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# Fuel football fans with bowl of chili

If you're tackling this year's TV Super Bowl party, you'll want a game plan that fuels the fins and allows the cook to catch all the gridion action. One simple solution, sure to please armchair athletes and keep cooking and clean-up at a minimum, is to serve steaming towifuls of great-tasting chill with an appealing selection of help-yourself toppings. Two right for the first state of the f

ed. They only improve with "age." Beef and Bacon SuperChill teams the crowd-pleasing flavors of ground beef and bacon with colorful vegetables, beans, picante sauce and Lone Star State seasonings for a hearty satisfying meal-in-a-bowl that's easy to prepare and serve. Touchdown Turkey Chill is a far-from-the-ordinary bowlful that simmers ground turkey, vegetables, picante sauce and scasnings with a touch of cinnamon for a spicy, satisfying dimertime treat with super-special taste appeal. With either or both chilles, bass your favorite crusty bread, corn bread, rolls, tortillas or crackers and you've got a winning combination that's sure to rate raves.

BEEF AND BACON SUPERCHILL

chopped
1 pound lean ground beef
1 ½ cups coarsely chopped

1 large green pepper, coars-

- ley chopped I can (28 ounces) whole tomatoes, undrained. coarsely chooped
- benes, undrained 1 cup Pace Picante Sauce
- 1 tablespoon chill powder 2 teaspoons ground cumin 1 teaspoon salt

Optional toppings: Sour cream, shredded cheddar cheese, chopped onlon, chopped cliantro

chopped clianto
In large saucepan, cook bacon
over medium-low heat, stirring
frequently, until crisp. Remove to
paper towels with slotted spoon.
Pour off all but about 1 tablespoon drippings. In drippings,
brown ground beef with onlon and
green pepper; drain. Add reserved
bacon and remaining ingredients
except optional toppings; mix
well.

well.

Bring to a boil. Reduce heat,
cover and simmer 20 minutes.
Ladle into bowls; top as desired
and serve with additional picante sauce. Makes 6 to 8 servings, about 8 cups chili.

### TOUCHDOWN TURKEY CHILI

- 1 pound ground turkey 2 cups coarsely chopped

- onions
  3 gartic cloves, minced
  1 tablespoon vegetable oil
  1 tablespoon chill powder
  1 tablespoon ground cumin



Party-perfect: Fuel armchair athletes at halftime with Beef and Bacon SuperChili. It teams ground beef, bacon, chili vegetables and Texas-style seasonings with picante sauce.

⅓ teaspoon salt ¼ to ⅓ teaspoon cinnamon,

- as desired 1 can (28 ounces) whole to-
- matoes, undrained, coarsely chopped
- coarsely chopped

  can (16 ounces) kidney
  boans, rinsed and drained

  cup Pace Picante Sauce

  can (about 8 ounces)
  whole kernel corn, drained

  green pepper, cut into ½inch pieces

  red bell pepper, cut into ½inch pieces
- inch pieces Toppings; Sour cream,

chopped cilantro, shredd-ed cheddar cheese

In large saucepan, cook and stir turkey, onlon and garlic in oil un-til turkey is no longer pink. Sprin-kle with cumin, chili powder, salt and cinnamon; mix well.

Add tomatoes, beans and pi-cante sauce. Bring to a boil. Re-duce heat, cover and simmer 10 minutes. Add corn and peppers; cover and continue to simmer 15 minutes. Ladd into bowls; top as desired and serve with additional picante sauce. Makes 8 servings, about 9 cups chili.

## **COOKING CALENDAR**

To get your classes or events listed in this column, send items to be considered for publication to: Keely Wygonik, Taste Editor, the Observer & Eccentric, 36251 Schoolcaft Road, Livonia 48150. Or fax to 591-7279.

W VEGETARIAN

VEGITARIAN
Creative Cooking Without Meat,
2-6 p.m. Sunday, Jan. 23 at Metropolitan Seventh-day Adventist
School, 1658 Haggerty, Plymouth. Suggested donation \$15 per
person, \$20 per couple. Call 4203131 or 531-2179 to register.

ELOW-FAT CAKES
Mary Dennier, owner of Mary

Mary Denning, owner of Mary Denning's Cake Shoppe in West-land, demonstrates cake decorat-ing and recipe substitutions for lowering fat and sugar as part of a heart-healthy diet, 7-8 pm. Tues-doy, Feb. 8 at St. Mary's Hospital, 36476 Five Mile Road, Livonia. Cost 38, call 591-2983, extension 2 to register.

E HEART HEALTHY

Take columnist Laura Letobar
will be teaching two classes in
heart healthy cooking, 7:9 p.m.
Wednesdays, Feb. 2 and 9 and 7-9
p.m. Wednesdays, March 2 and 9
t Stevenson High school in Livonia. Call 537-7343 or 523-9278 for
registration information.

EDESERT

The Walester Wages of Francisco

ton Hills will feature Dan Rowl-son Chef instructor at Oakland Community College at their meeting, 7:30 pm. Tuesday, Feb. 1 at Faith Covenant Church (14 Miles at Drake). Chef Rowlson will be demonstrating a dessert. The meeting is open to the public. Call 553-8192 for details.

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\*\*BLES SAISONS\*\*
\*\*Peasant Style Stews & Soups 6-8 p.m. Thursday, Jan. 18, featuring techniques in braising and stocks with Master Chef Jeff Gabriel, director of Schooleraft College's Culinary Arts Program. Chef James Pecherski of Cocina Del Sol demonstrates hot and spicy Southwest Culsine, 6-8 p.m. Thursday, Jan. 29. Classes \$25 per person or three classes for \$35. Recipes, generous tastings included. Les Saisons is at 304 West Fourth, Royal Oak. Call \$65-3400 to register.

to register.

HEART HEALTHY
Tante columniat Laura Letobar will be teaching two classes in heart healthy cooking, 7-9 nm. Wednesdays, Feb. 2 and 9 and 7-9 nm. Wednesdays, Feb. 2 and 9 and 7-9 nm. Call 537-7343 or 522-9278 for registration information.

DESSERT Columniation.

# Party mix easy to make

AP — It's time for a party mix that cooks faster than it disappears. This spicy blend takes only minutes in the microwave oven, Cook up a batch for last-minute guests, gift-giving or a tasty snack. 

- 2 tablespoons margarine or butter 2 teaspoons barbecue sea-
- soning 8-ounce can mixed nots 3-ounce can chow meln noo-

dles
In a 2-quart microwave-safe casserole combine margarine or butter
and barbecue seasoning. Cover and

cook on 100 percent power (high) for 45 to 60 seconds or until the margarine or butter is melted. Stir in the mixed nuts and chow mein noodles. Cook, uncovered, for 2 minutes; att, then cook for 2 minutes more. Continue cooking for 2 to 3 minutes more, attring every 30 seconds. Spread the mixture on a baking sheet, allowing it to cool and get crisp. Makes 3 cups (12 servings). Note: If you cannot find barbecus easoning, substitute I teaspoon second of the celery sall and 1 teaspoon chili pouder. Nutrition information per serving:

Nutrition information per serving 168 cal., 14 g fat, 0 mg chol., 4 g pro. 9 g carbo., 2 g fiber, 191 mg sodium.



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