience, and he was just going to go for takedowns. Helm is a tough kid, and I don't know if (Woodbeck) could have held him on his back. (Helm) deserved to win the match."

Rodriguez, who also won a one-point decision in the final, hopes to follow in the footsteps of older brothers Steve and Dave, who won state championships in 1971 and 1974, respectively.

"Having to live with the pressure of being the younger brother and son of the coach, he's handled it all pretty well," the elder Rodriguez said. "Ever since he was little, I told him I don't expect any favors or anybody to love you because of your brothers."

Will, who needs one victory at state to become the first Stevenson wrestler to reach 100 during a career, made a comeback after finishing fourth in the district.

He lost a 7-6 decision to Romulus' Ricky Champagne to start the day but won three straight in the consolation round and finished third.

With two seconds left in the first match, Will scored a two-point reversal and would have won it, but the official claimed he made a bad decision, according to Stevenson coach Don Berg, and took away the points.



RANDY BORST/self photographer

Jason Barringer had one of Harrison's success- individual medley and helped the Hawks- ful swims Tuesday as he captured the 200-yard achieve victory in the medley relay.

## Raiders improve to 9-0

A team effort Tuesday led North Farmington to a 101-70 win over host Farmington Harrison, its ninth boys swimming dual meet victory in as many tries.

The Raiders are all alone in first place in the Lakes Division of the Western Lakes Activities Association at 4-0, with one division encounter remaining.

North's six individual titles came from six different swimmers. The Raiders' surname of Chuck Chula, Danny Knipper, Rob Mehle and

### swimming

Steve Turney also won the 400-yard freestyle relay in 3:37.5.

Eric Maxon won North's first individual title of the night, claiming the 200 freestyle (2:04.80). Other firsts went to Rob Kunzelman, who won the diving with 215.20 points; Turney, the 100 butterfly (53.90);

Knipper, the 100 freestyle (53.90); Keith Lee, 500 freestyle (5:25.70); and Chris Knoche, 100 breaststroke (1:08.90).

Harrison won the 200 medley relay, as Ed Sero, Jason Barringer, Chad Hughes and Jeff Neikirk finished the race in 1:50.60.

Barringer won the 200 individual medley (2:18.10); Neikirk earned a title in the 50 freestyle (24.90); and Sero won the 100 backstroke (1:02.20).

## RU, CC swimmers notch wins

Redford Union dunked Walled Lake Western Tuesday in a non-league boys swim meet, 123-47.

The Panthers won 10 of 11 events against the host Warriors. Keith Turnbull and Dave Keys each captured two individual events for the winners, now 6-4 overall.

Turnbull captured the 200-yard individual medley (2:19.4) and 500 freestyle (5:28.6), while Keys added wins in the 50 freestyle (26.0) and 100 backstroke (1:09.2).

Other individual winners for RU included: Rick Hammond, 200 freestyle, 2:06.31; Ken Podina, 100 butterfly, 1:06.0; Herb Gaylord, 100 freestyle, 55.9; and Brad Neater, 100 breaststroke, 1:12.5.

Gaylord, Keys, Neater and Chris Roessler teamed up to win the 200-medley relay in 1:57.23, while Gay-

lord, Roessler, Turnbull and Hammond captured the 400-freestyle relay in 3:51.2.

REDFORD CATHOLIC CENTRAL won the meet's final event Tuesday, the 400-freestyle relay, to edge host East Lansing in a swim thriller, 86-83.

Jim Kovach, Brian Dyna, Alex Afari and Troy Shumate combined for a first place time of 3:30.40 to gain the victory, CC's seventh in 10 meets.

Mike Hoeflein and Shumate each captured two individual events for the Shamrocks.

Hoeflein took the 50 freestyle (23.16) and 100 backstroke (58.03), while Shumate took the 200 and 500 freestyles with times of 1:49.08 and 4:50.37, respectively.

## Accidental Discovery May End Obesity

Blocks calorie absorption

SWEDEN—Medical researchers at the University of Gothenburg, in Finland, have discovered accidentally a new weight-loss formula. The new discovery enables an overweight individual to lose pounds and fatty tissue without dieting or exercise.

Scientists made the discovery while searching for a formula to lower cholesterol. In a controlled study of a test group of people, cholesterol levels remained unchanged but the doctors were astounded to find that every patient who used the formula lost weight. The published report of this study stated, "A highly significant decrease in body weight was seen" in patients who received the formula.

The formula was then tested in Sweden at Sahlgren Hospital, University of Gothenburg. Again, all patients lost a substantial amount of weight even though they did not change their eating habits. The report detailing this study, published in the British Journal of Nutrition, stated: "Body weight was significantly reduced even though the patients were specifically asked not to alter their dietary habits." One patient in this study lost more than 30 pounds.

According to one informed source, the active ingredient comes from a 100% natural botanical source and contains no drugs or stimulants. When taken before meals, it binds with the food you eat and "ties up" calories, preventing their absorption.

A substantial portion of the calories ingested therefore pass through the digestive system unabsorbed. The body has to get energy to replace the lost calories, so it starts to burn stored fat. The result is rapid body weight loss. Extensive clinical tests have verified the safety of this formula for long-term use.

The formula is marketed in tablet form in the United States under the trade name Cal-Ban 3000. A firm located in Tampa, Florida, has exclusive North American distribution rights. A review of the customer files of this company revealed the names of hundreds of people who have lost up to 10 pounds the first week and as much as 20, 40 or 60 or more pounds overall with Cal-Ban 3000. This is a golden opportunity for people who are plagued by fat and cellulite that they can't seem to lose by conventional methods.

Cal-Ban 3000 is reasonably priced at \$19.95 for a 3-week supply and \$38.95 for a 6-week supply. Postage and handling is \$3. To assure fastest service, orders are accepted by toll-free phone only. VISA, MasterCard, Amex and C.O.D. orders are accepted. C.O.D. is \$2.00 extra. Orders may be placed by calling Anderson Pharmaceuticals TOLL-FREE 1-800-422-8842. During this special phone order promotion purchasers of a six-week supply of Cal-Ban 3000 will receive, absolutely free, a beautiful 24" double strand necklace of sparkling Chinese Pans pearls. Anderson Pharmaceuticals is located at 19265 U.S. 41 North, Lutz, FL. Call today to begin the pleasant transformation from fat and flab to the slender firm body you want! If you fail to achieve a major weight loss you may return the empty bottle within 30 days for a 100% refund.

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