

The Scene from page 1C

The International Visitors Council honored its founders Jim Maunders, Frank Angolo and Bob Huffy at its sold-out dinner dance chaired by Susan Lanciault and Judie Sherman at the Townsend.

On June 4, racing mogul Roger Penske and his wife Kathy chaired the Grand Prix Ball at the Westin Hotel. The race was run on Belle Isle and it all worked out despite some critics. On June 7 the Fete au Jardin was a huge success under the care of Merchant of Vino Eddle Jonna at the St. Vincent and Sarah Fisher Home. With Bill Bonds and Dick Puritan as co-chairs, how could you not be wildly successful?

Now it was July and summer vacations were full speed ahead. The Archives of American Art folks went out to the rough and ready west in quest of western scenery and art. Ride 'em cowboy was the theme as cowboys like Bud Schlain, George Strembos, Dick James, Urban Antos, Herman Canner and Alex Etkin stocked up on Western attire from Setsons to boots.

Remember the 4th
On the Fourth of July locals headed up to Harbor Springs,

Horton Bay and Charlevoix for the little town Fourth of July parades. At the Horton Bay parade, Jessalo Weyand got tangled with a "Sheriff" in the creative and informal parade.

In August the Concours d'Elegance was held on a Sunday with Chrysler president Bob Lutz as chairman.

Dr. Maurice Castle's neuromuscular group held their benefit at the Detroit Golf Club with children present who have been helped by Dr. Castle.

On Aug. 6, the long-heralded opening of Nieman Marcus drew 1,400 guests for a first look at the dazzling new Somerset Collection.

DSO in spotlight
The traditional opening night of the Detroit Symphony spread out into Orchestra Hall park chaired by Betty Williams and hard-working Judie Sherman. Following on its heels was another benefit for the DSO, chaired by Susan Currier, again, at the Somerset Collection in Troy. Marjorie Saulson, president of the DSOH Volunteer Council was delighted with the back-to-back benefits.

Chaired by Leaders
The Gold Cup Polo Match at

Bloomfield Open Hunt, chaired by Gus and Suslo Leander, was a success in September with sky divers landing on the polo field carrying American and Mexican flags in honor of the competing polo teams.

October brought a special event sponsored by the Cranbrook Writers Guild called Book Festival Weekend conceived by Frank Angolo. John Reddy chaired the Literary Soiree & Auction with Sonny Elliot.

Birmingham-Bloomfield Art Association held a gala auction in October called For the Love of Art.

In November, the Night of Bilhencio was a success at the Ritz. The long-awaited Phantom of the Opera came to Masonic Temple in November as a benefit for KISS, a coalition of four children's charities. Sue Nine chaired the Phantom benefit.

Recall the wedding,
About 80 localites headed for the warmer climate of Athens and the Greek Isles for the unique

wedding of Suslo Vestevich and Patrick Crocker. This column received more attention than any story I've written. Mother of the bride and planner of the Odessy Anne Vestevich said she heard about it everywhere she went.

Slade, Guitard crowned

The Guy Fawkes Ball was held early in November chaired by Helen Guitard with the theme "Grandemonium." CAAM president Roy Slade was crowned king for the night with Helen as "queen" of festivities.

In December the sound of holiday parties started. We detailed some of them in my last column.

The Hitch family rews for December is that our youngest son Bradford is engaged to Mary Both Ligotti with a Sept. 4 wedding at Christ Church Cranbrook. Brad and Mary Both went shopping in New York on one of those one-day round trips to NYC. As they were skating in Rockefeller Center, Brad, pretending to fall, dropped to one knee and pulled out the ring, asking, "Will you marry me?" We are delighted.

As Time Goes By . . . I'll be seeing you in all the old familiar places in 1993. Happy New Year.



GRETCHEN HITCH

French Champagne Gala: Left to right, chairs Fran and Ron Theis, director of international public relations for GM, pose with Arlene Clifford and Valerie Straith at Saks.



Fourth of July: Jessie Weyand and "Sheriff" meet at the parade in Horton Bay.



Music Man: Bloomfield Hills resident Joyce Hurst, MOT director David diChiera and Bob Hurst (left to right) enjoy the opening of the Michigan Opera Theatre's production.



Superstar: Arnold Schwarzenegger called on Lucia Zurkowski in April during a visit to our area.

Weight from page 1C

Speaking of the four diets that didn't work for him, Turner said, "I need something structured, but I got tired of taking the advice of people who were hired off the streets and handed a notebook. I'd get the weight off but I'd get upset with the counselors and quit. In six months I'd be back with the weight on.

"I'd sit there and be bombarded with information on recipes and cheating and microwave cooking. I was getting absolutely nothing out of it. They'll tell you anything to get you in the door."

The secret for anyone with a serious weight problem is serious motivation and good counseling. Turner said, something he is getting in the Crittenton program. He regularly sees a behavior therapist, nutritionist and exercise therapist. Problems that contrib-

ute to his eating disorder are analyzed and methods that will help correct it, examined. When he attains his goal he will be attending group sessions monthly indefinitely to make sure he is maintaining.

Turner has outfitted his family room as a health club and does one-hour workouts daily. "I'm enjoying it. Without exercise I wouldn't be successful. This is real crucial."

Losing weight has been expensive, Turner said, "but I look at what I was spending for food. I couldn't walk upstairs without getting winded. As I look at it, I could spend my money on this or put a down payment on a grave site. I'd like to tell people with a serious weight problem, find a serious program or plan on a short life."



Guy Fawkes Ball: "King" Cranbrook Art Academy president Roy Slade and "Queen" Helen Guitard preside with Judie and Roger Sherman as willing subjects.

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