

## LISTINGS NIGHT OWL

2:30 mm to 6:00 am

3:00 (2) (7) WWF Wrestling Spotlight
(8) MOVIE: The Dead Zone (Fantasy Inntiler, 1983) A schoolsective emerges from a five-year come with special powers. Christopher Walten, Brooks Adams.

R: MOVIE: Griss Gross (Suspense, 1949) A woman prompts a good man to take up a life of crime. But Lancaster, Yvone De Carlo

3:05 ED MOVIE: Blackout (Suspense, 1985) A detective becomes obsessed with solving a gruesome murder. Richard Widmark, Keith Carradne.

3:25 SD MOVIE: Lest Call (Thrifer, 1991) A developer and his assistant seek revenge for a bad real-estate deat. Shannon Tweed, William Kaff. 'R'

3:30 @ Senior PGA Golf Vantage Cham-

pionship, final round from Clemmons, N.C. (R)

N.C. (R)

4:00 ES & Nove Attempted baidness cures;
Alan Rechins.

30 - MOVIET - Five - Brandad - Woman.
(Dram. 1990) Five Yugostavian girls
prove themselves worthy to ight the
Nazis Sarau Margan, Van Halm

8:00 WCW Main Event

4:10 EM MOVIET - China - Mar Mar Anne

ISS WGW Main Event 4:10 ID MOVIE: Chips, the War Dog (Advance; 1989) A Cerman shepherd and his trainer become tegends on the bettlefield. Brandon Dooples, William Devane.

4:15 (2) MOVIE: Escape From the Iron Certain (Suspense Brams, 1957) A Hungarian agent seeks to defect to the West, Theodore Blad, John Bentley.

4:30 SD MOVIE: Dangerous Corner (Mystery,

1934) A group of people accidentally discovers a tragic secret. Meloyn Douglas,

4:45 ED MOVIE: Looking for Mr. Goodber (Dam. ESP\_1977). A woman-teaches deaf children by day and goes to single bars at night. Dane Keston, Tuesday Weld R.

B MOVIE: Hansel and Gretel (1989)
Two chidren meel an old woman with
hidden motives. (Animated)
8 MOVIE: Crime Dotter (Mystery, 1943)
An amnesia victim and former criminal
becomes a respected citizen. Warner
Butter, Murper! Lindley.

4:55 MOVIE: I Don't Give a Damn (*Drana*, 1985) A sokier raturns from war as a paraplegic. *Ra Sohar, Anal Warman* 'R' 5:00 @ Sports LateNight

## TIME OUT

## 'Newton's Apple' looks at Olympic training

By Steve Paschal
Newton's Apple, the Emmy Awardwinning PBS family science series,
begins its ninth season this week with



PBS' American Experience series looks at the life of LBJ, Monday and

an informative and entertaining half-hour special; "The Science of Olympic Sports." The episode airs Saturday, Oct. 5, on most PBS affiliates.

Host David Heil and field reporter Host David Heil and field reporter Peggy Knapp take viewers to the United States Olympic Training Centers in Colorado Springs, Colo., and Lake Placid, N.Y., where each year between six and eight thousand atheletes combine training and technology in pursuit of the single-minded goal of representing the United States in the Olympic Games.

In the opening segment, Knapp lumbers around a running track while

lumbers around a running track while physiologist Jay T. Kearney explains how a volume-of-oxygen mask measures the chemical efficiency of a runner's lungs. Then, Heil takes a turn in a swimming flume to demonstrate and computers and computers. various ways cameras and computers are used to dissect and analyze a swimmer's technique. In quick succession, the show touches on training

vances, it is mental preparation that most often decides which competitor takes home the gold medal and which is just an "also-ran," Heil and Knapp address this aspect in a conversation with Olympic Training Center psychologist Shane Murphy, TV Liner Inc.



advances in weightlifting, racewalking, softball and the luge.

Despite all the technological adducting Saturday on Showdine.

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