ETHEL SIMMONS, EDITOR
644-1100 ext. 243

Farmington Observer

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SUBURBAN LIFE

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SOCIAL EYES

DENISE LUCAS

Headdresses spark Guy Fawkes Ball

Denise Lucas' column Social Eyes alternates with Gretchen Hitch's column The Scene. To leave a message for Lucas, on a touch-tone phone, call 953-2047, Ext. 1868. You can mail information to Denise Lucas at The Eccentric, 805 E. Maple, Birmingham 48009, or call her at 442-2339.

A breathtaking display of dancing curbside flames lined the entrance road to the Cranbrook Academy of Art. The red carpet was rolled out outside the museum while leotard-clad dancers scampered the reception hall eloquently greeting guests to a night most never would forget.

The beaded and tuxed reception line similar to that of European royalty included majestic thrones for academy president **Roy Slade** and Guy Fawkes chairwoman **Helen Guttard** (gowned in Oscar).

But if you think this was just another one of those stiff and stale black tie get-togethers, take heart. Guests were in store for the party of their life.

The Guy Fawkes Ball has always had a somewhat wild reputation with dual-level activities, but this year, the academy experienced mass "Crandamonium" celebrating the academy's 60th year. Guests were encouraged to don creative headdresses. And heads were turning in all directions to get second stares at guests scampering in the Mardi-Gras-like headgear.

Everyone is still talking about David and Su-

See SOCIAL EYES, 3H

Slimmed-down silhouette wins out

■ It's not yet winter but fashion designers are looking ahead, creating the clothes that inspire what women wear when the weather turns warm again.

STANLEY WINKELMAN

PARIS — Pret-a-Porter fashion designers in Paris, London and Milan have strongly confirmed the long, slim, fluid silhouette for spring and summer of 1993. Soft, sheer fabrics, both print and solid, are very important.

Elongation is achieved by high waistlines coupled with bottom-of-the-calf ankle-length skirts made practical through the use of stretch yarns. The drop in hemlines is a very dramatic 20 inches.

Layering of duster coats and tunics over dresses is part of the change. There is a strong African influence in prints. Even Christian Lacroix modified his Provencal palette in favor of African prints and colors.

Sensuality is achieved through transparency as well as through slits, cuts and limited exposure. Breasts are more exposed while legs and buttocks are less directly exposed except in swimsuits and underwear, that is, briefs a la Calvin Klein, who had a front seat at some of the showings.

Lagerfeld leads

The second major fashion story is Lagerfeld, Lagerfeld, Lagerfeld and Lagerfeld. Four times did King Karl pick up his scissors to create outstanding Pret-a-Porter collections for Fendi, Chloe, Karl Lagerfeld and Chanel. Such versatility, such creativity, such stamina, such expressions of genius have never before been achieved by one designer.

For each label, Lagerfeld achieved what few designers can accomplish in a single collection — a coherent series of styles that proclaim a unique message to the observer and especially to this Eccentric/Observer.

First came Lagerfeld's designs for Fendi in Milan where his dresses over pants were focused on the new silhouette.

Second was Lagerfeld's first collection for Chloe after a seven-year lapse. It was at Chloe in the 1970s that Lagerfeld invented 'le flou' — the fluid clothes that marked the beginning of Pret-a-Porter collections and for practical purposes the demise of the ultra-high-priced couture.

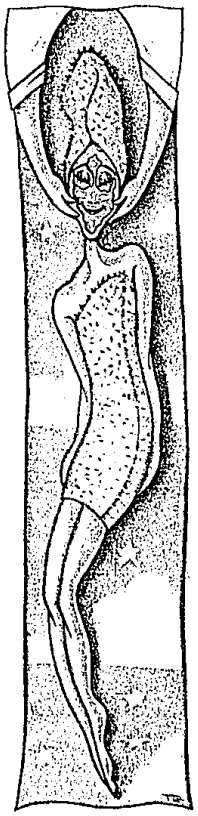
It was in the same spirit of the Chloe he created 20 years ago that Lagerfeld generated his new collection where the boundaries between day and night are blurred, as well as the boundaries between garments in a profusion of soft layering. Long, lean, soft and supple; in many cases using sheer fabrics in pale vanilla or pastels; sometimes with small, spaced geometric prints resulting in a very feminine and sensual look. Lagerfeld used six-foot-long scalloped, soft suede belts in dark accent colors, worn looped to the side, with the ends hanging to the knees, to add to the softness and to the impression of length.

Third was the Karl Lagerfeld collection with emphasis on black or white, long chiffon trousers and long chiffon skirts over sheer, covered, or bare legs. Sometimes, a sheer above-the-knee skirt was worn over the sheer pants and topped with a jacket matching the color of the sheer pants or in a bright contrasting color.

See FASHION, 2H

Eye on legs: *For Chloe, Karl Lagerfeld designs slit-front ankle-length white silk chiffon coatdress.*

Salon techniques help you put your best face forward



BY ETHEL SIMMONS
STAFF WRITER

Facials that cleanse and soothe — these are one of the nicest things that can happen to your skin. At area salons, owners pride themselves on the kinds of benefits their facials provide.

At Mary Glancz European Facial & Cosmetic Salon in Birmingham, Glancz features the European Facial, and variations, but also has one specially designed to reduce stress. She said the traditional European facial offers a good cleaning and muscle toning. With the Stress Release Facial, "You remove the stress the same way you remove blackheads and whiteheads."

The method includes aromatherapy. "I use herbs and special tapes for a musical background, and yoga facial exercise is involved," she said. There is a relaxing at pressure points (also known as Schietsu, an Eastern technique of massage).

"I gave it to a longtime client. She was deep relaxing, and fell asleep. She really enjoyed it," Glancz said.

"For one hour, I am like their guide. There is soft music and complete concentration between the client and me." She directs them in yoga concentration on different parts of the body, then has them do breathing exercises. Glancz uses concentrated herbs on her fingertips, and these herbs are inhaled during the procedure.

"After they finish, we sit down, and I suggest what they should do at home," she said. Each client is given an instruction sheet, with directions on relaxation and skin care techniques to be done each morning and evening.

Other salons have their specialties when it comes to facials. Mira Linder's Spa in the City offers many kinds of facials including a glycolic acid treatment that is popular. "It's very 'in' now. It takes care of many different problems of the skin," Linder said.

A series of six to 10 glycolic acid treatments is recommended. "It provides the best results for oily skin and enlarged or clogged pores. It's the latest thing that

■ 'For one hour, I am like their guide. There is soft music and complete concentration between the client and me.'

Mary Glancz

science came up with."

Linder described the Swiss Spa Firming and Nourishing Facial, for mature and dry skin. "It's a deep cleansing facial, before we start to treat the skin."

The salon also has collagen treatments for dehydrated skin, which is dry, sunburned or windburned. "It rehydrates and brings in moisture," she said.

The Biological Firming Facial with Hot Beauty Mask is for more mature or sunburned skin, or skin that needs revitalization. "It's old-fashioned but always good working," Linder said. "It plumps up the skin. It is not a long-lasting treatment, but it's wonderful when you go out."

For the young set, the Teen-Age Facial cleanses the pores. "A teenager needs only a cleaning," she said. "We teach them how to do a treatment at home."

The accent is on aromatherapy for facials at Margot's Euro Spa in Birmingham. Use of the herbs "has a calming effect and a disinfectant effect. It's very uplifting and is anti-stress," Margot Froelich said.

"The facialists are trained to use the right herb for the right skin type," she explained. If a woman having a facial is very stressed, the herbs will be worked in the back of the neck as well as the decolletage. "Your skin breathes," Froelich said.

The salon treats teenagers, women of all ages, and men. A facial for a man differs from that for a woman because, "Normally, a man shaves and his skin texture is a little bit different." She said men need facials on a monthly basis because of the skin's hygiene — the same reason we

See FACIALS, 2H

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