


# WINTER Specials

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**"Diet Center helped me look like a million."**

*Susan Saint James*  
Susan Saint James, actress, mother and Diet Center success story.

If millions of people watched you on TV every week, wouldn't you want to lose weight fast? I did! Here's why I went to Diet Center:

- **Lose fat, not muscle.** Research shows 92% of the weight lost on the Diet Center program is excess fat, not water or lean body mass.
- **Eat real food.** No expensive pre-packaged meals required, just wholesome foods from the grocery store.
- **Lose weight fast.** Energize your body while pounds and inches melt away.
- **Get the star treatment.** Diet Center treats every-one special, with one-to-one professional counseling.
- **No contracts.** You stick with the program because it works.

*You'll feel the difference.*

**Diet Center**  
The weight-loss professionals.

**50% OFF**  
Program Cost Only

Highly successful. For more information, call 1-800-Diet-Center-76.

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**Southfield** 569-2669

**Royal Oak/Huntington Woods** 548-8746  
**Troy** 435-5555

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- Distribution and coordination of all medications.
- Assistance with bathing and showers.
- Tray service in the room when ill.
- Assistance with all activities of daily living.
- Recreational and educational activities daily.

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