

## Another new veep for OU

Oakland University has selected an Antioch College administrator as its new vice president for university relations.

The appointment of David Disend, Antioch's vice president for development and alumni relations, was approved by the OU Board of Trustees June 3, and he begins his OU duties Aug. 1.

OU President Sandra Packard praised Disend for "his proven fund-raising abilities both at Antioch and at the University of Miami in Coral Gables."

Disend was responsible for adding \$20 million in gifts and pledges to Antioch's campaign, cash revenues grew over 50 percent a year, alumni participation has grown from 28 to 34 percent, and the annual fund has grown 32 percent in dollars received, according to Packard.

Of his new position, Disend said "Oakland University is a fine institution with great potential and wonderful new leadership. I am looking forward to this exciting opportunity."

Disend received a bachelor of arts degree from New College in Sarasota, Fla., and a master's degree from Duke University. He completed his educational administrator certification requirements at the College of William and Mary.

As vice president for university relations, Disend will be responsible for development of a major gifts campaign, the planned giving program, and the OU Foundation.

He will administer the programs and staff of the university's fund raising, alumni affairs, public relations, and conference center units as well as the cultural affairs offered by Meadow Brook Hall and Meadow Brook Art Gallery.

## Nuts may reduce risk of heart attack



Did you know that... Several recent medical reports have suggested that eating nuts (mostly peanuts, almonds, or walnuts) may reduce the risk of heart attacks. To explore possible explanations for this finding, researchers found that nut consumption, when added to a control or fixed diet, resulted in lower levels of total cholesterol and low-density lipoprotein cholesterol (the "bad" form).

Women tend to get more intoxicated than men from the same amount of alcohol. Why? Women are generally smaller than men and have proportionately more fatty tissue and less body water. These factors result in a higher blood alcohol concentration for women for a given amount of alcohol consumed. Also, new research suggests that stomach juices that break down alcohol before it reaches the bloodstream are less active in women than men.

Cigarette smoking by physicians has declined steadily since the 1960's, when 30 percent smoked, to about 10 percent today. In contrast, recent surveys indicate that approximately 28 percent of American men and 23 percent of women smoke cigarettes.

Going outside in cold weather with wet feet, wet hair, or wet clothing won't make you any more susceptible to colds or the flu. The key to catching a cold is being exposed to a virus to which you are not immune. It really doesn't matter whether you are wet or dry.

Small metal-mesh tubes, called stents, can now be inserted permanently into the heart's arteries to keep them open. These devices work like tiny scaffolding to prevent the artery from collapsing or closing.

Barry A. Franklin, Ph.D., is director, Cardiac Rehabilitation and Exercise Laboratories, William Beaumont Hospital, Royal Oak. He holds faculty appointments at Wayne State University, School of Medicine, and Oakland University.

Conventional and Advance Payment Program lease payments based on '93 Villager GS with PEP 602A MSRP \$20,100, '93 Sable GS with PEP 451A MSRP \$10,800 and Cougar XR7 with PEP 260A MSRP \$16,643 excluding title, taxes, license fee. Monthly lease payment based on an average capitalized cost of 01.37% of MSRP for Villager and 02.22% for Sable and 03.00% for Cougar for 24-month closed-end Red Carpet Leases purchased in the Great Lakes Region for the period 12/02-2/03. Some payments higher, some lower. See participating dealers for payment and terms. For special lease terms, take new retail delivery from dealer stock by 7/5/93. Lessee may have the option to buy vehicle at lease end at a price to be negotiated with the dealer at signing. Lessee responsible for excess wear and tear and \$.11 per mile over 30,000 miles. Credit approval/insurability determined by Ford Credit. Cash savings based on comparison of total monthly payments plus cash down payment under a conventional 24-month Red Carpet lease vs. one lease payment under the Advance Payment Program lease. \$8,452 vs. \$7,396 on Villager; \$8,108 vs. \$7,254 on Sable; \$8,736 vs. \$7,079 on Cougar. Take new vehicle retail delivery from dealer stock by 7/5/93. MSRP for Topaz GS 2-door includes \$500 cash back, excludes title and taxes. See your dealer for his price. For cash back take new retail delivery from dealer stock by 9/22/93. Always wear your safety belt. \*Except on models with privacy glass.

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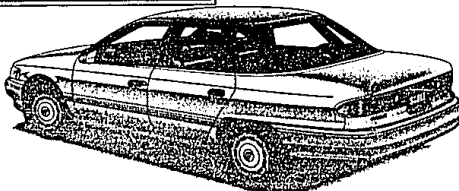


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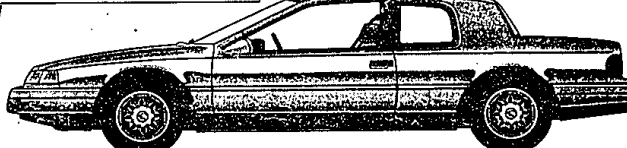
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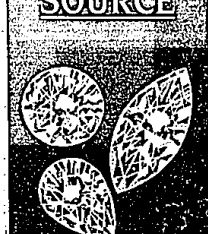


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