prize for recipe

Antipasto Coro Bread, a recipe created by Joyce Ferguson of Ro-chester Hills, has been named first-prize winner in the Breads and Cori-fice Cakes category of Quaker coro-meal's recent 'Contemporary' Classics' Recipe Contest.

Four easy-to-prepare recipes each were selected for \$1,000 first prizes. The annual search for recipes pro-pared with Quaker corn meal drew nearly 30 percent more entries than in previous years.

neariy 30 percent more entries than in previous years.

Ferguson's recipe combines traditional corn bread flavor with the Italian-style additions of pepperoni, olives, cheese, bell peppers, basil and oregano. The versatile bread may be baked in a baking pan, a cast iron skillet or in muffin pans.

ANTIPASTO CORNBREAD cup Quaker Corn Meal cup all-purpose flour % teaspoons baking powder

2 % teaspoons baking powder
% teaspoon saking sods
% teaspoon sali (opitonal)
% cep milk
% cup plain low-fat yogurt
% cup (% atick) margarine, melted)
2 eggs, alightly beaten
% cup complete poperoni
One 2 % ounce can (% cup) dj.ced
ripe olives, drained

% cup shredded provolone or moz-zarella cheese % cup seded, chopped tomato I tablespoon fresh chopped basil or 1 teaspoon dried basil % teaspoon dried oregano leaves.

Heat oven to 400 degrees. Grease nine-by-nine-inch baking pan or 10-inch cast from skillet. Combine curn and the state of the state of

pan on wire rack. Nine servings.

Variation: For muffins, grease 12
3-inch muffin cups or line with paper
baking cups. Prepare batter as recipe directs; fill prepared muffin
cups % full. Bake 16 to 18 minutes
or until deep golden brown.

Nutrition information: Each serv-ing (one ninth of combread) Calories 200, Calories from fat 90, protein 7g, carbohydrate 20g, total fat 10g, cho-lesterol 45 mg, dietary fiber 1g, sodi-um 400 mg.

new products

BEEF BROCHURE
Get a head start on easy, carefree outdoor cooking with the help of a new recipe folder from the beef in dustry. "Marinate and Grill Beef Recipes."

To receive a single free copy, send a stemped, self-addressed, business size envelope to the Michigan Beef Industry Commission, 2145 University Park Drive, Suite 300, Okemos, Milch, 48864. Allow four to six weeks for processing.

Area woman wins Mumm's the word in Napa Valley

Around the country, Mumm Napa Valley wices are making more than mere splashes in champagne glasses. In 1988, Mumm Napa Valley made a modest debut with 10,000 cases of its non-vitaleged Mumm Cu-vee Napa. Today, it is still considered among California's newest methode champenoise sparkling wine producers but one of the top sellers, producing alightly more than 100,000 cases after only five years. Mumm Napa Valley is a joint venture between the Champagne house of G.H. Mumm & Cie. of Reims, France and the Seagram Classics Wine Co. Classics, a premier producer and marketer of fine wines, also overs and markets of the wines, also overs and markets of the wines, also overs and markets of the supports and markets. Champagne Mumm.

"While it carries the name of its prestigious parent company, at Mumm Valley we're not trying to make an expression of a French product." said winemaker Greg Fowler. "Mumm Napa Valley is a ruit-oriented style of sparkling wine.

"In any non-vintage sparkling

fruit-oriented style of sparkling wine.

"In any non-vintage aparkling wine, such as our Brut Prestige, the house style must dominate. Ours is an artistic expression of California fruit. We source from 56 vineyards and contract with 34 growers to produce the Mumm-Napa Valley style. For other wines in the product line, the vineyard or the vintage can be staged."

For other wines in the product his evineyard or the vintage can be seen to be



'While it carries the name of its prestigious parent company, at Mumm Valley we're not trying to make an expression of a French product.'

— Greg Fowler winemaker

(\$24) is assessed. It was a reintively sool wintage in 1987 — just what grapes destined for sparfuling wine need. They maintain their vibrant acidity while developing full aromas and flavors.

The top of the line packaging from Mumm Napa Valley is the Vintage Reserve, made only in years exhibiting special qualities. Current release is the 1987 Vintage Reserve (\$24). It is lean, streamlined, elegant and finesseful. "Tim extremely pleased with this wine," said Fowler. "I think

we got it just right."
What's next? "We made a 1989 cuvee," Fowler said, "But I'm not sure
yet, if it will be released as a Vintage Reserve or not."
While Fowler said that his product
is not an imitation of a French
champagne, it must be noted that the
company's president and chef de
caves Guy Devanx was born in Epernay, in the heart of France's Cham-

Manum Napa Valley Brut Pres-tige (817) showcases ripe, fra-grant fruit automas over gene to the common of the common of the impression of laworful fruit shet hamperssion of laworful fruit shet hamperssion of laworful fruit shet hamperssion of laworful fruit shet percent pinot noir, 33 percent pinot me-nier with pinot gris as the bal-ance. The latter, albett small per-entage, adds a spice element to the nose and sets the house style apart. This sparkler will peak lose toasting the bride, celebrat-ing a June anniversary, or simply enjoying the glit of friendship.

pagne district. Devaux has devoted more than 40 years to creating fine still and sparkling wines in France and the United States. In 1969, Devaux came to the Unit-ed States to work at Gold Seal Win-

ed States to work at Gold Seal Win-ery in Hammondsport, in New York Finger Lakes, Gold Seal was a plo-neer In the production of sparkling wines. In 1979, Devaux drew on his sparkling wine knowledge and be-came involved in the development of Mumm Napa Valley.











Largest Tropical Fish Sale Evert
CHECK OUR EVERYDAY NEW LOW PRICES

WEDNESDAY	FISH SA	ALE! BUY	2 - GET ONE	FREE!	CLUB
		LUB PET	,	REG.	PRICE
JUMBO NEON	1.49	6/5.88	GAR 5-311"	8.99	6.88
VIOLET RAINBOW	3.99	2.88	BETTA	3.99	1.88
PANDA CORY	3.99	1.88	PERCULA CLOWN	9.99	6.88
TWIN BAR PLATY	1.29	3/1.88	BLUZ TANG	34.99	28.88
FANCY GUPPY	1.99/pr		EMPEROR TETRA	2.99	1.88
HARLEGUIN RASBORA	1.99	.68	STRIPED CONVICT	2.99	1.48
TURGUOISE RAINBOW	7.99	5.88	BOSEMANI RAINBOW	5.99	4.88
BLUZ ETZ PLECO	14.88	12,88	8 LEGE RAINBOW	2.99	1.88
MED PLECO	1.99 2.99	.88 1.88	VIOLET RAPIBOW	3.99	2.88
POTTED PLANTS			OMETER D. TOWN	50	
2135 TELEGRAPH RD. • BLOOMFIELD TOWN 59.					



Elegant Styling And Uncompromised Quality In Premium Oak Doors and

- Sparkling Beveled Glass Inserts • Oak, Steel & Fiberglass Doors
- · Marvin Windows
- Peachtree Windows & Doors
- Fine Quality Tiffany Lamps

744 Starkweather Plymouth, MI 48170 453-1660





Father's Day Sale 20-50% Off

entire inventory - featuring -

Fila • Ellesse • Sergio Tacchini • Nike • Head Tail • Ixspa • Keds

ENNIS Plus

Applegate Square • 29983 Northwestern Hwy
• Southfield, Mich. 48034 • (313) 357-7744





