

Waiting for the Parade

Helen Morgan, Mary Lou Ryzenga and Irene Hengstbeck star in Farmington Players production of "Waiting for the Parade," a tender drama about World War II's impact on the lives of women in Calgary, Alberta Canada. Curtain time is 8 p.m. for all performances, except Sunday, when it is 7 p.m. on weekends through Feb. 24 in The Players Barn on 12 Mile Road west of Orchard Lake Road. Tickets are \$6 and can be obtained by calling the box office, 538-1670.



Quantum Motivation introduced in seminar

Quantum Motivation, a new psychology for personal success in the 21st century, will be introduced in a

seminar presented by J.W. Zidar, a philosopher, futurist, author, and founder of Magna Carta Insti-

tute. The three hour seminar begins at 7 p.m. Tuesday, Feb. 13, on Orchard Ridge Campus, Oakland Community College.

Reservations, at \$15 each, are made by calling Nancy Baskin, 682-3190.

"Quantum Motivation," Baskin says, "is the answer to surviving and succeeding in the age of accelerated change, enhancing the quality of our lives and giving tomorrow's child the chance to be born."

Easing the tension caused by divorce

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FOR RECALCITRANT, sullen teens, Katter suggested a progressive series of comments, spaced at least a day apart.

To begin, during a moment of calm, a mother can make a matter-of-fact statement about teenagers in general that describes specifically what the child is doing.

For instance, "I heard that after parents split up, a lot of times guys in their teens don't like to feel that they're taking orders from their moms. I guess they may feel that they're being bossed around too much." Then drop the issue.

The next day comment on the hypothetical teenager's feelings.

"It must be hard for guys to start feeling upset with their mom, particularly if they got along before."

A day later, verbalize the underlying emotions, still speaking generally.

"I've been thinking about what we talked about and it seems to me that maybe guys feel their moms aren't respecting the fact that they are growing up when they ask them to do things. Maybe it makes them feel like little kids."

the same time feel like a wimp when he does what she asks."

Then suggest an alternative way of coping with the feelings, perhaps a list of chores drawn up together or by the teen himself.

Older children will often respond directly to the general "lots of kids" comments with an "I think . . ."

But, "continue to be indirect until the child finally says, 'I'm talking about me, not about guys,'" Katter said. "This is a signal that they are ready for direct communication."

Resist the urge to go through the whole process in one longer conversation.

"If you don't, teenagers may become skittish or overwhelmed by the conflicts being revealed. Stay calm and accept the child's statements."

"But if you do get upset, try again later. Children are so sensitive to displaced communication that parents can return to it when they are feeling more settled."

"GROWING UP with Divorce," which explains the distinct problems children of different ages and sexes experience during each stage of the divorce, advises parents about the impact of ongoing parental strife and the effects of joint custody.

Katter also has practical advice about other issues: How to help your child cope when you start dating, how to deal with remarriage, how to minimize stress children feel from divided loyalties, how to ease your child's sense of dislocation with new household arrangements and how to help children with new stepparents.

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