

Program deals with aging parents

Q. I need some help in learning how to deal with my aging parents. I live in the Rochester area.

A. The Rochester Hills Public Library and the Community Health Education Department of Crittenton Hospital are offering a five-week support group program for adults with aging parents. The focus of the sessions is to increase knowledge of the aging process, problems related to aging and available community resources. The programs will provide let adults with aging parents or relatives share their feelings, fears and problem solving.

Topics to be covered include: understanding the psychological aspects of aging, chronic illnesses and behavioral changes, sensory losses, how to improve communication skills, how to deal with your feelings and how to use community resources.

The sessions are on Tuesday nights, Jan. 9 to Feb. 6 from 7-9 p.m. They will be at the Rochester Hills Public Library, 210 West University Drive, Rochester. The cost, for all 5 sessions, is \$5 per person. For additional information and to enroll call the Crittenton Health Education Department at 652-5658, Monday-Friday, 9 a.m.-5 p.m.

Q. I am a widow living on a pension. I cannot afford to pay my heating bills and I am afraid that my heat will be shut off soon.

A. There is an Emergency Needs Program (ENP) that helps low-income households with emergency heating needs as well as other non-heating needs that may cause a threat to life or health. The ENP will



Renee Mahler

help when there is a lack of deliverable fuel, you have a shut-off notice from a fuel supplier, if an energy-related home repair is needed or if a family is homeless due to foreclosure or eviction.

Eligibility for the program is based on income, household assets and the need for an emergency service. ADC and GA assistance households may qualify as do households not receiving DSS assistance.

ENP provides such services as payment of bills to prevent shutoff, to restore service or to have fuel delivered. However, there is a limit for yearly payments. ENP will also help with home repairs, emergency shelter for homeless families and shelter payments to help families find a place to live.

Apply at your local Department of Social Services and bring proof of the emergency such as a shut-off notice, receipts for paid heat and utility bills, proof of total household income and the Social Security numbers for all adult members of the household, if available.

There is a Home Heating hot line at the Department of Social Services if you need additional information. The toll free number is 1-800-292-5658. Your calls will be answered Monday through Friday, 8 a.m. to 12 p.m. and 1-5 p.m.

Q. I live in Canton and no longer drive. I need transportation to my doctor and for shopping. I cannot afford cab fare.

A. FISH, a voluntary non-profit organization, provides transportation anywhere in metropolitan Detroit to residents of Plymouth, Plymouth Township and Canton Township. FISH (the name is symbolic of giving) will take people for medical appointments, grocery shopping, banking and other short-term emergency requests such as errands, companionship, meals, housework and hand-dyman services. There is no charge for any of these services.

FISH volunteers are available 24 hours a day, seven days a week. To contact the organization call 261-

1011. Your call will be answered by an answering machine. Leave your name and telephone number and you will be contacted as soon as possible. FISH is also always looking for volunteers for the program. FISH has found that some of the best volunteer workers are often retired people who have the time and desire to help others. If you would like to be a FISH volunteer call the telephone number listed above.

Renee Mahler is a gerontologist and the Director of Communications and Admissions at a Rochester Hills nursing facility. Send your questions to her at Observer & Eccentric, 805 East Maple, Birmingham, MI 48009.

A THOUSAND YEARS OF ROMAN FASHIONS 500 B.C. - A.D. 500



JANUARY 4 - 14
Authentic Replicas
Presented by Professor Norma Goldman
Wayne State University

SOMERSET MALL

W. Big Beaver Road at Coolidge, Troy
Sun. 12-5/Mon. Thurs. Fri. 10-9/Other Days 10-6

GET OUT OF THE DAY

The Consumer Information Center will help you get out of the day by providing you with the full consumer information you need to know.
Consumer Information Center
Dept. 10, Peoria, Illinois 61609

TWO DAY ESTATE AUCTION

Auction Dates
SAT. & SUN., JAN. 6 & 7
1 P.M. EACH DAY - (Doors Open 12 Noon)

815 Woodward Ave., Pontiac
(1 Mile South of Square Lake Rd.)

FEATURING: A portion of the Baldwin Collection, portion of the Chu Orientalia Collection, plus furniture & decorations from various homes and consignors. OVER 250 GOOD ITEMS EACH SESSION INCLUDING: Chippendale Style Mah. Dining Table (122" long), 10 Chippendale style chairs, Large Bronze Statuary Collection, Chippendale style Bed Room Tallboy, Walnut Walnut Mirror, Chinese Lacquer Domed Table, Carved Golden Lac. Arm Chair, Indian Bed Wood Dining Suite, Oriental Rose Medallion, Iron, Kaban, Hardstones, Irons, etc., Louis XV style Bonaparte, Mother of Pearl Inlaid Long Case Clock, Louis XV style 1 door cabinet, Oriental Rugs, Oil Paintings & Prints, 1st class Style Dining Suite, 19th C. English Carved Oak Console & Mirror, English & Continental Pot plants, 19th C. Japanese Wall Plaque, Crystal, Good Jewels Collection, etc.

EXHIBITION: Thurs. & Fri., Jan. 4 & 5, 9 a.m. to 5 P.M. TERMS: Cash, Check, American Express, Visa, MasterCard & Discover. ABSENTEE BIDS ACCEPTED. NOW ACCEPTING CONSIGNMENTS FOR FUTURE AUCTIONS.

Matsel's Galleries, Inc.

815 Woodward Ave. • Pontiac, MI 48053 • (313) 338-0040

Furs by Arpin

JANUARY FUR SALE

1990 Collection of Fabulous Designed Furs Now at Sale Prices.

Canadian Fur Specialists for Over 60 Years.

- No Duty
- No Sales Tax
- Full Premium on U.S. Funds



484 Peiessier Street • Downtown Windsor
1-519-253-5612

Hours: Daily 9 a.m. to 5:30 p.m. • Fri. 9 a.m. to 9 p.m.

© O&E Sports—more than just the scores ©

SKI THE WEST!

Join The Don Thomas Sporthaus Trip To:



January 11 - 15, 1990

\$519

A mini-week trip including Roundtrip Air, Ground Transportation, Lodging, Taxes, Lift Tickets, and a Welcome Party. The most convenient way to travel! Meet new ski friends!

Don Thomas Sporthaus

BLOOMFIELD PLAZA • TELEGRAPH at MAPLE • BIRMINGHAM • 626-9500

A New Decade Begins At

Stewart-Gleason Furniture

Come Join Us At Our 73rd Annual STOREWIDE WINTER SALE

Beat the cold with this HOT storewide sale. Save thousands of dollars on many fine furniture line in our store, including Pennsylvania House. Even special orders are included in this very special storewide sale.



4 PIECE SOLID CHERRY BEDROOM GROUP

SAVE 33%

Cherry Valley Collection by Jamestown Stearns

NOW ONLY **\$1599**

IN STOCK FOR IMMEDIATE DELIVERY

The group by Jamestown features an elegant four poster bed, spacious chest-on-chest, triple dresser, and beveled pediment mirror. The matching night stand is priced separately at \$219. The four piece group is specially priced at \$1599, but hurry, quantities are limited.

SAVE AT LEAST 30%

on ALL Pennsylvania House

SAVE 20-40%

on all other lines

Conover • Statton • Pearson

Jamestown • Oak Crest

Hancock • Moore • Stiffel

Stearns & Foster • La-Z-Boy

And Many Others

Stewart-Gleason

of Bloomfield Hills
Superior Service Since 1917

2600 N. Woodward Ave.

Just South of Square Lake Rd. 332-8348

dairy mart

REGULAR OR SUPER
DAIRY MART FRANKS
\$1.59
LB.

CONTINENTAL DELI
CUSTOM SLICED
WILSON BRAUNSCHWEIGER
\$1.69
LB.

BREWSTER • CUSTOM SLICED
EDEL LACE SWISS CHEESE
\$2.99
LOW SODIUM LB. LOW FAT

HOFFMAN • CUSTOM SLICED
SWISSON RYE CHEESE
\$2.99
LB.

TRADCO
WINDSHIELD WASHER FLUID
89¢
2 LITER



Home!
CHOPPED HAM
\$1.89
WATER LB. ADDED



DAIRY MART PREMIUM
ICE CREAM
\$1.99
ALL FLAVORS HALF GALLON ROUNDS

1% DAIRY MART FARM FRESH
MILK
\$1.89
GALLON

DAIRY MART
CHOCOLATE MILK
\$1.29
HALF GALLON

SANDRIDGE GOURMET
MACARONI SALAD
\$6.99
LB.

SANDRIDGE GOURMET
CHICKEN SALAD
\$3.49
LB.

2 LITER
FAYGO BEVERAGE
99¢
ALL FLAVORS



WE SELL
LOTTERY TICKETS

PRICES EFFECTIVE
THRU JAN. 13, 1990

WE SELL
MONEY ORDERS

RECREATIONAL VEHICLE SHOW

JANUARY 10 TO 14
11 CENTER
CLEVELAND, OHIO