

New program coming to community cable TV

Broadcast television has a schedule each year in which even we anticipate new television series.

One of the most unusual characteristics of Community Access Television is that new shows are happening all the time. Each show is played with much frequency as the producers are eager for their local audience to have a variety of times in which to see the show.

Community Television also features a personalized option. You may call the programming department at MetroVision and request to see a show from Channel 12 again on a Friday at your preferred time.

A new series on Channel 12 is being announced by Executive Producer Linda Newman. It is titled "Prescription for Your Health." The first show is about walking for fitness and health.

The show may be seen Mondays at 8 p.m. and Thursdays at 12:30 p.m.

Linda has asked her sister to host the show. Joan Rizzio is upbeat and an enthusiastic personality. She has television experience as a TV news commentator from Marquette.

Linda emphasizes that the show is informative and positive. She hopes you will enjoy watching. "Prescription for Your Health."

PROGRAM SCHEDULE

Monday, Dec. 31

- No programming today



cable connection

Lark Samouelian

executive director,
Southwestern Oakland Cable Commission

Tuesday, Jan. 1

- No programming today

Wednesday, Jan. 2

- 10 a.m. — Farmington Hills Beautification Awards
- 11 a.m. — Live and Let Live: P.O.W. Sightings
- Noon — Novi Skits-O-Pranks: "Ham-A-Lot"
- 1 p.m. — Senior Pen Pals
- 2 p.m. — Farmington Focus
- 2:30 p.m. — Dickerman Show: Case Center Piece
- 3 p.m. — Crisis in the Modern Family: S.N.A.R.E.
- 6 p.m. — Tri-City Update
- 7 p.m. — Home Computer Network: Data Erase II
- 7:30 p.m. — Horizons
- 8 p.m. — Farmington Hills Beautification Awards
- 9 p.m. — Dance with Virginia
- 9:30 p.m. — Sounds and Rhythms of our World.

Thursday, Jan. 23

- 10 a.m. — Senior Adult Exercise

• 11 a.m. — Seniors on the Move: Ballroom dancing

• 11:30 a.m. — Neighborhood Watch

• Noon — Horizons

• 12:30 p.m. — Prescription for your Health: menopause

• 1 p.m. — Dance with Virginia

• 1:30 p.m. — Viewpoint

• 2 p.m. — My Vote Counts

• 2:30 p.m. — Chi-Aerobics: Lesson 2 Ewrin Lieberman

• 3 p.m. — Senior Messenger

• 6 p.m. — Senior Adult Current Events

• 7 p.m. — Jr. Japanese: Lesson 3

• 7:30 p.m. — Viewpoint

• 8 p.m. — Farmington Focus

• 8:30 p.m. — Crisis in the Modern Family: S.N.A.R.E.

• 9:30 p.m. — Lansing Connection

Friday Pick of the Week

Request your favorite community access program to be cablecast between 3 p.m. and 9 p.m. Friday. Call MetroVision at 553-7303.



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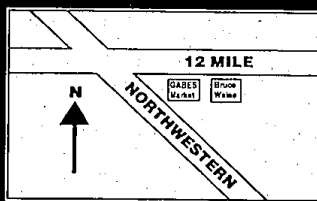
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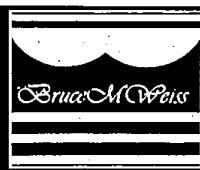
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