

Northern Recipes Are Hearty

By ELLY

From Michigan's upper peninsula comes a batch of recipes for hearty winter appetites. Our thanks go to Dorothy Sincosk of Plymouth for these Copper Country favorites.

TERTUS (Finnish Cake)

2 sticks oleo
1 stick butter
2 c. sugar
1 c. flour
1 1/2 c. potato flour
1 scant t. baking powder
Pinch of salt
4 eggs
1 t. grated orange or lemon rind
Cream butter, oleo and sugar thoroughly. Sift together dry ingredients and add to creamed mixture. Beat in the eggs, one at a time. Add the grated rind. Grease and flour tube pan lightly. Bake one hour at 325 degrees. Let cool in pan. Sprinkle with powdered sugar.

PASTIES

3 c. flour
1 T. salt
1 c. lard
1 c. cold water
1 lb. flank steak
1/2 lb. lean pork
4 medium potatoes
1 small turnip
1 medium onion

Sift flour and salt and add the lard. Work in lard as for pie crust. Add water and mix to form a soft dough. This may be refrigerated overnight or rolled right away. Cut dough in five portions. Roll each portion on a floured board to the size of a nine-inch pie pan. Cut meat and vegetables into very small pieces. On half the dough place about two tablespoons turnip and half to three quarters cup potatoes. Small amount of onion, about three ounces flank steak and one ounce of pork. Salt and pepper to taste. Place piece of butter about the size of a walnut on top. Fold uncovered portion over filled portion and crimp edges to seal. Cut two or three small slits in top to allow steam to escape. Pasties are somewhat in the shape of a half moon. Preheat oven to 450 degrees and bake for 25 minutes. Reduce heat to 400 degrees and continue baking for 20 minutes or until done. Serves five.

PORK PIES
1 1/2 lb. pork
2 large potatoes
1 large onion
1/2 t. cloves
1/2 t. cinnamon

Salt and pepper to taste
Make pastry for double crust pie. Grind pork, potatoes and onion. Put in frying pan with a little water and let simmer for 10 minutes. Add spices and mix well. Put mixture between pie crusts and bake in 425-degree oven for 15 minutes and then at 350 degrees for 20 minutes.

APPLE POTICA

4 c. flour
2 eggs
1 t. salt
2 T. salad oil
1 3/4 c. warm water
4 lb. apples, peeled and sliced
Enough sugar to sweeten apples
1/2 c. graham cracker crumbs
Cinnamon

Mix flour, eggs, salt, salad oil and water together in bowl. Knead for half an hour until dough is smooth and elastic. Place on a floured plate and cover with a cloth for half an hour. Place cloth over table (a sheet may be used). Stretch dough on the well-floured cloth with hands until paper thin and hangs over the edge of the table. Cut off edges which are thick. Toss apples over the dough and sprinkle with cracker crumbs, sugar and cinnamon. Lift cloth at one end, high up, and dough will roll itself up like a jelly roll. Place in well-greased pan and bake in 350-degree oven for one hour until crisp and golden brown.

Secretaries Meet Jan. 27

The Detroit Chapter of the National Secretaries Assn. (International) will hold its January meeting in the Fort Shelby Hotel, Detroit, Wednesday, Jan. 27, at 5:30 p.m.

The agenda for the closed meeting will be the initiation of new members, chapter business and committee reports.



Winter Bonus Bundle Sale!
Save \$15.20

*10-LB SIRLOIN STEAK
*5-LB CUBE STEAK
*5-LB BONELESS BOSTON BEEF ROAST
*10-LB ALL BEEF HAMBURGER
*15-LB CENTER CUT PORK CHOPS
*5-LB CENTER CUT HAM SLICES
*10-LB FRYER LEGS OR BREASTS
*6-LB REG. OR COUNTRY STYLE SPARE RIBS
*4-LB KWICK KRISP SLICED BACON

REGULAR VALUE \$65.15 **\$49.95** CUT & WRAPPED FREE!

SERVE N SAVE **Bologna**.....**69¢**

GORDON'S **Sausage**.....**2 LB 78¢**

FRESH PICNIC **Pork Roast**.....**47¢**

1/2 LOIN SLICED INTO

Pork Chops
68¢

MARHOEFER BONELESS

Canned Ham.....**5 LB 3.88**



Sunrise Fresh Produce!

RED RIPE
Fresh Strawberries
59¢

SWEET **Candy Yams**.....**12¢**

U.S. NO. 1 MICHIGAN **Potatoes**.....**25 LB 99¢**

LONG GREEN CUCUMBERS OR **Green Peppers**.....**12¢**

KROGER 100% PURE **Orange Juice**.....**5-GAL 69¢**

U.S. FANCY MICHIGAN RED DELICIOUS **Apples**.....**6 BAG 99¢**

100 SIZE ZIPPER SKIN

Temple Oranges
20 99¢

Only at Kroger

Discount Prices Plus



HYGRADE'S WHOLE SEMI-BONELESS

West Virginia Ham
69¢

HYGRADE'S WEST VIRGINIA **Sliced Bacon**.....**88¢**

HYGRADE'S BALL PARK **Bologna**.....**95¢**

SHANK PORTION **Smoked Ham**.....**54¢**

SMOKED WHOLE SEMI-BONELESS **Ham**.....**67¢**

ROSE LONG END PIECE **Canadian Bacon**.....**97¢**



SUN GOLD SLICED

White Bread
19¢

KRAFT SALAD DRESSING

Miracle Whip.....**48¢**

HILLCREST BRAND **Orange Juice**.....**1-QT 14-OZ 28¢**

HEINZ STRAINED **Baby Food**.....**4 1/2-OZ 7¢**

SUNSWEEP **Prune Juice**.....**1-QT 8-OZ 49¢**

SPECIAL LABEL GIANT **Tide XK**.....**3-LB 1-OZ 69¢**

KROGER **Tomato Soup**.....**11-OZ 7¢**

Del Monte Buys

CREAM STYLE OR WHOLE KERNEL **Corn**.....**1-LB 1-OZ CAN 18¢**

CUT **Sweet Peas**.....**1-LB 1-OZ CAN 18¢**

Green Beans.....**1-LB CAN 18¢**



WHOLE PLUMP

Fresh Fryers

28¢

LEAN MEATY **Pork Steak**.....**58¢**

KROGER ALL BEEF **Wieners**.....**69¢**

FRESH-SHORE FROZEN OCEAN **Perch Fillets**.....**59¢**

SERVE N SAVE THICK

Sliced Bacon

2 99¢

FRESH LEAN

Pork Butt Roast.....**48¢**



IN BROWN SUGAR

Green Giant Pork & Beans
10¢

Free YUBI YOGURT

WITH PURCHASE OF 8-OZ CARTON AT 19¢

KROGER LOWFAT MILK OR **Skim Milk**.....**39¢**

GALLON **Clorox Bleach**.....**49¢**

ASSORTED COLORS JUMBO **Bounty Towels**.....**31¢**

CHERRY, APPLE OR PEACH FROZEN **Morton Pie**.....**25¢**

VARIETY BREAD INCLUDING WHEAT, WHOLE WHEAT OR CRACKED **Wheat**.....**3 1-LB 89¢**

Save 20¢

Mayonnaise



Top Value Stamps!

U.S. CHOICE TENDERAY

Chuck Steak

66¢



U.S. CHOICE TENDERAY

Rib Steak.....**1.00**

U.S. CHOICE TENDERAY

Club Steak.....**1.30**

U.S. CHOICE TENDERAY

Boneless Roasts

Boston Roll.....**1.09**

E-Z Slice Pot Roast.....**1.09**

U.S. CHOICE TENDERAY BONELESS

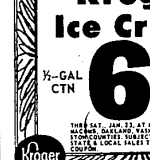
Delmonico Roast.....**2.29**

SERVE N SAVE

Skinless Wieners.....**2 1.29**

Save 20¢

Kroger Ice Cream



HILLCREST BRAND

Tomato Juice

22¢

50 TOP VALUE STAMPS

WITH THIS COUPON ON ANY TWO PACKAGES OF ANY TWO PACKAGES OF FRYER BREASTS, LEGS OR DRUMSTICKS

50 TOP VALUE STAMPS

WITH THIS COUPON ON ANY TWO PACKAGES OF CUBE STEAKS OR CHIP STEAKS

50 TOP VALUE STAMPS

WITH THIS COUPON ON \$1.50 PURCHASE OR MORE OF CENTER CUT HAM SLICES

50 TOP VALUE STAMPS

WITH THIS COUPON ON 1-LB PACKAGE OF COLONIAL VILLAGE CHOCOLATE CANDY

50 TOP VALUE STAMPS

WITH THIS COUPON ON ANY 2-OZ PACKAGE OF INDIVIDUALLY WRAPPED KROGER AMERICAN CHEESE

50 TOP VALUE STAMPS

WITH THIS COUPON ON 10-LB BAG OF MICHIGAN APPLES

50 TOP VALUE STAMPS

WITH THIS COUPON ON 10-LB BAG OF POTATOES