Deep-water perch fishing heats up



Mention the town of South Haven and many people immediately conjure up thoughts of the National Blueberry Festival, which the small western Michigan city hosts annually each parker on the eastern shore of Lake on the eastern shore of Lake content of the content

of water."

Anglers usually wait until late spring to pursue perch when the tasty fish move into the warmshallows. But Nichols and his son, Don Jr. offer an alternative deep water perch fishing during the early days of spring aboard a 65 foot "Party Boat."

Through much time and re-

search, the Nichols team has located achools of yellow perch in what they believe to be the flahs wintering area. While fair-weathwintering area while fair-weathchols Fiest' takes angiers out into Lake Michigan for some hot times over cold, deep water.

"It think they winter from here out to about 100 feet, 'the senior Nichols explained recently after out to do the the senior Nichols explained recently after out to separate rest in 70-feet of water. "They're kind of dormant right now, but if you get over them you can do pretty well."

Anglers fish side-by-side along the rails on one of two of the Ni-hols' party boats. Both boats are 65-feet in length and feature two separate rest rooms, a full service galley (hot and cold sandwiches and drinks) and a heated inside lounge area. Bait (minnows) is provided as well as a bucket for your catch. Rentai rods and reise are also evaliable.

"We did some research on the party boats they have in Florida and along the East Coast before we built these boats," Nichols said, "We offer two rest rooms and keep the boats warm and comfortable in an attempt to attract families."

It was a cold, overcast morning

ing them how to catch 'cm." Nitchols said. "It will be pretty steady until the water warms up, probably the second or third west of they this year. Of the water of they this year. Of the water of they this year. Of the water of the year of the year of the year warms, the fish's metholism will increase, they'll become more active and they'll need to eat more. They'll move around and the schools will be much smaller."

Perch fishing aboard the Nichols Fleet will continue throughout the year but the strategy and location will change as the weather warms. Contact the Nichols Fleet will continue throughout the year but the strategy and location will change as the weather warms. Contact the Nichols Fleet at 616; 537-2507.

"We tried to extend our acason after Labor Day because we have good fishing up to December. We just can't get the people out in the fall." Nichols said. "But we start getting calls after the first sunny day in January. We get out as soon as the ice moves out. The first week this year we had to sait the decks."

(Anglers and turkey hunters are use on couraged to report their success. Questions and comments are class oncouraged. Send information to: Outdoors, 805 E. Maple, Birmingham, Mi. 48009 or call Bill Parker Monday evenings at 644-1100 ext. 241.)

Monday evenings at 644-1100 ext. 241.)

Fitness programs making strides



I know you are on the President's Council on Physical Fit-

Physical Fitness and Sports. I remember as a child work ing towards the President's Challenge Propriet a choice of the control of the choice of the control of the choice of the choice

call physical fitness.

So you remember taking the President's Physical Pitness Awards program exam. Remember that old broad jump? Since then, we are speaking 40 years ago, exercise experts have learned more about what total fitness should include—flexibility, strength and endurance. The Council now gauges a child's overall fitness more accurately and teaches basics that can be practiced throughout life.

that can be practiced through-out life.

Some of the changes include starting children in exercise programs at a younger age and measuring a child's ability to be flexible.

measuring a child a county to be flexible.

Most of all we have replaced the 600-yard run with a one mile version to teach kids how

increase their cardiovascular.
Today's youths are still not ex-celling in upper body strength.
Girls tested generally can't do

Girls tested generally can't do-more than one pull-up.
Across the beard, our youths have been suffering from couch potato syndrome. Fortunately, in the last four years, we have-made tremendous accomplish-ments towards physical fitness programs for children, both through schools and creative government programs. Through Schwarznegger's state tour,

Through Arnoid Schwarznegger's state tour, visiting all 50 states and talk-ing to the governors, we have managed to start most states on their own physical fitness

on their own physical fitness programs.

Most states now have a Governor's Council on Physical Fitness and Sports.

Our state has a great one and I am prout to be a part of it. I am hopeful in thinking that we will see health improvements through fitness in the 90s.

Myrna Partrich, co-owner of The Workout Company in Bloomfield Hills and an ap-pointee to the President's Council on Physical Fitness and to the Governor's Council on Physical Fitness, is happy to answer any questions readers may have regarding exercise. Please send your questions to: Sports Department, Myrna Partrich, 805 E. Maple, Bir-mingham 48093.

OUTDOORS CALENDAR

DATES AND **EVENTS**

BARCHERY
Royal Oak Archers will hold a
3D Safari Club benefit shoot beginning at 9 am. Sunday, April
25, on its welk-through range in
Lake Orion, 693-9799, 693-1369.

TUBANQUET
The Paul H. Young Chapter of
The Paul H. Young Chapter of
The Paul H. Young Chapter of
29th annual fund-raising banquet
beginning at 5:30 p.m. Thursday,
April 22, at the Royalty House in
Royal Oak.

BOATING/FISHING
OPERHOUSE
The I-94 Marine (Belleville)
and South Street Tackle will host
an open house 10 am to 6 p.m. on
Saturday, April 24. Novice and
experienced boaters alike can enjoy seminars, a boating safety
clinic, a casting contest and win
gifts and prizes, 697-6800.

SAFE HUNTER COURSE

SAFE HUNTER COURSE
The Wayne County Sportsmen's Club and the Michigan Dpartment of Natural Resources will sponsor a course of instruction leading to a Michigan Safe Hunter Certificate, beginning at 8 am. Saturday and Sunday, April 24-25, at the Wayne County Sportsmen's Club in Romulus. Class fee is \$8 and participants must attend both sessions, 532-0285 or 534-2536.

III SALMON STAKES

The 18 Crab Sal 15th running of the River Salmon Stakes, the state's longest-running salmon fishing tournament, will take place May 1

We

Buy

Sell

Dig

Stock

Plant

&

Trans-

plant

Trees.

Shade Trees,*

Evergreens &

Ornamentals

from 5'-25'

CREATIVE OUTDOOR

828-7774

in St. Clair. Proceeds from \$10 raffle/entry tickets will benefit mental health agencies throughout the state, 329-2261.

out the state, 329-2281.

BIACKPOWDER SHOOT

The Black Powder Committee
of the Western Wayne County
Conservation Association will
sponsor a primitive squirred rifle
match on the club's walk-through
black powder course in Plymouth
Township, beginning at 10 a.m.
Saturday and Sunday, May 8-9.
The shoot is open to the public,
453-9843. 453-9843.

453-9843.

FISHING FOR WOMEN
A seminar tilled Fishing — For
Women Only, will be presented
by outdoor educator Joe Derek
beginning at 7 p.m. Thursday,
May 13, at the Farmington Community School. Cost is \$12 and
the seminar will be held over two
nights, 489-3333.

BRIE CAMPING
The Michigan Department of
Natural Resources will waive all
camping fees, reservation fees and
the state park motor vehicle permit fees at 11 designated state
parks for the weekend of May 2122, (617) 373-1270.

M WILDLIFE ART FESTIVAL

H WIDSIFF ART FESTIVAL
The ninth annual First of
America Wildlife Festival, which
supports wildlife and conservation projects in Michigan, will be
held May 29-30 in Clare, (517)
386-2442 or (517) 386-7492. M DATES/DEADLINES

Trout season opens April 24 on

designated trout streams and lakes. (Check the DNR 1993 Michigan Fishing Guide for de-

Michigan Fishing Guide for details.)
Walleye, pike and muskie season opens April 24 on Inland lakes in the Lower Peninaula. (Check the DNR 1993 Michigan Fishing Guide for details.)
Bass season opens May 2.2. (Check the DNR 1993 Michigan Fishing Guide for details.)
Entry deadline for the 1994 Michigan waterfowl and trout/salmon stamp design contests is April 30, (617) 373-1263.

FISHING GUID HERTINGS

II FISHING CLUB MESTINGS The Four Seasons Fishing Club meets 7:30 p.m. the first Wednes-day of each month at the Maple-wood Center in Garden City, 477-

day of each monto at the mapper wood Center in Garden City, 477-3816.

The Michigan Fly Fishing Club meets at 7 pm, the first and third Wednesday of each month at the Livonia Clarenceville Junior High School, 420-2233.

Romeo B.A.S.S. Busters meet 7 pm, the first Tuesday of each month at the Romeo Community Youth and Civic Center, 236-6469.

METROPARKS

WOODCOCK WATCH
Participants will explore the
life of the woodcock and view the
male woodcock's mate-attracting
sky dance in this nature class
which begins at 8 p.m. Priday at
Indian Springs. Participants
should bring a blanket or lawn

chair for this open air perform-ance. A similar program begins at 7:30 p.m. at Stony Creek.

A program offering information about the ruby-throated hummingbird and how you can attract this busy and beautiful bird to your yard begins at 1 p.m. Sunday at Stony Creek.

a Spring WildFlowers

A naturalist-led hike in which participants will witness the beauty of the early spring woodland flowers, begins at 1 p.m. Sunday at Indian Springs.

METROPARY REQUIREMENTS

Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required, 1-800-47-PARKS.

OAKLAND **COUNTY PARKS**

E EATH FAIR

The fourth annual Earth Fair, including displays and booths environmental groups, free tree seedlings, entertainment, activities and more, begins at 10 a.m. Saturday at Indian Springs.

BE COUNTY PARK
REQUIREMENTS
Advanced registration and a
motor vehicle permit are required
for all Oakland County Parks programs, 625-6473.

River Crab readies for Salmon Stakes tourney

The atate's longest-running almon fishing tournsment, the River Crab Salmon Stakes, will be held May 1 in St. Clair. The tournament that Chuck Muer and Al Tyrrell cooked up 15 years ago will go on as scheduled not entirely without the famous restaurateur and his wife Betty. They have been lost at sea off Jupiter, Fla., with friends George and Lynne Drummey since March 12.

"They will be here in everything we do and say, like they were for 15 years," said Ruth Rhoades, who runs the River Crab Salmon Stakes at Muer's River Crab Restaurant.

Last year's tournament grossed \$80,000 to benefit eight child

Westland (202-2221).

The money is raised through \$10 raffle/entry tickets which offer a chance at a trip for four to; walt Disney World, among other prizes. After the tournament the raffle/entry tickets can be redeemed for \$10 off dinner-for-two at any of Chuck Muer's restaurants nationwide.



HOW ARE YOU GOING TO SAY "HAPPY MOTHER'S DAY THIS YEAR?" Don't buy the same traditional card, is your mother one of the thousands who has never head an ELEGAL ALEN? If she is, wish her Happy Mother's Day by giving her a card that "Cartilles" she can hold any Government Offices!

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