

# Veteran pack CC's Sheridan paces All-Area squad

By Brad Emone  
staff writer

**M**ANY OF THE NAMES are familiar on the latest edition of the 1989 All-Observer boys cross country team.

Among those repeating are Mike Sheridan and Chris Antezak of state Class A champion Redford Catholic Central High. The other is Farmington's Ben Goba.

CC placed three runners on the first team, while the other spots went to such schools as Walpole Lake Western, Walpole Lake Central, Livonia Churchill, Livonia Stevenson, Plymouth Canton and Plymouth Salem.

Redford CC's Tony Magni, who has guided the Shamrocks to three state titles in the 1980s, was named Observerland Coach of the Year by the sports staff.

Magni also led the Shamrocks to Catholic League title.

Introducing the 1989 All-Area squad as voted by the coaches in a recent meeting:

## FIRST TEAM

Mike Sheridan, senior, Redford CC: One of the top individual performers in the state, Sheridan helped his team win Class A crown by finishing third in the team race with a time of 15:40 (for 6,000 meters).

He took first this season at West Bloomfield, Shrine-Shamrock, Sturgis and Catholic League. He was a second place finisher at the regional.

Sheridan went undefeated the past two seasons in dual meets.

"He's a confident runner who thrives on competition," said Magni. "He has lots of ambition and determination, but he's always looking out for his teammates."

Ben Goba, junior, Farmington: It was a big season for Goba, who finished fourth in the state individual race (15:58) after winning the regional.

He also took first at Oakland County, the Western Lakes Activities Association, Schoolcraft and West Bloomfield.

"Ben has a great attitude and is able

## all-area boys cross country

### ALL-AREA BOYS CROSS COUNTRY TEAM

#### FIRST TEAM

Mike Sheridan Redford CC  
Ben Goba Farmington  
Brian Beach Canton  
Jay Schemanske Redford CC  
Jeff Grosso W.L. Western  
Chris Antezak Redford CC  
Brendon Masterson W.L. Salem  
Mark Kwiatkowski W.L. Western  
Scott Freeborn Liv. Churchill  
Scott Westover Liv. Churchill

#### SECOND TEAM

Dave Galvin Redford CC  
Tom Eickner Red. Thurston  
But Crosby W.L. Western  
Dean Uryla Plymouth Canton  
Mike Bism Plymouth Canton  
Eric Carrow Liv. Franklin  
John Thomas Plymouth Canton  
David Harwell Plymouth Canton

### COACH OF THE YEAR

Tony Magni Redford CC

### HONORABLE MENTION

Redford Catholic Central: Jon Blake, Jack Maslanti, Paul Dwyer, John White, Plymouth Salem: James Blum, Todd Grel, Mike Patterson, Plymouth Canton: Matt Hart, Jason Napolitano, Dave Matting, Chris Hunter, Farmington: Kevin Van Der Luthien, Westland: Steve Watson, Steve Quenert, Ann Arbor: Redford Thurston, Jay Kramer, Mike Mochum, Jeremy Dubach, Livonia Stevenson: Robert Westlake, Liv. Churchill: Wayne Memorial: Scott Latham, Aaron Orsinger, Matt Johnson, Liv. Churchill: Dan Hays, Carl Lowe, North Farmington: Jason Blederman, Craig Stoe, Scott Schen, Westland: John Dwyer, Carl Lowe, John Hays, Ryan Wilson, Jay Kramer, Redford Catholic: Robert, Mike, Steve, Dan, Dwyer, Walpole Lake Western: Francis Kerner, Matt Wagner, Scott Latham, Chris Gentry, Walpole Lake Central: Mike Watson, Redford Union: Marty Bond, Ken Fodde, Livonia Franklin: Paul White, Farmington Harrison: Mark Cade

to focus in on his opponents," said Farmington coach Jerry Young. "His times compare favorably with the times run by Chris Inch (University of Illinois) and Art Stebbins (Tennessee) as a junior."

Brian Beach, senior, Plymouth Canton: Beach was the No. 1 runner for the Chiefs, who won the Schoolcraft and Redford Union invitational, along with the W.L.A. and regional crowns.

Individually, Beach took sixth at Schoolcraft, third at RU, fifth in the W.L.A., third in the regional and 10th in the state team race with a time of 16:05.87.

He was a second-team All-Observer performer a year ago.

Jay Schemanske, senior, Redford CC: Another valuable member of the state championship team, Schemanske finished 16th at the state meet (16:11.0), ninth at the regional and eighth in the Catholic League.

He also took seventh at Hazelton, ninth at West Bloomfield and Holly, and 10th at Shrine-Shamrock.

"He was a pleasant surprise all year,"

Magni said. "He worked hard to stay consistent. He ran the race of his life at the state finals."

Jeff Grosso, junior, W.L. Western: The Walpole Lake runner got stronger as the season progressed, capping a stellar year with ninth at state individual race (16:17.35). His best time of the year (16:05) came at the regional.

He was also sixth in the W.L.A., seventh at Schoolcraft, and eighth at both RU and Oakland County.

"Jeff focuses on the big meets at the end and paced his season just as he did and his race," said Western coach Doug Keeney. "He's discovering his talent. Watch out next year."

His older brother Brian, a freshman at Arizona, is a former Kinney Shoes National Invitational champion.

Chris Antezak, senior, Redford CC: Known as Mr. Consistency, he 19th place finish (16:19) at the state meet took the Shamrocks over the top.

He also took fifth at the regional, sixth at Holly and Hazelton, and seventh in the Catholic League, Sturgis and West Bloomfield meets.

"He's talented on the course as well as in the classroom where he maintained at 4.0 grade-point average," said the CC coach. "He was among the top runners all year and a real asset to the team."

Brendon Masterson, senior, Plymouth Canton: He was a big reason for the Rocks' best team finish ever at the state meet (seventh).

Masterson, despite a late-season bout with a virus, finished 40th in the state team race, 30th at the regional and 21st at the W.L.A.

His best outings occurred at the RU Invitational (second), Ann Arbor Invitational (second), Gibraltar Carlson Invitational (second) and Schoolcraft Invitational (fifth).

"Brendon is a very hard worker, a great kid to coach," said Salom's Geoff Baker. "He is a strong runner on the heels. It's been great coaching him for the last three years. I'm going to miss him."

Masterson has signed up for the Army.

Mark Kwiatkowski, senior, W.L. Central: He finished strong, placing 19th in the state individual race (16:26.6) after a personal best of 16:01 (also a school record) with a second at the regional.

In the Western Lakes Activities Association meet at Cass Benton Park, Kwiatkowski finished second only behind Goba.

At the Schoolcraft Invitational, he took ninth.

"He deserves whatever he gets," said Central coach Dave Dantmon. "He is real dedicated and does what he does with hard work and endurance."

Scott Freeborn, senior, Liv. Stevenson: Competing in the state individual race, Freeborn finished 23rd with a time of 16:41.

He added a 10th at both the regional and W.L.A. meets. Freeborn was also eighth at the Schoolcraft Invitational.

His first occurred in the Livonia Public Schools meet, Wayne Memorial Invitational and Bishop Borgess Invitational.

"Scott has led the team in every race for the past two seasons," said Stevenson coach John Gorge. "He has also been captain and MVP the past two years."



Mike Sheridan  
Redford CC



Ben Goba  
Farmington



Brian Beach  
Canton



Jay Schemanske  
Redford CC



Jeff Grosso  
W.L. Western



Chris Antezak  
Redford CC



Brendon Masterson  
Salem



Scott Freeborn  
Stevenson



Scott Westover  
Churchill

"Scott not only is a fine athlete, but an outstanding student as well."

behind Freeborn in the Livonia City Meet.

His best time at Cass Benton was 16:59.

"He's been our leader the past two years and was very dependable and hard working," said Churchill coach Dave Westover, who also happens to be his father. "Scott was an excellent captain and is a good academic student."

## Rankings

These unofficial rankings are compiled each week by the Observer sports staff. Rankings reflect events through Oct. 31.

### FOOTBALL

1. Farmington Harrison
2. Westland John Glenn
3. Plymouth Salem
4. Redford Catholic Central
5. Plymouth Canton

### GIRLS BASKETBALL

1. Farmington Canton
2. Livonia Franklin
3. Plymouth Salem
4. Farmington Hills Mercy
5. North Farmington

### BOYS SOCCER

1. Plymouth Salem
2. Livonia Churchill
3. Livonia Stevenson
4. Redford Catholic Central
5. Farmington

### BOYS GOLF

1. Redford Catholic Central
2. Plymouth Canton
3. Farmington
4. Walpole Lake Western
5. Livonia Churchill

### GIRLS TENNIS

1. Farmington Hills Mercy
2. Plymouth Canton
3. Livonia Stevenson
4. Farmington Hills Harrison
5. Plymouth Salem

### BOYS CROSS COUNTRY

1. Redford Catholic Central
2. Plymouth Canton
3. Plymouth Salem
4. Walpole Lake Western
5. Livonia Stevenson

### GIRLS CROSS COUNTRY

1. Farmington
2. Plymouth Canton
3. Redford Union
4. Livonia Stevenson
5. Livonia Franklin

### GIRLS SWIMMING

1. Farmington Hills Mercy
2. North Farmington
3. Plymouth Canton
4. Plymouth Salem
5. Livonia Stevenson

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## swimming rankings

### OBSERVER GIRLS SWIMMING RANKINGS

Following is the best listing of the girls best swimming times and diving scores in Observerland. The list is compiled weekly by Plymouth Canton coach Hooker Weisman. Coaches can call him with their times and scores at 451-6600, Ext. 513, between 2:30 and 3 p.m. weekdays.

#### 200-YARD MEDLEY RELAY

Farmington Hills Mercy 1:53.97  
North Farmington 1:55.27  
Plymouth Canton 1:55.51  
Livonia Stevenson 1:55.62  
Plymouth Canton 1:58.14

#### 200 FREESTYLE

Farmington Hills Mercy 1:57.54  
North Farmington 1:59.27  
Plymouth Canton 1:59.47  
Livonia Stevenson 1:59.77  
Plymouth Canton 1:59.87

#### 200 INDIVIDUAL MEDLEY

Farmington Hills Mercy 2:00.53  
North Farmington 2:01.16  
Plymouth Canton 2:01.89  
Livonia Stevenson 2:02.53  
Plymouth Canton 2:02.53

#### 50 FREESTYLE

Kevin Doran (N. Farmington) 2:11.02  
Katie Kline (N. Farmington) 2:14.97  
Katie Kline (N. Farmington) 2:17.00  
Elizabeth Sporkak (Churchill) 2:17.00  
Becky Wquist (Mercy) 2:19.15  
Livonia Stevenson 2:19.15  
Chris Vincent (Salem) 2:19.91  
Cassie Cummings (Canton) 2:19.91  
Anna Palmer (N. Farmington) 2:20.31  
Katie Hamann (Churchill) 2:21.80

#### 50 FREESTYLE

Kevin Doran (N. Farmington) 24.90  
Katie Kline (N. Farmington) 25.48  
Christie Duthie (N. Farmington) 25.54  
Katie Kline (N. Farmington) 25.54  
Becky Wquist (Mercy) 25.81  
Jennifer M. (Mercy) 25.88  
Katie Kline (N. Farmington) 25.91  
Katie Kline (N. Farmington) 26.09  
Ann Palmer (N. Farmington) 26.19  
Amy Ewing (Stevenson) 26.21

#### DIVING

(state cut: 5.5 or top 5 in league)

Tonya Dicker (Farmington) 252.45  
Eileen Trager (Harrison) 243.80  
Jennifer Ezzi (Salem) 217.60  
Becky Wquist (Mercy) 204.75  
Amy Kozlik (Canton) 199.05  
Kirstin Sutarski (N. Farmington) 182.85  
Natalia Kuberski (N. Farmington) 175.05

#### 100 BUTTERFLY

(state cut: 1:02.99)

Kevin Doran (N. Farmington) 59.81  
Livonia Stevenson 1:00.20  
Christie Duthie (N. Farmington) 1:00.92  
Holly Palmer (Stevenson) 1:02.65  
Katie Kline (N. Farmington) 1:02.77  
Katie Hamann (Churchill) 1:02.91  
Chris Long (Canton) 1:03.42  
Katie Kline (N. Farmington) 1:03.65  
Jennifer Dearthie (Franklin) 1:04.00  
Katie Kline (N. Farmington) 1:04.51

#### 100 FREESTYLE

(state cut: 56.29)

Kevin Doran (N. Farmington) 54.46  
Livonia Stevenson 54.90  
Katie Kline (N. Farmington) 55.38  
Katie Kline (N. Farmington) 55.57  
Katie Kline (N. Farmington) 55.63  
Christie Duthie (N. Farmington) 55.63

#### 100 BACKSTROKE

(state cut: 1:04.99)

Kevin Doran (N. Farmington) 1:01.95  
Julianne Marney (N. Farmington) 1:02.87  
Cassie Cummings (Canton) 1:03.43  
Katie Kline (N. Farmington) 1:04.06  
Tara Dickhoff (Churchill) 1:04.30

#### 400 FREESTYLE RELAY

(state cut: 3:55.49)

North Farmington 3:43.05  
Farmington Hills Mercy 3:47.28  
Livonia Churchill 3:47.28  
Farmington 3:47.32  
Plymouth Canton 3:51.24

#### 100 FREESTYLE

(state cut: 52.99)

Tara Dickhoff (Churchill) 51.79  
Nicole Drake (Canton) 51.76  
Katie Hamann (Churchill) 51.80  
Katie Kline (N. Farmington) 51.75  
James Anderson (Stevenson) 51.19  
Christie Duthie (N. Farmington) 51.58  
Becky Wquist (Mercy) 52.05  
Patty Tenuta (Mercy) 52.374  
Livonia Stevenson 53.429  
Michelle McCaffrey (Mercy) 53.710

#### 100 FREESTYLE

(state cut: 52.99)

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