

# Metrovision tours are instructional — and fun

Has your group or organization ever been to a television facility? Schedule ahead and plan a tour at MetroVision. MetroVision's Production Specialist Joan Little will guide you through the world of cable television. The tour covers:

- What a cable company does.
- How your programming options are changed. Meet a CSI.
- What the Satellite Dish does. See a Satellite Dish.
- See the main controls. Tour the headend.
- How to produce a television show. Tour the studio and control room.
- See yourself on videotape as one would on TV.

Tours for children will include meeting Victor, the talking video camera.

Groups or organizations may schedule organizational television workshops if they have 10-15 members willing to learn. The sessions will then be designed with your group's television interests in mind. To first schedule a tour of MetroVision facilities contact Joan Little, 553-7373.

## PROGRAM SCHEDULE

Monday, Feb. 11

- 10 a.m. — Novi Talkin' History: Earl Holmes
- 11 a.m. — Women on the Move: dentist
- noon — That's Italian: Claro band
- 12:30 p.m. — Travels with Kay: Romania/Yugoslavia
- 1 p.m. — P.S. Let's Talk About It: hair stylist
- 1:30 p.m. — Lifestyles of the poor and homeless
- 2 p.m. — Citizens symposia
- 3:30 p.m. — Marc Country TV: amateur radio club field day
- 4 p.m. — Lansing Connection
- 4:30 p.m. — What's the Concept?
- 5 p.m. — Home Video Enhancement: session 3
- 5:30 p.m. — Groove Session: Kaven Couch and Keith Coldwell
- 6 p.m. — Serendipity: Valentine's Day
- 6:30 p.m. — Mormon Church: together forever
- 7 p.m. — Jr. Japanese: lesson II
- 7:30 p.m. — Chi-aerobics: internal power: lesson 3
- 8 p.m. — Prescription for your health: Traumatic brain injury
- 8:30 p.m. — Novi family health



## cable connection

**Lark Samouelian**  
executive director,  
Southwestern Oakland Cable Commission

series: hypnosis

• 8 p.m. — Farmington's past people and places: history of Farmington

Tuesday, Feb. 12

- 10 a.m. — Senior Adult Exercise
- 11 a.m. — Valley of Decision
- Noon — Drawing men to Christ
- 1 p.m. — Women on the Move: dentist
- 2 p.m. — Novi Family health series: hypnosis
- 2:30 p.m. — Home Computer Network: using your new computer
- 3 p.m. — Tri-City Update
- 4 p.m. — Life Matters
- 4:30 p.m. — Medical decisions and ethical dilemmas: do not resuscitate orders
- 5 p.m. — Farmington's past

Wednesday, Feb. 13

- 10 a.m. — Oakland Press Perspective
- 10:30 a.m. — Legislative Forum
- 11 a.m. — The Job Show
- 11:30 a.m. — Study in Scripture
- Noon — Trumpet of Praise: When will Christ return II

- 12:30 p.m. — Michigan 50's car show
- 1 p.m. — Trouble in the Forest: acid rain
- 2 p.m. — Farmington Focus
- 2:30 p.m. — Oakland County Parks: feeding the flocks
- 3 p.m. — Crisis in the Modern Family: chemical dependency
- 4 p.m. — Novi State of the Cities Address
- 5 p.m. — Home Video Enhancement: session 3
- 5:30 p.m. — Know your ordinance officer
- 6 p.m. — Tri-City Update
- 7 p.m. — Home Computer Network: Using your new computer
- 7:30 p.m. — Horizons
- 8 p.m. — My Vote Counts
- 8:30 p.m. — P.S. Let's talk about it: hair stylist
- 9 p.m. — Groove Session: Kaven Couch and Keith Coldwell
- 9:30 p.m. — Travels with Kay: Romania/Yugoslavia

- 11:30 a.m. — Smart Talk: transportation
- Noon — Horizons
- 12:30 p.m. — Prescription for your health: traumatic brain injury
- 1 p.m. — Senior Spotlight
- 1:30 p.m. — Viewpoint
- 2 p.m. — My Vote Counts
- 2:30 p.m. — Chi-aerobics: internal power: lesson 3
- 3 p.m. — Senior Messenger
- 4 p.m. — Kathy Does Stand Up
- 4:30 p.m. — What's the concept?
- 5 p.m. — Senior Adult Current Events
- 6 p.m. — Teenage baseball card show
- 6:30 p.m. — Medical decisions and ethical dilemmas: do not resuscitate orders
- 7 p.m. — Jr. Japanese: lesson II
- 7:30 p.m. — Viewpoint
- 8 p.m. — Farmington Focus
- 8:30 p.m. — Crisis in the Modern Family: chemical dependency
- 9:30 p.m. — Lansing Connection

Thursday, Feb. 14

- 10 a.m. — Senior Adult Exercise
- 11 a.m. — Seniors on the Move: Vic Smallis

FRiday Pick of the Week

Request your favorite community access program to be cablecast between 3 p.m. and 9 p.m. Friday. Call MetroVision at 553-7303.

## recreation news

Each week, the Recreation Division of the Farmington Hills Department of Special Services presents a synopsis of upcoming activities in this column. For further information regarding programs, please contact the recreation office at 473-9570. Pre-registration is required for most activities. For matters regarding city council agenda items, call the city's Newsline at 476-3838.

### • DADDY-DAUGHTER DANCE

A memorable evening is awaiting dad and his daughters on Friday, Feb. 8, from 7 to 8:30 p.m. at the Mercy Center. This fun-filled evening includes dancing, refreshments, corsage for daughters, a boutonniere for dad and a picture of the couple. Pre-registration is required, as space is limited.

### • PARKEY'S VALENTINE CELEBRATION

Children ages 5-10 can join the Recreation Division's mascot, "Parkey the Panda," for a morning of games, arts and crafts and other fun activities in celebrating Valentine's Day. The activity will be held at the Visitors Center at Heritage Park, Saturday, Feb. 9, from 10-11:30 a.m.

### • TENT RENTALS

The Recreation Division will begin taking in-person reservations on the first Monday in February at its office. Monday through Friday, from 8:30 a.m. to 4:30 p.m., for the open-air shelter at Heritage Park and the 20- by 40-foot tent. Rental fees and security deposit must be paid at the time of reservation. For further information, call the Recreation Division at 473-9570.

### • CHESS CLASS

Individuals age 10 and up who are interested in developing basic chess skills and building them into more complex strategies can register for this eight-week session that will be held on Wednesday evenings from 7 p.m. beginning Feb. 13 at the Visitors Center in Heritage Park. Pre-registration is required.

### • ASTRONOMY CLASS

This class will take you on a visual tour of the solar system seen through the photographic "eyes" of NASA's Mariner, Viking, Pioneer and Voyager spacecraft. You will also learn how to choose, buy and operate an amateur telescope. Class will be held on Friday, Feb. 8, from 7-9 p.m. at the Heritage Park Visitors Center. Pre-registration required.

## YMCA highlights

These YMCA highlights appear courtesy of the Farmington YMCA, 28100 Farmington Road, Farmington Hills. For more information, call 553-4020.

• **PROGRAM REGISTRATION**  
Registration for the array of programs will be held the week of Feb. 11, followed by Members and

Program Members Feb. 12 to Feb. 16. Call the Y for more information.

### • STEP FITNESS CLASS

The next STEP in aerobic fitness classes is here. The YMCA will be offering its STEP class Monday, Wednesday and Friday from 10-11 a.m. and Saturdays from 9-10 a.m. The STEP class allows both the

beginner and the conditioned athlete a safe low impact class. Call Greg Vass at the Y for more information.

### • RACQUETBALL LESSONS

Boys and girls ages 12-18 are encouraged to enroll in the Y's youth racquetball instructional program. Classes are held on Saturday mornings.

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Novi, Michigan 48375  
(313) 348-3348  
Eaton Center - West of Novi Road

## MAKE VALENTINES DAY A SPECIAL DAY

**THURSDAY & FRIDAY  
FEBRUARY 14 & 15, 1991**

**VALENTINE'S DAY DINNER, DANCE & ROOM**

**\$75**

- Dinner package
- Dance package
- Overnight room accommodations
- Breakfast for two w/ momma's

includes:

**VALENTINE'S DAY DINNER & DANCE**

**\$40**

- Champagne split
- Dinner - salad, choice of prime rib, orange roughy, breast of chicken, green peas w/ pearl onions, twice baked potato, dessert - peach melba
- Play Yesterday's dance package

includes:

**VALENTINE'S DAY DANCE IN YESTERDAY'S**

**\$5.00**

- Live entertainment by "Black Tie"
- Sweetheart Bottle of Champagne
- Door Prizes
- Cameraman for the ladies

cover includes:

**BROADWAY GRILLE**

NEW YORK STYLE RESTAURANT

**Yesterday's**

Featuring  
Oldies & Goodies  
Live Every Saturday

**DAYS HOTEL**

SOUTHFIELD ENTERTAINMENT COMPLEX  
17017 W. 9 Mile, Southfield  
313-557-4800

**FRIDAY FEBRUARY 15, ONLY  
A BROADWAY TYPE PRODUCTION**

**BROADWAY HEARTS & FLOWERS - SHOW ONLY**

**\$10.00** General Seating  
**\$20.00** Per Couple General

**\$15.00** Preferred Seating  
**\$30.00** Per Couple Preferred

**DINNER, SHOW AND ROOM**

**\$90**

- Two Preferred Seats
- Dinner Special for Two
- Yesterday's Lounge after the show
- Overnight accommodations for two
- Breakfast for two w/ momma's

includes:

**DINNER and SHOW**

**\$55**

- Two Preferred Seats
- Choice of Entree - prime rib, orange roughy, breast of chicken w/ champagne sauce, green peas w/ pearl onions, twice baked potatoes, dinner salad, dessert - peach melba.

includes:

## ORIGINAL BULK FOODS

474-1043

NOW...EXCITING WAY TO SHOP WHERE BUYING A LITTLE SAVES YOU A LOT!

West River Center  
30202 Grand River  
Between Orchard Lake & Middlebelt - Farmington Hills - Target Shopping Area  
474-1043

**Large Selection of Valentine Candy**

California Thompson Raisins & Pitted Prunes **99¢ lb**

Gummy Saver **\$1.49**

Bears & Dinosaurs **\$1.49**

Yogurt or Chocolate Covered Raisins **\$1.99 lb**

Oatmeal **59¢ lb**

Quick or Old Fashion **59¢ lb**

Oat Bran **79¢ lb**

Select Pasta **59¢ lb**

Select Gourmet Coffee **\$3.99 lb**

(Columbian, Dutch, Breakfast Coffee 1 Lb/box)

**OVER 4,000 ITEMS IN STOCK**

Dried Michigan Cherries, Cranberries, Blueberries, Large Selection of Fresh Spices at Reduced Prices - Best Gourmet Coffee and Teas in Town

**Large Selection of Sugar Free and Low Cal Candy**

Sugar Free Hard Candy **\$1.99 lb**

Oriental Rice Cracker Mix **\$2.79 lb**

Prices & quantities subject to change without notice

422 Woodward  
South of 14 Mile  
Royal Oak  
549-0033

**Jumbo Roasted Cashews \$4.99 lb**

Cashew Pieces **\$2.99 lb**

Sweet Turkish **\$2.49 lb**

Appetizers

California Pitted Dates **\$2.79 lb**

California Pistachios **\$2.99 lb**

Natural or Red Fruit Juice Sweetened Granolas (no sugar added) **\$1.99 lb**

Fortune Cookies **\$1.99 lb**

Joyce Chocolate Jells **\$1.99 lb**

Select Trail Mixes **\$1.99 lb**

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**\$1 EXTRA SAVINGS COUPON**

ON ANY \$10.00 PURCHASE OR MORE EXCEPT SALE ITEMS

1 Coupon Per Customer Exp. 2-27-91

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ALL 1/2 OFF MERCHANDISE FINAL SALE ONLY  
ALTERATIONS AT COST - NO LAYAWAYS