

# 'Coffee and Conversation' covers host of issues



MARY LINDA CALDERONE

Meet Cindy Stewart, public information director for the city of Novi. Stewart plans all promotional and public relations events for the city. Whether it be Novi's 25th anniversary, Novi's '90s Festival or organizing a group from the group in Detroit, Stewart is there at the helm steering the wheel. She also produces television shows for Channel 12.

Bring in the expertise and technical skills of Kevin Southern, government television production coordinator for the cities of Farmington Hills and Farmington Hills and you have quite a pair. Add the charm and charisma of a native talent such as Denise Jenkins, now a director for WJOL, and you have an hour full of great entertainment.

It's called "Coffee and Conversation" and it's on Channel 12, at 11 a.m. Mondays and at 6 p.m. Thursdays. A gamut of topics is explored. Author James Windell Jones' secrets with Jenkins from "Latest Look Eight Weeks to a Well Behaved Child. Learn how to cook delicious, healthy meals with the Weight Watchers test kitchen with Florine Mark. Need planning a wedding? Don't let the "Here Comes The Bride" show. On the more serious watch the informative "Coffee and Conversation" an assisted guide with views from Rita Parker, author of "Deadly Communion," and Shaw Livermore, Hamlock Society of Michigan Newsletter editor.

In its premiere season, "Coffee and Conversation" has won a national award of excellence in the 1994 Sho-Me Award contest for public relations and television broadcast. The set was designed by the talented Novi artist David Witt.

Remember, if you happen to miss "Coffee and Conversation" during its regularly scheduled time slot, Friday is viewer's choice day on Channel 12. Requests for programs are taken by

calling MetroVision at 553-7303, extension 251. So put your feet up, relax and start the weekend off right with "Coffee and Conversation."

## CHANNEL 12 Monday, April 25

10 a.m. — Travels with Kay: Philippines II

10:30 a.m. — Women on the Move: Debbie Stabenow

11 a.m. — Coffee and conversation: eating healthy

Noon — Farmington Hills Police Journal

12:30 p.m. — Dollars and Sense with J.R.: Retirement planning

1 p.m. — Seniors on the move: the ground king

1:30 p.m. — The word of life: How to plan financially

2 p.m. — Senior pioneer women: their lives through song

3 p.m. — North American Indian Journal

4 p.m. — Pet pointers: training puppies

4:30 p.m. — Novi kids lip sync

6 p.m. — Home for life: lawn care

6:30 p.m. — Bagels and talk with Tracy and Phil

7 p.m. — Rainbow of promise: Pastor Stan

7:30 p.m. — Chi-aerobics: Lesson 1

8 p.m. — Cosmic connection

9 p.m. — Senior spotlight: health care choices

9:30 p.m. — Groove session.

## Tuesday, April 26

10 a.m. — Summit University

11 a.m. — Praise, praise, praise

11:30 a.m. — Life matters

Noon — Adventures with Pirate Pete

12:30 p.m. — Spontaneous seniors

1:30 p.m. — Novi talkin' history: Dr. Tom Heslip

2 p.m. — Salon glamour and etiquette with Gloria: facial and skin care

3 p.m. — Cosmic connection

4 p.m. — Travelin' on: California

4:30 p.m. — Sports yesterday/today: baseball

5 p.m. — Crime Watch

5:30 p.m. — Living with your addictions

6 p.m. — Seniors on the move: the Ground King

6:30 p.m. — Business and residential news

7 p.m. — Cash talks: Rube Weiss

7:30 p.m. — Viewpoint

8 p.m. — Salon glamour and etiquette with Gloria: facial and skin care

9 p.m. — Women on the Move: Women Center

9:30 p.m. — See it on two wheels.

## Wednesday, April 27

10 a.m. — Capitol report

10:30 a.m. — Madonna Magazine

11 a.m. — Study in Scripture

11:30 a.m. — Amvets

Noon — The way the truth and the life

12:30 p.m. — That's Italian

1 p.m. — Future of the family: bicycle, beach and boat safety

2 p.m. — Foster care where do you fit in

2:30 p.m. — Dickerman Show: case: London

3 p.m. — Farmington's past people and places: Jean Fox

4 p.m. — Crisis in the modern family: bedwetting

5 p.m. — Impact video

5:30 p.m. — Groove session

6 p.m. — Senior messenger

7 p.m. — The word of life: how to plan financially

7:30 p.m. — Let's talk with Ben Marks: Ronna Romney, Republican candidate

8 p.m. — My vote counts

8:30 p.m. — Lansing Connection

9 p.m. — Speakers row: news digest

## Thursday, April 28

10 a.m. — Senior messenger

11 a.m. — Good health it's in your hands: diabetes

11:30 a.m. — Bagels and talk with Tracy and Phil

Noon — Cash talks: Rube Weiss

12:30 p.m. — Citizens against government waste

1 p.m. — Martin Luther King tribute

1:30 p.m. — Restoring the Rouge

2 p.m. — My vote counts

2:30 p.m. — Chi-aerobics: Lesson 4

3 p.m. — Business and residential news

3:30 p.m. — Viewpoint

4 p.m. — Conflict at the crossroads: Civil War

4:30 p.m. — Relop: Uncle Jesse Wilson

5 p.m. — Shaarey Zedek Productions

6 p.m. — Motorsports basics: Michael Kollins

7 p.m. — Crisis in the modern family: bedwetting

8 p.m. — Novi news week

8:30 p.m. — The great escape: sailing

9:30 p.m. — Seniors beware: the furnace man.

## Friday, April 29

— Request your favorite community access program to be cablecast on Friday between 3 p.m. and 9 p.m. Call MetroVision at 553-7303.

## Spring Fever

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# How can you avoid a broken heart?

By getting a free screening  
**Saturday, April 30 from 10 am to 2 pm.**

*Listen to Your Heart* is a fun, educational event for the whole family. A variety of activities will be featured such as: **FREE** blood pressure and cholesterol screening, body fat analysis, and counseling on risk factors, medication, nutrition and fitness.

Activities for children will include: listening to their own heart, height and weight measurement, prizes, tasty treats and a visit from their favorite dinosaur.

Learn how you can avoid a broken heart by coming to Botsford CardioCare Center's free Open House located on the second floor of the West Pavilion at Botsford General Hospital. Your heart will love you for it. For more information, call (810) 471-8870.

Reaching out to the people of our community.  
28050 Grand River Avenue Farmington Hills, MI 48336-5933

**botsford general hospital**

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• Howard Miller	• I.M. David	• Butler	• Athol
• Berkshire			

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