Beware of phony social security representatives Someone falsely representing him-soff as a Social Security representa-tive could be trying to sell area sen-tors unneccssary insurance. The Social Security Administra-tion reports someone claiming to be

consumer mailbag

Part II on Noise Pollution:

In addition to causing permanent hearing loss, noise can produce other health problems. Noise leads to stress. The results can cause sleeplessness, depression, if the blody or aggressive or hos-if the bhavior. High noise levels can also elevate blodo pressure, increase heart and breathing rates and cause muscle (tenison. These changes occur both awake and asleep, and the noise does not have to be loud to produce these changes.

does not have to be loud to produce acts as a sounding board and ampli-these changes. Notse can also reduce a child's Billity to learn. Concentration is cas-ability to read and pronounce words traveling through noise traveling through noisy traffic correctly can be hampered by con-arcs. Ware car protectors when working with noisy tools or machin-working with noisy t

ITIBLE ARE two approximations of noise at its control noise.
I. The reduction of noise at its source through the manufacture of quieter products.
The alternation of the sound path through distance or by shielding between spaces, such as improved wall insulation to reduce noise penetration.

tion. Suggestions to reduce noise levels: • Use appliances one at a time, or schedule multiple use when you can leave the room.

suggestions to reduce noise levels: • Use appliances one at a time, or schedule multiple use when you ancave the room. • Keep Indoff same MultiPartia good repair. • Use lined drapes and insulation to reduce outdoor noise penetration. • When replanding wornout appli-ances, select quieter models. Re-member, noise leven a longer indi-cates the power of an appliance. • Keep telephone belis, stereos and Ty's at the lowest level at wheth they can be hard. Headphones should only be used at very low vol-une to prevent hearing damage. • Upholstered furniture and pad-ded carpet help absorb loud noises.







In Third World countries, hum-dreds of thousands of children are in desperate need of food, clothing, medical care – he basics of life. These grls and boys are even denied the opportunity to attend school. They are our neighbors in a world that grows smaller every day. Through CCF, you can sponsor a neighbor schild. The cost is S18 a month – just 600 a day – to help a poor child in Asia, Africa or Latin America – a child who has virtually nothing. Plense pick up your phone pow and dail the toil-free num-ber below. Be a good neighbor by helping an innecent child.

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Carpeting is particularly effective in upstairs rooms and hallways. • Make sure large applications don't rest against a wall. The wall acts as a sounding board and ampli-due the solution

Wear ear protectors when working with noisy tools or machin-

THERE ARE two approaches to ery, ontrol noise. The reduction of noise at its that fit in the car can be bought at ource through the manufacture of in your cars doesn't work.

ECO-TIP: For more information on noise pollution and its effects, write for noise paraphtets from the EPA, Office of Public Affairs, Wash-ington, D.C. 20480.



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hospital coverage for \$800. The man, who reportedly gave his name as Donald Wright, said he had been instructed by the government to contact people whose last names began with 'K''. He reportedly gave the woman an 800 telephone num-ber. white male, about 200 pounds and between 30-40 years old. He report-edly drave a brown Ford Bronco or Jeep.

to contact people whose tast names began with "K". He reportedly gave the woman an 800 telephone num-ber. The woman described Wright as a

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