

A week for nurses



Filling the bags: In observance of National Nurses Week (May 4-11), nurses at Farmington Hills' Botsford Hospital organize a food drive for the Divinity Soup Kitchen in Detroit. Getting the bags ready for delivery in the hospital lobby are Alice Kennedy (left), Carol Wilson and Joanne Pawelch. Nurses donated about 45 bags of food.

EATING DISORDER CHECKLIST

- Do you often worry about how much you have eaten?
- Are there many foods you feel guilty about eating?
- After you have eaten do you think about ways to burn up the calories?
- Do you feel bad about yourself if you don't exercise every day?
- Do you feel your worst problem is the appearance of your body?

If you have answered yes to any of the above questions you may be at risk for an eating disorder.

If you or someone you know is at risk, please call MARNI EGRIN, M.S.W. for a confidential evaluation.
313-642-6066

SPECIALIZING IN THE TREATMENT OF EATING DISORDERS
In association with Affiliated Psychologists of Michigan, P.C.

Parks official bikes
1,000 miles for center

By PAT MURPHY
STAFF WRITER

Is he crazy? Or just a hard core bicycling fan?

Either way, Maurice Freed wants to get fund-raising efforts for the new West Bloomfield Recreation Activities Center off to a rolling start. Freed, a member of the parks and recreation commission, plans to bicycle more than 1,000 miles around the Lower Peninsula of Michigan to raise money for the new \$6 million facility.

He wants businessess, merchants, public officials — and ordinary residents — to pledge money on a per-mile basis.

Details of the one-man bicycle trek were outlined at last week's township board meeting when Freed challenged its members — as well as anyone else within earshot — to make a pledge.

He plans to leave West Bloomfield early June 19 and bicycle around the shoreline of Lake Huron, past the tip of the Lower Peninsula and down the Lake Michigan side of the state.

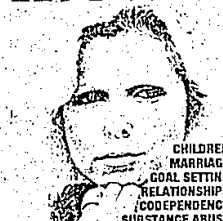
Freed said he expects to make the final leg of the trip — from Grand Rapids to West Bloomfield — within five days of his departure.

"I'm very competitive," Freed reportedly told the board.

As if to illustrate, he issued a warning to others, and a challenge to himself. If the 1,000-mile endurance run is completed in five days, as scheduled, Freed said he expects participants to make good on their original pledge.

"If the endurance run is completed in four days," he said, "the pledge is doubled. If I finish in three days, the pledge is tripled."

LET'S TALK



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Spring Sale
EVENT

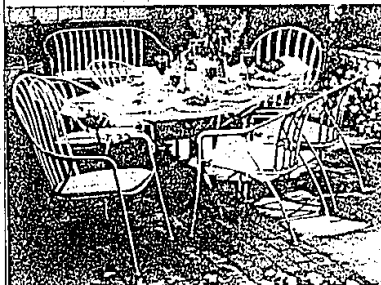
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