

# Check Medicine Chest To Help Control Drugs

by Margaret Miller

You are a suburban wife and mother, perhaps with teenagers in your family.

You're concerned about the drug abuse problem. It hasn't hit your kids, or any you know, but you're not wearing blinders. You believe it when they tell you it's on the rise right here in Observerland.

So what can you do to help? What's the action you can take better than anyone else to help control the use of drugs among the young?

SOME SPECIFIC suggestions come from Mike Bogolea, administrator for the Community Drug Commission for Livonia, Westland and Clarenceville.

He made them last week during a gathering of the

Livonia GOP Women and in response to questions from Mrs. Sylvia Skrel, the group's new president.

"Check your medicine cabinet," was Bogolea's first recommendation.

"Let's make it clear," he said, "that when we talk about drug abuse we're not just talking about heroin use."

"That, of course, is with us, and it could increase as long as there's a kid in any of our schools who gets a high on heroin and another kid who would like to."

"But there's also the abuse of the so-called softer chemicals that can be found in our medicine chests."

"The drug pusher in high schools isn't the greasy character you picture. Pushing is

done by regular, ordinary kids, who can put together a few capsules from one medicine cabinet, a few pills from another, a small assortment from a third."

BOGOLEA asked the women if they could identify every bottle in their medicine chest, and by chemical name as well as trade name.

"And do you know how many capsules are in each container?" he pursued. "Check these things out, and if the medicine is not being used, throw it out."

Bogolea also suggested that some women who want to help might give a hand at manning the commission's telephone, 261-DRUG.

"We have it manned during the day," he said, "and a

recorded message at night tells the caller to call back the following day."

"We would like to have some trained volunteers ready to answer during the evenings, either at the center or from their homes."

A THIRD thing that women can do to aid in the program he said, is help it become better known. "The more people know about us and are favorable, the better our hopes of funds to continue the work," he added.

Bogolea said his commission, which was founded and is operated by representatives from Livonia, Westland and Clarenceville, is working to coordinate with other social service agencies such as Northville State Hospital and Hawthorn Center as well as groups such as SCAD

(Students Concerned About Drugs) and Farmington's Rap Line.

"The idea is to coordinate, so a person who needs help or a group wanting information won't have to go to several different agencies."

Information will be available through a call to the commission office, 261-DRUG, Bogolea added.

THE SPEAKER, a former Farmington Junior High School teacher who also had worked with rehabilitation of addicts at the Wayne County General Hospital, said he agrees with a statement by Wayne County Sheriff William Lucas that "You don't cure heroin addiction."

"Addiction is a behavior problem," he explained.

"You have to help the addict realize that that kind of behavior is self-defeating."

"Group therapy is helpful with addicts because the same peer pressure that probably got them using drugs in the first place may help them give up the habit."

BOGOLEA added that parents and others in the community must realize that "a drug trip is very fulfilling, so they don't just tell a drug user to stop."

"You have to provide alternatives," he said. "And that's where the community comes in."

"What we want from the community is ideas on how we can best serve. We need your solutions. So get involved. Come in and talk to us so you can talk to others."



MIKE BOGOLEA



WHAT'S AHEAD—Robert Burnside, right, counselor at Schoolcraft Community College, talks to members of a pre-college class about what they may expect in high education

courses. From left are Mrs. Gene Chapoton of Livonia, Mrs. James Woodcock of Garden City, Mrs. Charles Worthington of Livonia and Mrs. Richard Smith of Garden City.

## At Schoolcraft

# Class Boosts Confidence

A new course at Schoolcraft Community College does a lot to remove the worries about the unknown of college study.

Soon to begin its second semester, the pre-college counseling course is listed in the SCC schedule under "Community Service Courses."

It really should be better defined, agree a group of women and men who took the pilot class under counselors

Robert Burnside and William Heise in the semester just ending.

ALL FELT that they came out with a far greater degree of self-confidence and self-knowledge as well as understanding of what would be expected should they decide to try college study.

Burnside said the course gives adults an opportunity to explore returning to school

after being out for any number of years.

The atmosphere is informal, positive and supportive, designed solely to help class members get the kind of information and directions they need before deciding to return to school.

It helps put an end to fears anyone might have after being out of school a long time," Burnside said.

MANY ARE HELPED simply by talking things over with other members of the class. "I think the course description should say something about developing self-confidence through group discussion," commented Mrs. Gene Chapoton of Livonia.

Mrs. Chapoton said the discussions provide a feeling of "being at home," a feeling one might not gain as readily without the course.

"I'm a walking public relations person for the class," Mrs. Richard Smith of Garden City said during a recent evaluation session. "I know so many people who could use this course. I tell all about it and carry my course materials everywhere."

Looking back over her eight weeks in the course Mrs. James Woodcock of Garden City observed, "I

thought the class would be nothing but test taking and homework—we've had little of either."

ANOTHER class strength was described by Mrs. Charles Worthington of Livonia who said, "the class was allowed to progress at its own rate. You felt comfortable being here."

A number of general and specific educational goals have been set by those completing the pre-college course. One said she would take a class during the winter semester and decide later about which career area to pursue.

Another plans to enroll in either an English or psychology class to see how it goes, then later turn to special education at the elementary level. Still another will take political science during the winter semester, and possibly start on a nursing program next September.

The next class gets underway Feb. 23. No credit or grades are given, and a \$10 registration is charged. Enrollment information is available from Mrs. Lois Collins, 591-6400, ext. 264. Interested persons should call early as the class will be limited to the first 30 who enroll.

## Piggins To Speak

Judge Edward S. Piggins will address representatives from 25 Detroit area PEO chapters attending their 102nd anniversary Founders Day luncheon in the Grosse Pointe War Memorial, Saturday, Jan. 23, at 12:15 p.m.

Judge Piggins' talk will be entitled, "The Privilege of Being an American."

Michigan state officers, including the second vice-president, Mrs. F.B. Foust of Plymouth, are among the invited guests.

PEO provides philanthropic and educational opportunities to young women through the PEO educational loan fund established in 1907 and the International Peace Scholarship, for women from foreign countries, begun in 1949. The PEO Sisterhood owns and operates Cotsey College for Women in Nevada, Mo. Seven women of Iowa Wesleyan College, Mount Pleasant, are honored for founding PEO in 1869.

## m. m. memos

Some year I may learn to put to proper use all the lovely calendars that come my way each January.

Currently, Girl Scout calendars hang in the kitchen and over my office desk, one from a credit union graces the den, a fancy book arrangement sits on the home desk and I'm trying to find a place for an airline set of dates.

And still I can have trouble knowing what day it is.

If I find a calendar small enough to hang in a convenient spot, it isn't big enough to put down all the engagements we collect.

If I put a book-type specimen on the desk, I forget to turn the pages.

If I resolve to be very good and put down ALL the appointments, I run out of room on the squares.

If I start skipping some, it's the important ones I miss.

One friend who faithfully records all the dates also has another interesting habit—she saves each month as she puts up future appointments and can also check in a minute on who got which inoculation when and which friends came for dinner how long ago.

Such organization is too wonderful for me. I'll settle for a sure-fire way to be sure I keep my next appointment.

—Margaret Miller



## Diabetics' Classes To Start On Feb. 1

A series of five classes for diabetics and members of their families will be given on successive Mondays at 7 p.m. beginning Feb. 1 in the Continuing Care Center of Sinai Hospital, 6767 W. Outer Dr., Detroit 48235, or by calling 342-9333.

The classes are co-sponsored by the Michigan Diabetes Assn., a Torch Drive service, and Sinai Hospital. They are free and open to the public, but a referral from a physician is necessary.

Information and application forms may be obtained by writing to the Michigan Diabetes Assn., 6131 W. Outer Dr., Detroit 48235, or by calling 342-9333.

The first class will be conducted by Dr. Janette Sherman, the second and third by Betty Brosius, nutrition consultant, on diet and food exchanges, and the fourth and fifth by Sandra Sherman, RN, on testing and personal hygiene.

**SANDU LIBERMAN**  
LITHOGRAPH ..... **\$80.00** matted, framed

Other works by:  
Leba Dang • Dali  
Chagall • Picasso  
Alvar • Braque • Calder  
Boulanger • Matisse  
Maurice • Miro • Cordier  
and others

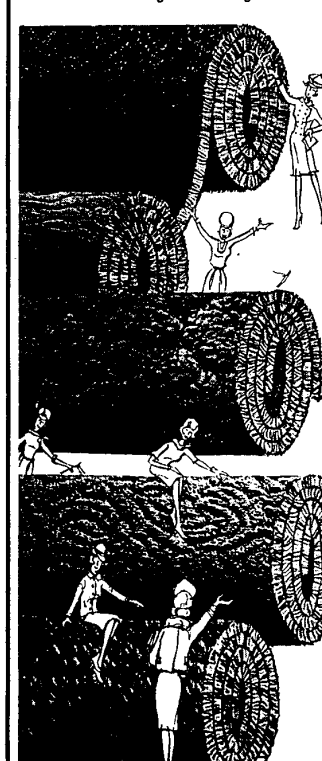
First come, first served limited editions  
A unique opportunity to see one of the most spectacular graphic shows. All lithographs are guaranteed original and custom framed.

**St. Clair Art Gallery**

28040 Joy Road  
between Inkster and Middlebelt  
GA 7-1400 or 937-1144  
Daily thru Sat. 9-9; Tuesday, 9-6

# CARPET SAVINGS

Remodeling...decorating...or for outstanding value in beautiful floors...



Very Special!

## 501 NYLON SHAG

ON FOAM RUBBER  
12 Beautiful tweed combinations!

\$9.50 sq. yd. value **\$5.95** sq. yd.

## MASLAND'S HERCULON KITCHEN CARPET

COLORS: Autumn Tweed, Antique Gold Tweed, Nugget Gold Tweed, Blue Green Tweed, Lunglow Tweed, Jade Blue Tweed, Turquoise Tweed, Mezzo Bridge Tweed, Spice Tweed, Moss Green Tweed, Regimental Red Tweed, Peon Green Tweed and Bronze Green Tweed.

\$9.50 sq. yd. value **\$5.95** sq. yd.

## FINE NYLON KITCHEN CARPET

Select from six beautiful color combinations

\$9.50 sq. yd. value **\$5.95** sq. yd.

**ST. CLAIR** Carpet of LIVONIA  
MEMBER DETROIT FLOOR COVERING ASSOCIATION

28040 JOY ROAD, between Inkster and Middlebelt  
GA 7-1400 or 937-1144  
Open Daily thru Sat. 9 to 6  
TUESDAY 9 to 6

SINCE 1955

All carpet installations **GUARANTEED** for the lifetime of the carpet.

Select your floor covering at home call GA 7-1400 for an appointment. No obligation. Terms available.

Today and Save!