

Culinary events benefit Orchestra Hall, Cranbrook

Mark your calendars for these upcoming culinary events. Spend a romantic evening with the flavor of old Naples in an American palazzo in Bloomfield Hills, 6:30 p.m. Saturday, April 4, at the first of the Volunteer Council's "Musical Feasts" series to benefit Detroit Symphony Orchestra Hall.

Fourteen guests will pay \$100 each to participate in "La Serata Napoletana Con La Principessa," hosted by Mrs. E. David Auer of Bloomfield Hills.

The second "Musical Feast" entitled "Tokyo Toccata," will be hosted by John Bloom in his Southfield home, 7 p.m. Friday, April 24. Ten guests will be treated to culinary delights of the Orient prepared by Japanese chefs. Cost is \$5 per person. "MUSICAL FEASTS" is a project

of the Volunteer Council, Detroit Symphony Orchestra Hall. The series combines a variety of fine dining and musical entertainment, April through October at prices ranging from \$40 to \$150 per person. For information, call 851-6691 or 851-5833.

Cranbrook Schools, 550 Lone Pine Road, Bloomfield Hills, will celebrate spring by presenting for the 14th consecutive year, Le Gala de Cuisine, 5-7 p.m. Sunday, May 3, in the school's Elise Saarinen-designed Quadrangle.

Working amidst thousands of spring flowers and colorful plants, chefs representing Michigan Chefs de Cuisine Association will cook up hors d'oeuvres, entrees and desserts.

Participating from Bloomfield Hills are — Eric Bunge of After the



tidbits
Keely Wygonik

Hunt Pastry Shop; Terence Shuster, Fox and Hounds; Denny Lliniger, Klingley Inn.

From Birmingham, Vince Blad of Alban's Bottle & Basket; Leopold Schaeffer, Certified Master Chef; and

Peral Thoul, Master Baker, Macbus Restaurants and Pastry Shop; Juliette's Cuisine, Merchant of Vine; and Donald Tiderington, Midtown Cafe.

From Southfield, Duane and Paula

Christ, The Baker's Loft; Tom Tontapash, Bangkok Club; Miles Chelka, Certified Master Chef, Golden Mushroom; Judy Danielson, Bouquets.

Participants from Troy include: Chuck Hachwitz, Charley's Crab; Bill Reiff, Double Eagle; and Martin Folk, Sebastian's Grill.

Riki Schaefer, Gallery; Ken Fink and Rick Halberg, R.I.K.'s the Restaurant from West Bloomfield will participate.

Greg Goodman, Cafe Bon Homme; and Lou DiCillis, Savino's Italian

Sorbet from Plymouth will also contribute.

Included in the admission, \$125 friend, \$150 patron, \$200 benefactor, are a cookbook featuring treasured recipes from participating chefs, La Gala de Cuisine '92 poster. All proceeds go to faculty enrichment, scholarships and school restoration.

Call 858-8885 or 617-2847 for tickets. Betty Crocker Tip of the week: Store onions and potatoes away from each other. Onions will take on moisture from the potatoes and decay quickly.

Scramble up quick breakfast

AP — Start your family's week-ends off better by scrambling up this tasty breakfast for three. Since the "deluxe" add-ons — mustard, herbs, mushrooms and pimento — come ready to use, this recipe goes together superfast, too. It uses more egg whites than egg yolks and that makes it lower in fat and cholesterol.

SCRAMBLED EGGS DELUXE

4 eggs
4 egg whites
1/4 cup milk
1/4 teaspoon salt
1/4 teaspoon dry mustard
1/4 teaspoon dried basil, thyme or Italian seasoning, crushed
1/4 teaspoon pepper
One 4-ounce can sliced mushrooms, drained
2 tablespoons chopped pimento
Non-stick spray coating
1/4 cup sliced green onion

In a medium mixing bowl combine eggs, egg whites, milk, salt, mustard, dried herb and pepper. Beat with a

rotary beater, fork or whisk until mixed. Stir in the sliced mushrooms and pimento; set aside.

Spray an 8-inch skillet with non-stick spray coating. Preheat the skillet over medium-high heat until a drop of water sizzles when added to the skillet. Add the green onion; cook about 1 minute or until tender.

Add the egg mixture to the skillet. Cook, without stirring, over medium heat until the mixture begins to set on the bottom and around the edge.

Using a large spoon or spatula, lift and fold the partially cooked eggs so any uncooked portions flow underneath. Continue cooking over medium heat for 2 to 3 minutes or until the eggs are cooked throughout but are still glossy and moist. Remove from the heat. Serve immediately. Makes 3 servings.

Nutrition information per serving: 153 cal., 14 g pro., 8 g carbo., 8 g fat, 368 mg chol., 492 mg sodium, 268 mg potassium, 1 g dietary fiber. U.S. RDA: 19 percent vit. A, 13 percent vit. C, 23 percent riboflavin.

cooking calendar

• TASSOS

Tassos Epicurean Cuisine Inc. offers a cooking class 6-8 p.m. Wednesday, April 8, at 8887 Orchard Lake Road in West Bloomfield. Call 539-0110 for reservations. Menu, marinated salmon with dill, stuffed Chicken Breast Renaissance, Sorbet with Sauterne. Cost \$25, includes dinner, wine, recipes.

• KITCHEN GLAMOR

Elaine Cavillif offers lesson on working with sweet yeast doughs, European Easter bread, 1 and 7 p.m. Wednesday, April 1 in Redford, 1 and 7 p.m. Thursday, April 2 in West Bloomfield, 1 and 7 p.m. Friday, April 3 in Rochester. There is a \$3 fee. Call 537-1360.

Lee Bailey, author of "Cooking

For Friends," visits Kitchen Glamor's West Bloomfield Kitchen, 11:30 a.m. Wednesday, April 1.

Guiliano Bugnini visits Kitchen Glamor's West Bloomfield kitchen with his "classic techniques" of Italian cooking, 6:30 p.m. Monday, April 6, Tuesday, April 7 and Wednesday, April 8. He will prepare three regional Italian menus. Cost is \$80 a

class, \$225 for three-part series.

• LAUREL PARK PLACE

Have your Cake and Eat it Too, 8:45-9:30 a.m. Monday, April 6. Gail Cox from Botsford Hospital will discuss healthy ways to feed your sweet tooth in the Jacobson's Court area of Laurel Park Place Mall, at Six Mile and Newburg in Livonia.

Permanent Weight Loss

Dr. Ralph P. Keith, PH.D.

28336 Franklin Rd.
Southfield, MI
746-0844



If you've tried to lose weight and can't get started, or you've lost weight only to regain it quickly, the answer to your problem can probably be found in your emotional life.

People who are, or have been, in unfulfilling or abusive relationships use food to provide comfort and protection. People who have difficulty asserting their needs tend to swallow food as quickly as they swallow their anger.

If you sincerely want to gain control of the program, call and find out how to qualify for the program and insurance coverage.

CALL 746-0844

Serving Bloomfield Hills Since 1960

Long Lake Market

PRIME MEATS & TOP QUALITY PRODUCE

PERSONAL SERVICE
MEAT COUNTER

Featuring:

- Prime Beef
- (Grade A) Chicken, Lamb, Veal & Pork
- A Variety of Fresh Seafood

"There's A Supermarket In Our Specialty Store"

647-2266
1075 West Long Lake • West of Telegraph

SPRING SPECIALS

FREE! FREE! While Quantities Last

One **FREE** case with every Belt Sander purchased

PORTER+CABLE
PROFESSIONAL POWER TOOLS

Model 351 3" x 21" Belt Sander

- Features/Benefits
- 7 amps/1,300 SFPM.
 - Dependable belt/gear drive train with all metal pulleys and gears.
 - Fingertip belt tracking for quick, easy belt alignment.
 - Lever belt release for fast, easy belt changes.
 - Large platen area for more productivity.

List \$255⁰⁰

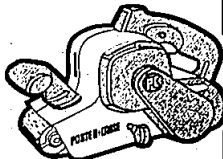
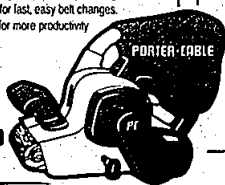
Special **\$164⁰⁰**

Model 352 3" x 21" Belt Sander With Dust Pick-up

- Features/Benefits
- 7 amps/1,300 SFPM.
 - Dependable belt/gear drive train with all metal pulleys and gears.
 - Powerful vacuum dust removal system.
 - Fingertip belt tracking for quick, easy belt alignment.
 - Lever belt release for fast, easy belt changes.
 - Large platen area for more productivity.

List \$265⁰⁰

Special **\$170⁰⁰**



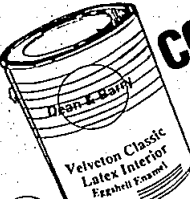
WATERSTON'S

960 W. EIGHT MILE RD.
FERNDALE, MICH. 48220
545-1500 • 545-2490
3677 HIGHLAND RD. (M-59)
WATERFORD, MICH. 48328
602-1500



SPRING SPECIALS

WHY SHOP THE COMPETITION SALE?!



Dean & Barry
Velvet Classic
Eggshell Enamel
\$13.99
gal
White & Pastels



Dean & Barry
BEST
High Grade Oil
House Paint
\$17.96
white
2 1/2 gal. Paints
Duck On Duff Primer **\$14.99**



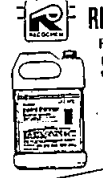
Pratt & Lambert
Exterior Latex
House Paint
\$21.99
gal
Permalize Oil Ext. **\$23.78**
gal



MAXUM 2
Exterior Latex
Flat House Paint
\$12.99
gal
Semi-Trans **\$14.99**
gal



MAXUM 3
Exterior Latex
Flat House Paint
\$15.69
gal
Wym Exterior Latex Satin House Paint **\$16.69**
gal



RECOHEM
Paint Thinner
\$2.19
gal.
\$5.79
2 1/2 gal.



EVANS
ADHESIVE
For Pre-Pasted
Wallpaper
\$4.89
gal.



LINZER
2" Angular
Bristle Brush
\$3.99
2" Angular Nylon **\$1.79**

ALL CUSTOM WALLPAPER 20-50% OFF!

PRICES GOOD thru 4/30/92

COMPARE OUR BOTTOM LINE
SAVE UP TO 80% OFF these custom window treatments

Carousel	SIZE	24x36	36x48	48x48	84x84
RollerDrape		42.99	63.99	76.99	187.99
Silhouette by Hunter Douglas		135.85	191.75	232.70	536.90
Hallmark 1" BLINDS		16.99	23.99	27.99	71.90

HALLMARK WALLPAPER & PAINT
SIX CONVENIENT LOCATIONS:

Crosse Paints Woods Hallmark Eastern Wallpaper and Paint 15844 Mack 881-9760
Dearborn Hallmark Wallpaper and Paint 620 N. Telegraph 274-0900
East Detroit Hallmark Walby's Wallpaper and Paint 2434 Gratiot 772-3535
Bloomfield Hills Hallmark Wallpaper and Paint 3641 N. Maple Rd. 644-6066
Rochester Hallmark Wallpaper and Paint 321 W. University Dr. 652-0330
Royal Oak Hallmark Walby's-Crawford Wallpaper and Paint 617 Washington 544-2700