

# Program set for children of alcoholics

Cathleen Brooks, president of the National Association for Children of Alcoholics, is scheduled for April 27-28 to preside over two workshops and a public lecture on the Royal Oak Campus of Oakland Community College.

The two-day program, sponsored by the Michigan Association for the Children of Alcoholism and Other Addictions and the Community Awareness Institute of OCC, begins with "Children Caught in the Alcoholic Cycle," 1-4 p.m. Friday, April 27, in the auditorium on the campus. Brooks examines children from different cultures and working possibilities along with leading a discussion on treatment techniques. The fee for the workshop is \$20 for members of the MichACOAA or \$30 for non-members. Registration begins at 12:30 p.m. Advance reservations are suggested.

On Friday evening in the public lecture, "Intimacy, Relationships and Recovery," Brooks looks at the factors surrounding intimacy and the steps necessary in establishing healthy relationships as recovery progresses. The program runs 7:30-9:30 p.m. in the auditorium on the campus. The \$10 fee is payable at the door. No advance reservations are required.

On Saturday, April 28, in an all-day personal workshop titled, "Codependency vs. Needs Fulfillment," Brooks looks at the behaviors associated with codependency, how to identify them and act on individual needs. The workshop runs from 9 a.m. to 4 p.m. with registration beginning at 8:15 a.m. in the auditorium on the campus. The advance registration fee is \$30 for MichACOAA members or \$45 for non-members. At the door the fee is \$55.

In addition to her presidency of the NACOA, Brooks is director of youth programs at Sharp Cabrillo Hospitals Family Treatment Center in San Diego, CA. She is also the founder and executive director of Next Step, a national center for education, training and consulting in the alcohol and drug field based in San Diego.

Her book, "The Secret Everyone Knows," is written from personal experience for children of all ages whose parents have drinking problems. She presents training workshops for professionals who want to learn more about helping children of alcoholics. She and her staff provide nationwide educational and consulting services to schools, colleges, agency treatment programs, employers and the general public.

More details and information about registration may be obtained by phoning 288-6636. The Royal Oak Campus of OCC is at 739 S. Washington, Royal Oak.

# Make-up session set to screen for scoliosis

The Easter Seal Society of Oakland County is holding a Scoliosis Screening on Friday, April 27, for those seventh graders who missed the screening held at their school. The screening will be held at the Easter Seal Office at 1105 N. Telegraph, Pontiac. Call 338-9626 for an appointment.

For the past 13 years the Easter Seal Society has provided Scoliosis Screenings annually at all public and private schools in Oakland County. Scoliosis, or curvature of the spine, develops gradually during the years of rapid teenage growth. If the condition is detected early and treated, further spinal deformity can be prevented.

The screening procedure is simple and takes only a minute or two. The screener looks at the child's back in the standing position and in the bending position. The students are asked to wear appropriate clothing so that the back may be exposed to screening personnel. Early detection is the key to optimal treatment.

"Please, my little girl needs blood."

Imagine if you had to ask for blood to save the life of someone you love. Next time the American Red Cross asks, give blood, please.

GIVE BLOOD, PLEASE

## consumer mailbag

A few weeks ago, Concern spoke at a workshop in Detroit. The topic was hazardous household substances. One topic of the greatest concern was the use of pesticides. As a result of the growing concern about the use of these products, today's column is on pesticide myths from the National Coalition Against the Misuse of Pesticides (NCAMP).

NCAMP is an organization whose goal is to educate people with the knowledge to prevent harmful exposure to and/or misuse of pesticides and encourage safe, alternative pest management strategies.

NCAMP states that pesticide misuse can begin "the moment a pesticide's development begins if careful steps are not taken to ensure public safety."

### Pesticide Myth No. 1:

"A pesticide registered by the U.S. EPA, and/or state authorities is safe."

Pesticide safety begins with what the market have not been adequately tested for their potential cancer-causing effects.

● 75%-84% of the pesticides on the market have not been adequately tested for their potential cancer-causing effects.

● 90%-93% of the pesticides have not been adequately tested for their ability to cause genetic damage.

● 60%-70% have not been fully tested for their ability to cause birth defects.



Terry Gibb

### Pesticide Myth No. 2:

"A pesticide is safe when it is used according to the label directions."

Pesticide ingredients must be listed on the label as "active" (the ingredients that actually do what the product is intended to do - kill insects) or "inert" (ingredients that form a vehicle to make the active ingredients easy to apply).

These inert ingredients are not

tested for their acute or chronic health effects and may be as dangerous as the active ingredients.

Product labels regarding emergency antidotes may not be the best first aid remedy. A random survey found that 85% of the labels had inadequate or erroneous first aid information, while 6% of the labels had information that would be dangerous to the victim.

Toxic (poisonous) pesticides ultimately touch everyone's life. From 1950 to 1983, pesticide production increased from 200,000 to 277 billion pounds. The introduction of this tremendous amount of toxic chemicals into the environment has a long-term impact on the ecological balance and human health. To reduce this overload of chemicals into your

environment, try these suggestions when using or considering pesticides:

1. Contact your local cooperative extension service. It can recommend the most effective and least polluting product to use.
2. Consider alternatives to chemical pesticides whenever possible. Organic remedies work very well and eliminate harmful effects to the environment.
3. After using a chemical pesticide, avoid over watering the area. The pesticide may run off with the excess water into sewers, storm drains or streams.
4. Do not apply pesticides if rain is forecast. Rain will carry these chemicals into nearby creeks or bodies of water.

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| <p><b>2x4 STUDS</b><br/>Grade Stamped S.P.F.<br/>7 Foot Sale Price <b>\$95</b><br/>8 Foot Sale Price <b>\$140</b></p>                                                     | <p><b>CD PLYWOOD</b><br/>Southern Pine<br/>15/32" (12'x4'x8')<br/>Sale Price <b>\$755</b></p>                                                   | <p><b>UNDERLAYMENT</b><br/>1/4" x 8'x8' Quality Luan<br/>Perfect for resurfacing floors and as a general purpose plywood. Normal thickness.<br/>Sale Price <b>\$7.95</b></p>                                                                     | <p><b>WE HAVE THE BEST WEATHER-RESISTANT LUMBER IN TOWN</b></p> <p><b>EMSCO GARDEN TOOLS</b><br/>No. 1250-48 Garden Hoe<br/>No. 1254-48 Shovel<br/>No. 1253-48 Cultivator<br/>No. 1223-48 Bow Rake<br/>Your Choice <b>\$3.39</b> each</p>        | <p><b>LIQUID NAILS</b><br/>No. LH 601-B<br/>Sale Price <b>99¢</b><br/>15 oz.<br/>General purpose construction adhesive</p>                                                                                                                                                                                                  | <p><b>PICNIC TABLES</b><br/>All hardware &amp; tools included<br/>No. 100 Round Table <b>\$54.95</b><br/>No. 101 Square Table <b>\$59.95</b><br/>No. 102 Round Table <b>\$64.95</b><br/>No. 103 Square Table <b>\$69.95</b></p> | <p><b>Wet Slick Plastic ROOF CEMENT</b><br/>Professional Grade<br/>3 Gal. Sale Price <b>\$10.95</b><br/>No. 95 Black<br/>6"x12" Patching Membrane <b>\$1.99</b><br/>No. 99 Black<br/>11 oz. Durable plastic and waterproof mastic. Use on brick, siding, roofing, gutters, glass, metal, etc.<br/>Sale Price <b>99¢</b></p> | <p><b>CLASSIC SHINGLES</b><br/>FIBERGLAS<br/>Sale Price <b>\$5.99</b> Bundle<br/>Sale Price <b>\$17.97</b> Square<br/>Class "A" Fire Rated<br/>20 Year Limited Warranty</p> |
| <p><b>EMSCO GARDEN TOOLS</b><br/>No. 1250-48 Garden Hoe<br/>No. 1254-48 Shovel<br/>No. 1253-48 Cultivator<br/>No. 1223-48 Bow Rake<br/>Your Choice <b>\$3.39</b> each</p> | <p><b>TOP SOIL OR PEAT</b><br/>40 lb. Bags<br/>Sale Price <b>99¢</b><br/>40 lb. COW MANURE Sale Price <b>\$1.49</b><br/>Limit 20 Bags Total</p> | <p><b>GUARANTEED 2-WAYS</b><br/>1. GUARANTEED FOR DURABILITY<br/>2. GUARANTEED FOR APPEARANCE<br/>Backed by Church's Exclusive...<br/>BUCK-A-BOARD (P.L.O.) GUARANTEE<br/>See stores for details.<br/>And if you're building a Cedar Deck...</p> | <p><b>WAYNE SUMP PUMPS</b><br/>PTU33<br/>PEDESTAL SUMP PUMP<br/>1.0 horse power<br/>Mechanical float switch<br/>LCS 20<br/>VERSUSIBLE SUMP PUMP<br/>Top suction with screened inlet<br/>Teasdale float switch<br/>Your Choice <b>\$48.88</b></p> | <p><b>Wet Slick Plastic ROOF CEMENT</b><br/>Professional Grade<br/>3 Gal. Sale Price <b>\$10.95</b><br/>No. 95 Black<br/>6"x12" Patching Membrane <b>\$1.99</b><br/>No. 99 Black<br/>11 oz. Durable plastic and waterproof mastic. Use on brick, siding, roofing, gutters, glass, metal, etc.<br/>Sale Price <b>99¢</b></p> | <p><b>CLASSIC SHINGLES</b><br/>FIBERGLAS<br/>Sale Price <b>\$5.99</b> Bundle<br/>Sale Price <b>\$17.97</b> Square<br/>Class "A" Fire Rated<br/>20 Year Limited Warranty</p>                                                     | <p><b>Wet Slick Plastic ROOF CEMENT</b><br/>Professional Grade<br/>3 Gal. Sale Price <b>\$10.95</b><br/>No. 95 Black<br/>6"x12" Patching Membrane <b>\$1.99</b><br/>No. 99 Black<br/>11 oz. Durable plastic and waterproof mastic. Use on brick, siding, roofing, gutters, glass, metal, etc.<br/>Sale Price <b>99¢</b></p> | <p><b>CLASSIC SHINGLES</b><br/>FIBERGLAS<br/>Sale Price <b>\$5.99</b> Bundle<br/>Sale Price <b>\$17.97</b> Square<br/>Class "A" Fire Rated<br/>20 Year Limited Warranty</p> |
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