

## MALLS & MAINSTREETS

### Eco-clothing from Malls & Mainstreets front

making practices," according to an O wear brochure.

"Chemicals used in traditional cotton farming contribute to our country's worst pollution," O wear continues. "Every year, more than 800 million pounds of insecticides, herbicides, fungicides and other pesticides are used on America's farms. These chemicals end up in the lakes and rivers. Cotton is the most heavily sprayed crop."

O wear cotton is grown on farms that refuse to use synthetic chemicals. All finishes, dyes and silk-screen inks are non-toxic. The shelves and fixtures in O wear stores are made from recycled cardboard and plastic.

O wear is a division of Vanity Fair, which also markets Giriboud, Wrangler, Lee and Jantzen.

Local Target stores have a line of green products. Their Naturala socks, selling for \$1.99 a pair, are made from "pure, unbleached cotton," in packaging made from re-

cycled materials and printed with vegetable inks made from soybean. The line also features sheets, blankets and towels in unbleached, natural cotton.

Hudson's picked Earth Day, April 22, to premiere its new line of personal care products. Good-nest shampoo, conditioner, bath gel and body lotions (\$9 each) come in biodegradable 12-ounce bottles containing ingredients derived from "renewable natural sources."

"In October, Hudson's Twelve Oaks store set up a concept shop called 'The Natural Shop,'" said Chris Morriero, Hudson's spokeswoman. "The Natural Shop features an entire collection of products that are without bleaches, dyes or chemical finishes."

The shop includes textile products such as table linens, rugs and bedding.

Catalog collections

While no local retailers carry

Esprit's line of environmentally and socially responsible clothing Ecollection, the clothing can be purchased through a catalog available by 800-422-6335.

Ecollection was launched in 1990 using undyed organic cotton, naturally colored through plant breeding techniques. "The garments are decorated with buttons and beads made by Huchol Indians in Mexico and villagers in Ghana," according to a spokesman.

An Appalachian crafts co-op makes the Ecollection sweaters.

Most environmental catalogs have a fashion section in back where natural cotton T-shirts and undergarments are featured.

Purely Grown, a natural socks line out of Venice, Calif., is about to debut a premature infant, baby and children's clothing line "manufactured with ecological integrity."

In words from their publicity brochure, "The future of the world looks bright."

### Retirees from Malls & Mainstreets front

groups instead of alone. So we work it this way. Lots of personal satisfaction comes from volunteering. It just makes you feel good."

Metz recalled last year's work

for the St. Vincent and Sarah Fisher Home where volunteers folded towels, helped with mailings, and ran a festival games concession. Retired Hudson employees put in 2,446 hours to help foster children.

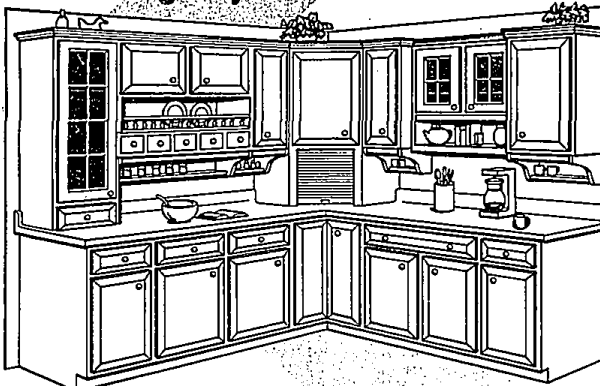
HRVA also publishes a quarterly newsletter, holds monthly luncheons and an annual recognition banquet and picnic. For more information, call the HRVA office Tuesday through Thursday from 10 a.m. to 2 p.m.

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When you decide to join or rejoin, pay only... **\$12**

After that pay only \$10 per week. No hidden costs or special foods to buy.

**Come to the Weight Watchers meeting nearest you.**

<b>BIRMINGHAM</b> YMCA 400 E. Lincoln Fri: 10 a.m. <b>DETROIT-NORTHWEST</b> WEIGHT WATCHERS CENTER & One Northland Plaza (Suite 107) 20755 Greenfield at Eight Mile (Northwest Corner) Mon: 8 a.m., 9:30 a.m., 12 Noon, 6:30 p.m. Tue: 6 p.m. Wed: 12 Noon, 6 p.m. Fri: 6 p.m. Sat: 8 a.m., 9:30 a.m., 11:30 a.m. <b>OAK GROVE A.M.E. CHURCH</b> FELLOWSHIP HALL 19801 Cherry (at Secured Parking Lot) Wed: 6 p.m. <b>FARMINGTON</b> WEIGHT WATCHERS CENTER & THE VILLAGE COMMONS 32748 Grand River 3 bldg. East of Farmington Rd. Mon: 8 p.m. Tue: 10:30 a.m., 12 Noon, 7 p.m. Wed: 6 p.m. Thur: 10:30 a.m., 12 Noon, 6 p.m. Fri: 8 a.m., 10 a.m. <b>FARMINGTON HILLS</b> WEIGHT WATCHERS BUILDING & 28555 Orchard Lake Rd. Sun: 9:30 a.m., 11 a.m. Mon: 5:30 p.m., 7 p.m. Tue: 5:30 p.m., 7 p.m. Wed: 5:30 p.m., 6:30 p.m. Thur: 5:30 p.m. Fri: 4:30 p.m. Sat: 8:30 a.m., 10 a.m.	<b>PONTIAC/WATERFORD</b> WEIGHT WATCHERS CENTER & OAKLAND POINT 458 N. Telegraph Rd. Mon: 9:30 a.m., 10:30 a.m., 6 p.m. Tue: 12:15 p.m., 6:30 p.m. Wed: 10 a.m., 6 p.m. Thur: 12:15 p.m., 4 p.m., 5:30 p.m. Sat: 8:30 a.m., 10 a.m. <b>ROCHESTER</b> WEIGHT WATCHERS CENTER & HAMILIN SQUARE SHOPPING CENTER 1808 S. Rochester Rd. Mon: 9:30 a.m., 5 p.m., 6:30 p.m. Tue: 10 a.m., 7 p.m. Wed: 10 a.m., 6 p.m. Thur: 10:30 a.m., 12 Noon, 6:30 p.m., 6:30 p.m. Fri: 9 a.m. Sat: 8:45 a.m., 10 a.m. <b>ROYAL OAK</b> WEIGHT WATCHERS CENTER & Northwood Shopping Center (Woodward & 15 Mile Road) 3341 N. Woodward Ave. Sun: 9 a.m. Mon: 9:30 a.m., 4 p.m., 7 p.m. Tue: 9:30 a.m., 12:15 p.m., 5:30 p.m., 7 p.m. Wed: 7:15 a.m., 6 p.m. Thur: 12:15 p.m., 7 p.m. Fri: 5:15 p.m. Sat: 8:30 a.m., 10 a.m. <b>SOUTHFIELD</b> WEIGHT WATCHERS CENTER & LATHRUP LANDING 11 Mile & Evergreen Mon: 10:30 a.m., 5:30 p.m., 7 p.m. Tue: 7 p.m. Wed: 10:30 a.m., 12:15 p.m., 6:30 p.m. Thur: 10:30 a.m., 12:15 p.m., 6 p.m. Fri: 7:15 a.m. Sat: 8:30 a.m., 11:00 a.m.	<b>WEIGHT WATCHERS CENTER</b> ONE NORTHLAND PLAZA One Northland Plaza #107 20755 Greenfield at Eight Mile (See Detroit Northwest) <b>TROY</b> WEIGHT WATCHERS CENTER TROY COMMONS 615 E. Big Beaver Mon: 12:15 p.m., 7 p.m. Tue: 10:30 a.m., 12:15 p.m., 6 p.m., 7:15 p.m. Wed: 10 a.m., 5:15 p.m., 8:45 p.m. Thur: 9 a.m., 5:30 p.m., 7 p.m. Fri: 12:15 p.m. Sat: 8 a.m., 10:30 a.m. <b>WEST BLOOMFIELD</b> SHEPHERD KING LUTHERAN CHURCH 5300 W. Maple Rd. (at Middlebelt) Tue: 9:30 a.m. Fri: 9:30 a.m.
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**AT-WORK MEETINGS**  
Lose weight where you work. Weight Watchers will set up a meeting for you and your fellow employees. Call for further information: (313) 553-1050

- Parents & Teen: Parents with small children
- See city listings for meetings and times.
- Exercise classes
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- Open Mon.-Fri. 9:30 a.m. to 5:30 p.m. for meetings and program information.
- Product sales and program information.
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**Call (313) 553-3232 1-800-487-4777**

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The Southfield/Lathrup Multicultural Coalition Presents:

## A COMMUNITY FORUM

LIVING IN  
**SOUTHFIELD/LATHRUP**  
**Changes, Choices, Challenges**

Thursday, April 29 • 7:00 - 9:30 p.m. • Southfield-Lathrup High School  
North Commons Cafeteria (use entrances at northeast or northwest corners of the building)

# YOU

**CAN MAKE A DIFFERENCE IN YOUR COMMUNITY**

Take an active part in making  
Southfield/Lathrup a great place to live.

Keynote Speaker: Lynette Campbell,  
Community Foundation for Southeastern Michigan

**YES, I/we will attend the Community Forum**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

NUMBER ATTENDING: \_\_\_\_\_

Mail to: Southfield/Lathrup Multicultural Coalition,  
19785 Butternut, Southfield, MI 48076

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NAACP-South Oakland Branch  
St. Bede Catholic Church  
Southfield Downtown Development Authority  
Southfield Homeowners Association  
Southfield Public Schools  
The Neighborhood Project  
Young Israel of Southfield