## Deer hunters enjoy near record harvest

RELIMINARY harvest numbers compiled by the Michigan Department of Natural Resources indicate the 1991 firearm deer season should go down on paper as one of the best exerces.

should go down on paper & one of the best ever.

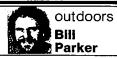
"The harvest was 275,000, based on the traffic survey estimate," said Harry Hill, the DNR's statistician. "If that number holds up the total will be the fourth highest in history." The buck harvest seems to be down slightly from last year. In 1990 hunters took 183,000 bucks white preliminary estimates indicate 173,000 bucks were harvested this year during the literarms season timeters took 22,000 bucks from the morthern Lower Peninsula, 30,000 from the Suthern Lower peninsula. Observer & Eccentric readers were as successful as any hunters were as successful as any hunters.

• Redford Township's Tom James passed a buck on opening day of the litearms season. He couldn't shoot because he already had his two-buck limit. On Oct. 6 the 27-

year-old hunter arrowed a 145-pound, 8-point with a 10-yard shot while still-hunting a section of hard-woods in Livingston County, At 9 a.m. on Nov. 2, James topped that buck by nailing a 176-pound, 10-point from a tree stand in a fence row in Livingston County. The troppi 12-point has a 19-inch spread, 12-inch that an an arrow of the 10-point and 12-point and 12-

point has a 19-inch spread, 12-inch ince and green secored 135 points on the Bosone & Crockett scoring system.

• Gerry Pelto, 30, of Gregory, both a 9-point with his bow at 5 p.m. of the green should be suffered to the series of the series



e Birmingham's John Schrot took a pair of Upper Penlasula bucks early in the firearm season. Hunting hardwoods in Menominee County, the 41-year old hunter abox a 130-pound spike horn on opening day then took a 140-pound +point on Nov. 17. Schrot and his three brothers combined efforts to take five bucks.

Mark Schrot, 34, of Caro, dropped a 155-pound, 6-point on Nov.

17.

Tom Schrot, 40, of Stephenson, shot a 170-pound, 8-point on Nov. 15.

Steve Schrot, 39, of Lapeer, bagged a 150-pound, 8-point on Nov. 16.

Kawaun Maxwell didn't let the fact that she was the only female hunter in camp bother her hunting effort. The 25-year-old Detroit rest-

deni was the only hunter in her party of four to shoot a buck this year, downing a 5-point, 130-pounder no. 100, 17th. Maxwell shot the buck, her lirst ever, on the edge of a swamp near Balletin. If shot a 5-point, 140-point buck with his bow on Oct. 4 while hunting his father's property in Lapeer County.

• Larry Kammerer Sr. took his first buck with a bow on Oct. 20 when he wacked a 170-pound, 8-point near a swamp in Lapeer County.

• Oxlaind Township hunter Dan Poole took his first buck with a bow and touch the standard township hunter Dan Poole took his first buck with a bow at dusk on Oct. 14. Hunting hardwoods in northern Oxland County, the 32-year-old archer drapped a 140-pound, 8-point with a well placed shot to the neck.

• Oxford's Billy Edwards used

precise shooting skills to hag a 140-pound, 4-point with a shotgun on Nov. 17 while hunting the edge of a swamp in Oakland County.

Darren Woodbeek, 26, of Clarkston, shot a 145-pound, 6-point with his bow on Oct. 5 while hunting hardwoods in Oakland County. The buck was Woodbeck's second 6-point in two years.

in two years.

John Hansen, the former girls basketball coach at Bloomfield Hills Lahser, had a successful firearms hunt in the Upper Peninsula, Hansen, 40, of Bloomfield Township, dropped a 4-point at 10 a.m. on Nov. 27 while hunting upland hardwoods near Escanaba.

canaba.

Bob Branton has a hot tree somewhere in Tuscola County. The 49-year-old Farmington Hills hunter has taken a buck with his bow from the same tree stand for three years in a row. This year, Branton arrowed 145-pound, 7-point at 7:30 a.m. on Oct. 17. In September, Branton shot a 5x5 bull elk with a 35-yard shot from his bow while hunting in Montana.

Westland's Dave Pinkowski had

Westland's Dave Pinkowski had
a great firearms season, limiting out

with two bucks. On opening day the 35-year-old hunter snuck into a swamp in Livingston County and came out with a 186-pound, 5-point. On Nov. 19, Pinkowski traveled north and shot a 185-pound, 6-point in a patch of hardwoods in Monimorency Counting his buck this year. The Livonia hunter bagged an 8-point at 9:20 a.m. on opening day in a cedar swamp in Wesford County. This was the first 8-point buck for McCarthy, who has hunted for 25 years.

e Richard Fletemeyer, of Spring Lake, shot an 8-point on Nov. 20 in Wexford County,

(Hunters are urged to report their success Questions and comments are also encouraged. Send information to: Outdoors, 805 E. Maple, Birmingham, Mt., 40859 or call Bill Parker Monday evening, 5:10 pm. at 64+1100, ext. 241. Hunters should include their name, age, hometoum, number of points on the buck, weight, county of kill and the type of habitat where the deer was harvested.)



### exercising options **Partrich**

### Difference in weight found in food intake

Dear Myrna: I am a 44-year-old female runner and aeroble dancer. I find that I can eat more than most my friends my age. I eat very little meat, poultry and fish and much more pasts and vegetables. Do I need more protein (meat, poultry and fish) in my diet? I feel great.

The fact that you are feeling great will probably answer your own question. Many of us that exercise eat more. I do. The difference is simply the food you choose to eat. If you eat a high carbohydrates, low fat diet, you are way ahead. It is high fat intake, not high caloric, that leads to obesity.

A calorie of fat is more fattening than a calorie of carbohydrates because the conversion of dietary fat to body fat requires only about 3 percent of original calories. Also, digestion of carbohydrates requires about eight times more energy than fat digestion.

about eignt times more energy than its tugestion. We know, of course, metabolium is unique from individual to individual. Sex, age and training habits figure into the energy equation. Women who typically earry more body lat and less muscle lissue than mon, require fewer clories. Unfortunately, scientists know that metabolic rate declines with age.

arous: a acc occurings win age.
It sounds to me like you have established a good habit for yourself.
Your died (though you haven't gone into detail) seems good for you.
Don't forget to drink tols of water in addition to a weil-balanced the
Remember that the best way to maintain your weight is simply to
follow this balanced high carbohydrate, low fat (especially animal
fat) diet.

(Myrna Partrich, co-owner of The Workout Company Inc. and a member of the President's Council of Physical Fitness, is happy to answer any questions readers may have. Please send your letters to: Sports Department, 805 E. Maple, Birmingham

### outdoors calendar

IMPORTANT DATES AND EVENTS

\*\*ND EVENTS

\*\*Dec. 6 — Muzeloading deer seasorbegins in Zono I.

\*\*Dec. 8 — The Making of a Field Golde, a nature program in which Dr. Eugene Beckham will explain the program of the program about the impact of urban deer an expensive program about the impact of urban deer on people, other wildlife and natural habitats, begins at 7 pm. at the Chippewa Nature Center in Midland. Call (517) 531-0830 for more information.

in Midland. Call (517) 631-0830 for more information.

• Dec. 13 — Muzzleloading decreases neigns in Zone II and III.

• Dec. 14. — Dog weight-pull event begins at 10:30 am. at Pet Supplies Plus (Telegraph and Five Mile) in Redford. Admission is free. Call 476-0350 or 231-2259 for more information.

Can research
information.

Dec. 15 — Muzicloading deer season ends in Zone I.

Dec. 15 — Royal Oak Archers will hold a 3D shoot on its walk-through range in Lake Orion. Call 693-9799 or 693-1369 for more information.

993-1999 or 993-1999 for more intor-mation.

• Dec. 17 — Elk season ends in designated areas of the state.

• Dec. 22 — Muzzleloading deer season of the rones II and III. Bass season ends statewided.

• Jan. 1 — Bobeat season opens in designated areas of Zone II. • Jan. 1 — Archery deer, squir-rel, ruffed grouse and raccoon sea-sons end.

 Jan. 8 — Home Firearms Safe-Jan. 6 — Home Firearms Safety, a three-week instructional course on the basics of firearm safety in the borne, begins at the Weatern Wayne County Conservation Association. The course will be taught by an NRA certified instructor under the direc-tion of NRA Training Counselors Bill Miller and Bill Scherer. Call \$32-0285 for more information.
 Jan. 15 — Bobeat season opens in designated areas of Zone II.

OAKLAND COUNTY.
PARKS

PARKS

Circle of Secots, a nature program in which participants will learn to make a potpourty weak begins at 1 pm. Saturday at Independence Oaks. There is a \$15 fee preprson.

I Boliday Happenings, a program including crafts and other activities designed to help participants get into a festive mood, begins at 10 a.m. Saturday, Dec. 14, at Independ-

O DOWN PAYMENT

ence Oaks. Pre-registration is mandatory. Call 825-6473 for more information.

• Oakland County Parks programs require advanced registration and some have a nominal fee. Call the Independence Oaks Nature Center at 625-6473 to register or for more information.

#### METROPARKS

Walk Around Wildring Lake, a nature hike in which participants can examine several different habitats and their inhabitants, begins at 2 p.m. Sunday at Kensington.
 Snack with Santa, a program in which children can visit. Santa and enjoy a snack and a hayride or steighride, will be held at the Kensington Farm Center during the month of December. The program will be offered Dec. 7, 8, 14 and 15 beginning at 10.30 a.m., 1 p.m. and 2:20 p.m. each day.

Fred Lavery Infiniti

525 S. Hunter, Birmingham

NFINITI.

Snowshoe Tying Workshop, an opportunity for participants to make their own snowshoes, begins at 10 a.m. Saturday, Dec. 14, at Indian Springs. Snowshoe kits cost \$50, bindings are extra. Participants should bring a lunch to this five-hour warkshon.

bindings are extra. Participants should bring a lunch to this live-hour workshop.

• Animal Habits, a nature program about how and where animals live during the winter, begins at 2 p.m. Sunday, Dec. 15, at Kensington.

• Gateways, a narrated film about the 13 Metroparks, is available to civile groups and other community organizations. A free presentation should be scheduled weeks in advance. Call the Metroparks at 1: 800-24-PARKS or 227-2727.

• 1992 Metropark annual worklich permits are available at Metropark offices. Motor vehicle permits are 310 regular, 35 senior citizen and 131 regular, 35 senior citizen and 131 regular, 35 senior citizen and 33 daily.

55<sup>00</sup> \* plus tax

Wa!

(313) 645-5930



# Wrap it up!



FREE EARRINGS! DIAMOND DANGLE JACKETS 1/2 Ct. T.W.

SALE '499 Reg. '640

PLUS... Get All 3 Pair of GEMSTONE EARRINGS FREE — A '120 Value!

## Meyer Jewelers

Warehouse

- Emergency Road Kits



★ 2 Seat Carts ★ A.T.V. Carts ★ Carts with Bodles

Mini Bikes \$39995

Labaron's Sports 585-3535

PARTS - SERVICE - MOPEDS - MINI BIKES 34711 Dequindre · Troy S. of 15 Mile · Open Daily til X-Mas

## Clearance sale

1- DAY ONLY Saturday, Dec. 7, 1991 8:00 am to 2:00 pm

50% to 80% off NAME BRANDS! Great Gift Ideas & Stocking Stuffers

Car and Van Accessories Ski Racks to Scrapers Tools Battery Charger Flashlights Chain Hoists

...and <u>Much Much More</u>!!











Olympic Silver Medalist BRIAN ORSER

Olympic Silver Medalist ROSALYNN SUMNERS

OLYMPIC & WORLD CHAMPIONS



Olympic Silver Medalats U.S. National Dance Champions U.S. Olympians SUSAN WYNNE & JOSEPH DRUAR LEA ANN MILEE & AN

Saturday, January 18, 1992 Joe Louis Arena 7:30 p.m.

TICKETS: \$25.00 & \$18.00 Limited Gold Circle Seats Available Great seats now available at the Joe Louis Arena Box Office and

All moseliussian. Centers or Charge by Phone (313) 645-6666 your Discover "Card at the Joe Louis Arena Box Office or by calling (\$13) 557-6000 and receive prefer searing. \$1 per licket will be donated to the Make-A-Wish Foundation" of Michigan.

For general ticket information, call (313) 567-6000 For group rate information, call (313) 567-7474 An MING Production, Sponsored by

CAIN ONTERNATIONAL HOTEL