

# Follow this guide to California wine country

Interested in traveling the wine regions of California? Here are a few suggestions based on our trips to wine country.

Driving time to the wine regions of Napa and Sonoma is about 1.5 hours north from San Francisco. Cross the Golden Gate Bridge heading north on Highway 101. About 45 minutes north of the bridge, follow the signs for route 37 and Napa Valley. Once in Napa, we suggest you visit wineries along Highway 29 stretching 30 miles from the city of Napa to Calistoga. You can learn which of these wineries is open to the public with specific days and hours for tours and tasting by sending for "Wine Country Guide to California" available from The Wine Spectator, Opera Plaza, Suite 2014, 801 Van Ness Ave., San Francisco, Calif., 94102. Cost is \$4.95 plus \$2 postage and handling.

Here's a suggested three-day itinerary.

SINCE MOST wineries open for tours about 10 a.m., you can drive from San Francisco on day one and get started at Robert Mondavi Winery. The tour at Mondavi is complete and sufficiently detailed to get you

started on understanding the intricacies of winemaking.

Make lunch reservations in advance. (707) 944-8844, at the restaurant at Domaine Chandon. Request an outdoor table if the weather is pleasant. Follow lunch with a winery tour to learn how sparkling wine is made.

Continue north and stop at Beringer Vineyards, then on to Sterling Vineyards where a gondola ride brings you to the white monastic-looking structure perched atop a hill. Stay overnight in Calistoga and indulge in a massage at a local spa. Days two and three put you in Sonoma County, much larger and more expansive than Napa Valley. On the morning of the second day, leave Calistoga on Highway 128 north and follow signs to Healdsburg for your day's first visit at Simi Winery. Use your wine country guide for Dry Creek Valley tours and tastings at one or more of the valley's premier wineries.

For lunch, choose one of several smaller eating establishments in central Healdsburg, then continue south on Highway 101 to the sparkling wine producer Piper Sonoma. You will especially want to visit



focus on wine  
**Eleanor and Ray Heald**

here if you didn't take a tour at Domaine Chandon on day one.

**PLAN TO LODGE** in Santa Rosa, the heart of Sonoma winegrowing. There are many fine lodging and dining opportunities in Santa Rosa from bed and breakfast establishments to hotel resorts.

Best hotel resort is the Flamingo (707) 545-8530, at Fourth Street and Farmers Lane. It features a complete health and fitness center, massage, tennis, olympic pool and gourmet restaurant. It is also equipped to

help arrange horseback tours of wine country, hot air ballooning, canoeing and golfing.

To start day three, drive Route 12 from Santa Rosa toward the city of Sonoma. Many wineries are located along this route. Continue the drive to the city of Sonoma for lunch. Park along the town square and find the French bakery, the Sonoma Cheese Factory and the sausage shop for picnic supplies. If you have bought wine during a morning visit, you are ready for your picnic in the town park.

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## WINE SELECTIONS OF THE WEEK

While you're preparing a trip to California Wine Country, remember that Michigan has a wine industry that's alive and well. A sampling of some of the recent releases from Good Harbor Vineyards in Lake Leelanau exemplify this fact.

**1990 Fabletown White** (#6) is reminiscent of a dry-style German riesling and an exceptional wine for the money. Its fresh apple aromas and flavors are very attractive.

**1989 Vigoles** (#7) is a beautiful marriage of pear and pineapple fruit with vanilla oakiness. It's difficult to find light-style California chardonnays with this quality at the same price.

**1990 Riesling** (#7.50) is a perfect warm-weather wine. Serve it with a cold shrimp or salmon dish and enjoy its citrus blossom and apple freshness.

**Trillium** (#8) is a wine that Good Harbor Vineyards winemaker Bruce Simpson has learned to do right. "I don't mess around and experiment with it anymore," he says. And well he shouldn't! It's delicious in its off-dry style.

## WINE BULLETIN BOARD

Attend La Fete au Jardin, a garden party and wine tasting to benefit the children and families served by the St. Vincent and Sarah Fisher Center. This fourth annual event will be held 2-6 p.m. Sunday, June 2, on the center's grounds at the corner of Foster and 12 Mile roads in Farmington Hills.

## cooking calendar

### 2 CLASSES

Michigan produce will soon be arriving in local markets, and the Oakland County Cooperative Extension Service is offering two classes to help disseminate the latest USDA safe-canning recommendations to the public.

One class is a home study, for \$15, and the other is a hands-on two-morning workshop Tuesday, July 16, and Thursday, July 18, for \$7.50 a

session. Sylvia Treitman, home economist, will teach.

The Food and Nutrition Hotline also opens from 3 p.m. to 6 p.m. Monday-Friday for all food and nutrition related questions.

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<p><b>IGA Tablerite</b></p> <p><b>Center Cut • BONELESS</b></p> <p><b>Rolled Pork Loins</b></p> <p><b>\$2.99</b> LB.</p> <p>Save \$1.40 lb.</p>	<p><b>Paul Bunyan</b></p> <p><b>Special Cut • Whole or Half</b></p> <p><b>Hams</b></p> <p><b>\$2.29</b> LB.</p> <p>Save \$0.00</p>
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<p><b>IGA Tablerite</b></p> <p><b>Chicken Drumsticks &amp; Thighs</b></p> <p><b>89¢</b> LB.</p> <p>Save 30-40¢ lb.</p>	<p><b>IGA Tablerite</b></p> <p><b>BONELESS</b></p> <p><b>Sirloin Tip Steaks</b></p> <p><b>\$2.59</b> LB.</p> <p>Save 50¢ lb.</p>
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<p><b>IGA Tablerite</b></p> <p><b>Quarter (11 Chops) Pork Loin</b></p> <p><b>\$1.79</b> LB.</p> <p>SAVE 30¢ lb.</p>	<p><b>12 oz. pkg. Mr. Turkey</b></p> <p><b>Turkey Franks</b></p> <p><b>79¢</b> pkg.</p> <p>Save 60¢ pkg.</p>
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<p><b>Our Own Homemade Italian</b></p> <p><b>Sausage Patties</b></p> <p><b>99¢</b> lb.</p>	<p><b>IGA Tablerite</b></p> <p><b>Spare Ribs</b></p> <p><b>\$1.99</b> lb.</p>
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<p><b>Produce</b></p> <p><b>Southern Grown Sweet Juicy Peaches</b></p> <p><b>58¢</b> lb.</p> <p><b>Florida Sweet Red Ripe Watermelon</b></p> <p><b>33¢</b> lb.</p> <p><b>Fresh New Crop Green Onions or Radishes</b></p> <p><b>3 for 99¢</b></p>	<p><b>Coke Products</b></p> <p><b>All Varieties</b></p> <p><b>2 Liter 99¢</b> Dep.</p> <p><b>12 Pack Cans</b></p> <p><b>\$2.79</b> Dep.</p>	<p><b>Bakery</b></p> <p><b>Oven Fresh Golden Wheat Bread</b></p> <p><b>79¢</b> 20 oz.</p> <p><b>Italian Bread</b></p> <p><b>89¢</b> 20 oz.</p> <p><b>Sloppy Joe Buns</b></p> <p><b>99¢</b> 20 oz.</p>
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**Del Monte Vegetables 2/88¢** 16.17 oz.

**Bush's Baked Beans 49¢** 21 oz.

**Hellmann's Mayonnaise \$1.99** 21 oz.

**Mueller's Pasta 59¢** Regular or Light Varieties 8 oz.

**Wishbone Dressings 99¢** Regular or Light Varieties 8 oz.

**Frozen**

**Banquet Dinners 99¢** 10.12 oz.

**Orange Juice 99¢** 100% Pure, Unsweetened 12 oz.

**Premium Ice Cream \$2.49** 1/2 Gallon Round Carton

**Dairy**

**Blue Bonnet Margarine 48¢** 1 lb. 15g.

**Orange Juice \$1.79** 1/2 Gallon Carton

**FAME Milk \$1.99** Homogenized Gallon

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