# Freeway's pothole dishes out damage

If you think you're just overweight,

take this test:

Do you have to catch your breath

is it difficult bending over to

Do you have trouble keeping up

If you're answered "YES" to any of these questions, you may be defined as medically obese. If you want to take weight off and fears to maintain the hospital-based medical weight the hospital-based medical weight management program that succeeds. The because it combines our medical mutiliformat on behavior modification professionals with your own commitment.

The Optifust Program at Oakwood Hospital - Westland Oakwood Westland Heath Center 32332 Warren Westland, Michigan 48185 (313) 261-3280

with your kids in the park? Is it difficult for you to get

In and out of your car?

uncomfortable?

The first step is the easiest. To attend our free OPTIFAST Orientation Sessior just call us. We're ready to help.

Does the Idea of going to 5. the beach make you feel

after climbing stairs?

tie your shoes?

By Amy Rosa staff writer

Last week drivers on 1-75 in Troy discovered lips aren't the only things to take a beating during winter's subfreeding temperatures. At least hall a dozen motorists traveling 1-75 last Monday morning, encountered a mammoth pothole that caused a pair of flat itres and daranged wheel rims in at least two incidents.

least two incidents.

The pothote has been filled in, according to the Boad Commission for Oakland County.

A Marshall man and a Fraser resident each reported their cars slammed into a large piece of concrete that was protruding from the pothole, in the center northbound inne w mile north of Big Beaver Road.

Road.

Both sets of left tires on the men's vehicles were flattened instantly, causing \$400 in total damage, sald police.

Troy police and the road com-mission personnel were called to the scene several times that morn-ing to handle similar reports of damage. No injuries resulted, said

damage. No injuries resulted, said police.
"We know the drivers are very unhappy about this, but frankly, one could have known it was going to happen," said John Joy, public information officer for the road commission.

ROOC, WHICH filled in that particular pothole shortly after the
complaints, has been unusually
husy so far this winter with such
tasks.

"The incidents have increased in
just the last week," said Joy, explaining recent sub-zero temperatures have made for brittle roads,
which turn small "usually harmless" road eracks into pothotes.

"What's so frustrating is no one
can predict where they might turn
up," he added.

YES NO

YES ... NO \_\_

YES \_\_ NO \_

### Southfield cable TV

LOCAL CHANNEL 11

Tuesday, Dec. 26
6 p.m. Silent Network — Musign — A dance troupe that is hearing impaired.
6.30 p.m. A Partnership With Man

Man
7 p.m. Legislative Forum.
7:30 p.m. From Here to Where
with Ken Lawrence and Rick
Sylvain — Travel tips.
8 p.m. Cable Highlights.
8:30 p.m. Southfield Symphony
Orchestra Concert — Featuring Metropolitan Opera's Ara
Berberlan in a Holldny "Pops"
Concert

Concert.

10 p.m. TV Orient — Programming devoted to Middle Eastern communities in southeast ern comm Michigan.

Wednesday, Dec. 27 6 p.m. Campus Network — Take One — Movie reviews. 6:30 p.m. Video Underground.

7 p.m. Children's Hospital of Michigan — Caring for Kids 7:30 p.m. LO-11 Sports — High school basketball — Lahser at West Bloomfield. 9:30 p.m. Michigan's Capitol: A Symbol Renewed — Listory of the State Capitol and details of restoration currently underthe State Capitol and details of restoration currently under-way on Michigan's statehouse. 10 p.m. T.V. Orient — Pro-gramming devoted to Middle Eastern communities in south-east Michigan.

Thursday, Dec. 28 6 p.m. Health and Home Re-

port.
6:30 p.m. From Here to Where
with Ken Lawrence and Rick
Sylvain — Travel itps.
7 p.m. Focus Video Magazine
7:30 p.m. Capital Report with
Sen. Jack Faxon.
8 p.m. World Travel and Adventure Series — "Lower
Egypt is explore."

Men, if you're about to turn 18, it's time to register with Selective Service at any U.S. Post Office.

It's quick. It's easy. And it's the law.



LEGAL NOTICE

Notice is hereby given, the entitle centents of the following storage units will be sold to the highest hidder. (Bids by appointment only).

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For information call 357-1317.

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Bid D. Carter - TV., Furniture, Mattress.

Bid B. L'Baurder - Store, Dressey, Misc.

Bid B. L'Baurder - Store, Bressey, Misc.

Bid B. C. Store - Refrigerator, Misc.

Bid B. J. Baurder - Store, Bressey, Misc.

Bid B. J. Baurder - Store, Bressey, Misc.

Bid B. J. Baurder - Store, Bressey, Misc.

Bid B. J. Boykins - Bedroom furniture, couch, Misc.

Diabetes is a major contributor to heart disease, kidney disease and bindness. So when you support the American Diabetes Association, you fight some of the worst diseases of our time.

Friday, Dec. 29
6 p.m. M.E.S.C. Job Show
6:30 p.m. Southfield Symphony
Orchestra Concert — Featuring Metropolitan Opera's Ara
Berberian in a Holiday "Pops"
Concert.

Concert.

8 p.m. Cable Highlights — Continental news and changes for

8:30 p.m. Oakland Press Perspective — Host Neil Munro.
9 p.m. Arab World TV — Programming offering news and entertainment in the Arab 11 p.m. TV Orient

4:30 p.m. Festival III — Educa-tional series for children of all ages featuring deaf perform-9 p.m. State to State 10 p.m. TV Orient.

p.m. SMART-Talk - Transit

tips. 5:30 p.m. Health and Home Re-

5:30 p.m. Health and Home Report.
6 p.m. Rock to the Top — Host
Bob Stumpmier,
7 p.m. Cable Highlights.
7:30 p.m. Oakland Press Perspective.
8 p.m. Arab World TV.
10 p.m. TV Orient — Programming devoted to Middle Eastern communities in southeast Michigan.

Sunday, Dec. 31 No programming today.



# AFTER CHRISTMAS SALE UP TO 50% OFF ONE WEEK ONLY STARTING TUESDAY, DEC. 26, 8 A.M. - 6 P.M. CORNWELL DOOLS Patio Christmas World 874 W. Ann Arbor Rd. Just W. of Main Street



Plymouth

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