Caregiving is topic for OWLs

Dr. Susan Ganete will talk about caregivers, their burden and how it can be compared to the common of the common o



the number of older Americans who

the number of older Americans who are fundamentally impaired, 80 per-cent remain home to be cared for by a member of his or her family. "Some just can't afford a nursing home." She said "Some really don't need one. yet Some have necess to inchome respect, a variety of public services, personal care services delivered in the home. Some aftered adult day care centers, either regularly or periodically, and many are able to stay in their homes because they receive Chine Services."

Chure Services, a program that throates, many home home positions home positions and throates more home positions are not supported to the processes.

Chore Services, a program that GANOTE SAYS that today, out of provides minor home maintainance

'We work here on all fronts; support groups where caregivers can vent their anger. educational programs, counseling and group counceling where we emphasize setting goals.'

--- Dr. Susan Ganote

chores for the elderly or homebound, is administered in this area through the Farmington Hills Senior Adult Center, housed within the Mercy Center, housed within the Mercy Charles and the Mercy Charles and Charles and the Mercy Charles and Charle

now.
"Many, many times we see Interaction where the most they are
learning is from one another. We add
to this positive attitude by finding
the humor that's there. Oh, it is there
all right and you better find it if you
are going to be able to cope at all."

own does not be sole to cope at all."

OWL MEMBERS work together as grassroots advocates to better the lives of middlife and older women with six priorities nation-wide.

The goals are a national health care system; a more equitable Social Security system, increased access to housing and bousing alternatives, the elimination of discrimination in the unique of middle and older women, asying in control to the end of life, and expanded employer-sponsored pension coverage.

and expanded imployer sponsored pension covers at the local mession covers at the local level is disbursing information on current legislation pertinent to our goals, or anylinformation that is of a concern to the middle and older women, theshe guest speakers at our meetings," said Virginia Nicoll, president of Farmington ONL. "All of our programs are designed to better the older women's lot, so all of them are offered free to the public." For our regular members, please alert that our regular meeting place has been charged to the Farmington Hills Branch, Jubrary just for this month."

William Whitehead, organ virtuoso who is listed in Who's Who in American Music, will be in concert 3 p.m. Sunday, Feb. 3 in Nardin Park United Methodist Church, 29887 11 Mile Road. The concert is the third in the church's 1990-91 Music Series and is followed by a reception for guests to meet the artist. There is no charge.

Deja vu: It's the '60s all over again



according to Don Nichols, author of the "Debrious Decade," which chronicled life on campus through the 60s

cesses of the Civil Rights movement in the early '60s. An area that Nichols is uncertain about is that of political involvement on the part of young and old alike

One theme of his social history is that advocates of change during the 60s took an active part in voter reg-istration and supporting challenges.

"But if one looks at statistics of the last election, it looks like voters have given up," Nichols said.

CONTROVERSIES over censor-ship and what is art and what is of-fensive language also help to recall the earlier decades.

the cartier decades.

Beginning with the "Free Speech" movement in California in 1963, efforts to liberate the language while throwing off the shackles of the establishment led to graffitt and the popularizing of words considered obscene.

Nichols said that "2 Live Crew" has nothing on "The Recorder," the newspaper published on Orchard Ridge Campus, OCC, which was shut

newspaper published on Orchard Huge Campus, OCC, when was shut down by the college's board of trustees in 1971 for using too many oftensive words on its pages. In a less centroversial arena, that of social mores or customs, Nichols that were in 1971 and fads can trace their acceptance to the '60s when almost anything was fashionable.

"The other night I was watching our college baskettall team play must College (from Flint, and the players' haircuts were a thing to behald. Of the 10 players on the floor, both black and white, there were seven different hairstyles. Nobody made any comments, 'he said Copies of Nichols' book, 'The De-Irrious Decade' are available in all Oct bookstores, in Borders and in Little Professor.

Valentine dance keeps romance alive

In concert

Homance is alive and well as the Earmington Community Band pre-pares for its annual Videntine's Inc-ner Tatace Friday, Feb. 8 in Glen-lats Country Club. The dinner dance has become a popular alterna-tive for thate who dare to go beyond cards, and flowers for their special sormone, and also fur those who sim-ply wish to enjoy an evening of din-ing and daneing with good frends, good food, and good music.

The evening beans 5.20 n m, with

The evening begins 6.30 p.m. with a cash bar cocktail hour, followed by

a buffet dinner that includes three entrees, a full salad table, vegetable dishes, relishes and of course des

disloss, relisbus and of rourse descent after the Farmangton community Jazz and Lone Hand goes on many Jazz and Lone Hand goes through the additional case in the land that been performing in the area for 15 years and continues to delight audiences with a wide variety of unieless selections.

The magic ends at midnight but the memories last forever. Tickets for Valentine's Dinner-Dance are available for \$25 per person and must be, reserved in advance Early reservation is recommended by calling Gunny McDonald. 476-5014.

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