Rampal to perform A slice of cucumber history Cucumbers! Do you know anyone who doem't like this fruit — or vegetable? Actually, cucumbers are botanical fruits that are culinary vegetables. They can be used in sal-ads, sandwiches, made into pickles and even soop. The National Garden Bereau has designated 1989 as the Year of the Cucumber — and with good reason. It is one of the top five most popular garden vegetables. Cucumbers first grew in India, and have been grown there for aimost 3,000 years. The bitter taste sometimes experienced may be a natural insect repellent, a terpane derivative, which can be traced back to its will ancestors. Since 98 percent of a cucumber its water, they were often taken along on early caravans. Cucumber rames, the forerunner of our cold frames, were feasiloned by Roman gardeners during the first century AD. How about that? at Meadow Brook

The Detroit Symphony Orchestra offers two programs, including a special appearance by renowned flutist Jean-Pierre Rampal on Sat-urday night at Meadow Brook.

Terro Rampal on Saturday, night at Meadow Breen, Saturday, night at Meadow Breen, Saturday, night at Meadow Brown, Saturday, at the Baldwin Favillon on the campus of Oakland University. On Thurday, DSO assistant concertmaster, Joseph Goldman, is featured soloist performing works of Saint-Saens and Chausson. For the Saturday Concert, Jean-Pierre Rampal ing brings his gold flute to the Meadow Brook stage for a special performance which concludes with a spectal performance which concludes with a special performance with the state of the Gotton of the Social with some solution of the DSO, the young-and the Soviet Union.

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wish. Whether you grow vegetables, fruits or flowers,



gardening is a wonderful way to reduce stress and gain hours of enjoyment and satisfaction. The bending and stretching that is done while carring for the beds is excellent exercise.

A stroll to the garden in the early morning hours, or when the sun is setting can lift the spirits—the mind can begin to wander, and the gardener can begin to plan what to do to improve his special paradise.

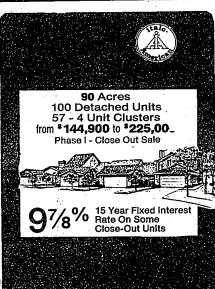
Save a life.

Learn CPR.



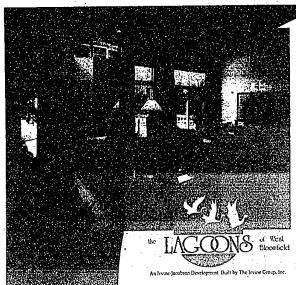












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