

Test your hunting sense

NEARLY 750,000 hunters will make the trek north over the next two weeks in pursuit of Michigan's wily whitetail deer. The 1991 firearm deer season begins at one-half hour before sunrise Friday. The Michigan Department of Natural Resources estimates hunters will harvest 280,000 deer through the firearm season and will pump more than \$250,000 into the Michigan economy through the purchase of gas, food, lodging and hunting equipment.

The trip north often turns into a long, slow journey as highways become congested with vehicles filled with orange-clad passengers.

If this year's trip becomes monotonous, here is a little test you can give your hunting partner to help while away the minutes on the road.

1. An adult whitetail deer is capable of:

A. leaping a small building in a single bound; B. leaping up to 30 feet in a single bound; C. leaping up to 50 feet in a single bound.

2. The year and the first state to require a hunting license was:

A. California, 1991; B. Alaska, 1808;



outdoors

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C. New York, 1908.

3. In 1989, 16 million licensed hunters in the United States contributed:

A. to the anti-hunter movement; B. \$500 million to state fish and wildlife agencies; C. to the Fred Truitt for President Fund.

4. Lyme disease is carried by:

A. deer ticks; B. dog ticks; C. citrus farmers.

5. When field dressing a whitetail deer a hunter should remember to:

A. always dress the animal in conservative attire; B. puncture the bladder before removing it; C. remove everything from the body cavity.

6. The rut is:

A. mating season for whitetail deer; B. a long, deep hole in a road; C. a good time to go duck hunting.

7. The whitetail's favorite food is:

A. carrots; B. fruit cake; C. acorns.

8. Always treat a firearm as if it was:

A. loaded; B. unloaded; C. a toy.

9. Through the combined archery, firearm and muzzleloading hunts, Michigan hunters are allowed to harvest:

A. one antlered buck; B. two antlered bucks; C. four antlered bucks.

10. Hunters may store wild

game, without a special permit, for a period of:

A. up to a year; B. up to 60 days; C. up to five years.

Answers: 1. B; 2. C; 3. B; 4. A; 5. C;

6. A; 7. C; 8. A; 9. B; 10. B.

Scoring: If you answered nine or 10 questions correctly — you're an educated hunter and will have a successful season if you shoot a deer. If you answered six to eight questions correctly — you need to do your homework, but may have a successful season if you remember where the woods are. If you answered three to five questions correctly — you have a lot to learn and should stay home and watch football. If you managed to correctly answer two questions or less — turn the car around, go home and take up the sport of bungee jumping.

(Hunters and anglers are urged to report their success. Questions and comments are also encouraged. Send information to: Outdoors, 805 E. Maple, Birmingham, Ala., 35209, or call Bill Parker Monday evenings at 644-1100, ext. 241.)



exercising options

Myrna Partrich

Layer your clothes to keep winter warm

Dear Myrna: I read your column on winter dressing for runners and speedwalkers. Any tips on differences in athletic shoes for warm or cold weather? Can I wear the same shoe I have been wearing this summer to run?

Those are very good questions. I would have never thought of the subject myself.

Tom Brundick, shoe editor from Runners World Magazine states, "The shoe a person needs in the summer may not be the one he needs in the winter. The main problem is the midsole, polyurethane becomes rock-hard below 15 degrees. In contrast, the compression molded EVA midsole that seemed too soft in the summer may be just right for winter. Various encapsulated air midsoles seem to work well for all seasons."

From what I see, most runners don't suffer from cold feet. If you do, try layering your socks — a thin pair first, a thicker pair second.

Don't tie your shoes too tight. This impedes circulation and causes colder feet.

Running or speedwalking in cold weather can be tricky: You must warm up well before going outside. If you work with weights (free weights on a machine) in your home, it is a good idea to do your weighted workout before that cold weather activity.

To warm up call muscles, stand on your indoor stairs and let your heels drop off the back of the stair. Full range of motion — up on your toes, then slowly down on your heels. Just before taking that brisk run, stay indoors to stretch out your legs, hamstrings and calf muscles.

I am assuming you know how to dress for a cold weather walk or run. Layer your clothing properly and comfortably and enjoy.

(Myrna Partrich, co-owner of The Workout Company Inc. and a member of the President's Council of Physical Fitness, is happy to answer any questions readers may have. Please send your letters to: Sports Department, 805 E. Maple, Birmingham 35209.)

outdoors calendar

IMPORTANT DATES AND EVENTS

Through Nov. 14 — Sighting in Days will be held at the Western Wayne County Conservation Association in Plymouth Township. The range will be open to the public 10 a.m. to 4:30 p.m. daily. There is a \$5 fee. Handguns may be sighted in.

Nov. 14 — Woodcock and grouse season ends statewide.

Nov. 15 — Firearms deer season begins statewide.

Nov. 17 — Royal Oak Archers will hold a 3D shoot beginning at 8 a.m. on its walk-through range in Lake Orion. Call 633-1369 or 633-9799 for more information.

Nov. 24 — Primitive Skills, a nature program about how Native Americans survived, begins at 2 p.m. at the Seven

Ponds Nature Center in Dryden. Call 796-3200 for more information.

Nov. 27 — A five-week course on the basics of shotgun shooting begins at the Western Wayne County Conservation Association in Plymouth. Call Bill Miller at 532-0185 for more information.

Nov. 30 — Firearm deer season ends statewide.

Dec. 6 — Muzzleloading deer season begins in Zone I.

Dec. 10 — Elk season begins in designated areas of the state.

Dec. 13 — Muzzleloading deer season begins in Zone II and III.

OAKLAND COUNTY PARKS

Full Star Party, a program in which participants can join Nature Center staff and volunteers from the Dinosaur Hill As-

tronomical Society for an evening of stargazing, begins at 7 p.m. Saturday at Independence Oaks. Participants should dress for the weather and bring a flashlight and a pair of binoculars. Cost is \$2 per person and advanced registration is required.

Gallie's Lamps, Bumps and Animal Homes, a program for children ages 9-13 in which participants will explore different types of galls, learn about the insects that cause them and take part in a nature hike and craft, begins at 1 p.m. Saturday, Nov. 30, at Independence Oaks.

Oakland County Parks programs require advanced registration, and some have a nominal fee. Call the Independence Oaks Nature Center at 625-6473 to register or for more information.

METROPARKS

Travels with a Naturalist — A

World of Darkness, a photographic journey through limestone caves, begins at 7 p.m. Friday at Stony Creek.

Waterfowl Watch, a nature program in which participants will search for ducks and other water birds migrating through the park, begins at 10 a.m. Saturday at Kensington.

Full Moon Walk, a program about the twilight moon and moon folklore, begins at 7 p.m. Thursday, Nov. 21, at Kensington and Stony Creek.

Gateways, a narrated film about the 13 Metroparks is available to civic groups and other community organizations. A free presentation should be scheduled weeks in advance. Call the Metroparks at 1-800-24-PARKS or 227-2257.

Most Metropark programs are free while some require a nominal charge.

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