Hands from page 1C

they are working on, "they get to know those patients who they are taking care of a little bit better," Grazal said.

Public Relations coordinator Chris Ward said volunteers, like Ed Barter, bespital vice peat, dent, come from other parts of the hospital including payroll, ac-counting, data management or maintenance.
"They come and make the com-

counting data management or
maintenance.

"They come and make the commitment once a week to feed patients," he said.

Volunters trod to be people
who enjoy being around others,
forszal said.

"They like the fact that they're
helping someone, that they're
making a difference," she said. "In
trovides them with that whole
different view of what the hospital
is. What we've real'y all about."

The other 30 persont of the volminers are from outside the hospital. They arrive at 11:30 a.m.
when the first trays are delivered
and go from floor'te floor until everyone has been fed et around 1
pm.

eryone has been fed et around 1 pm.

There are many benefits of hur, and the person sasisting a patient for 45 to 60 minutes uninterruptfor 45 to 60 minutes uninterruptde. That time is a luxury the busy nursing staff can't afford.

But when more time is spent patients tend to eat more and possibly avoid tube feedings. Perhaps even more important than the feeding itself, Grazal said, was the socialization.

Many Jane Larson, R.N., who volunteers at least once weakly,

found this to be true with one woman who told her she wasn't really hungry. Larson started chatting while offering bites of

chatting while othering interest or food.

"She told me about her hubby, her life and in between she's eating sway." Larson said, adding that the program was beneficial

work doean't involve much patient contact.
Patrick Reinhard, R.N., said it's a good orientation for patients and volunteers.
"Sometimes it's the only time I look out the window," he said. "It iso keeps the patients oriented as to what day it is."
Proper nutrition is an important part of the health and healing of the patients, Grazia faid. "It can shorten the patients' length of stay."

of the patient, Grazal asid. "It can shorten the patients' length of stay."

Health care reforms tend to focus on decreasing payments by decreasing the length of the patient's atay.

"Before these reforms come down, we've putting things into place that are going to help us and help the patients in the long run, "Reinhard asid.

Training for new volunteers involves going over basics and having an experienced volunteer go with them for their first feeding. There are 66 volunteers who, for the month of May alone, fed \$3 patients 22 meals. That involved 167 volunteer hours.

Plans to expand the program to incorporate service during the



Finding time: John Morningstar of Data Management takes time during his busy day to volunteer in the Helping Hands program.

dinner hour and possibly break-fast would add to the current need for more volunteers.

Smith would like to see more hospitals and other institutions, like nursing homes, start similar happen anywhere," she said.

For more information about Helping Hands or about becoming a volunteer, call 471-8735.

'Exotic Evenings' explore ethnic enrichment, diversity

In celebration of its 25th anniversary, the Community Center of Farmington-Farmington Hills is presenting a series of five "Exotic Evenings" featuring performers from diverse ethnic backgrounds.

The family-oriented series will explore the rich heritages of other cultures through music, dance and storytelling.

Beginning Wednesday, July 20, the performances will be held in the outdoor amphitheater at The Center, 24705 Farmington Road, north of 10 Mile.

In case of rain, the shows will be staged in the large living room of the Longacer House—a Michigan Historic Site.

The Community Center grounds will be open at 6:15 p.m. with performances beginning at 7 p.m. The community control of the community Center grounds will be open at 6:15 p.m. with performances beginning at 7 p.m.

sire. Light refreshments will be revaliable before the shows. Admission to the "Exotic Evenings" is free, courtesy of Target Stores.

"This the initial phase of the new Cultural Harmony program we are leauching this year," according to executive director Ben Marks.

"Eventually, we want to school and the solid solid performances, art exhibits and classes focusing on different thing groups," he said.

"We believe there is a need for programs that bring people of different races together in a fun, relaxed atmosphere, where they can learn something about each other's culture and become better acquainted," said Laura Collins, center development coordinator.

"We also want to provide quality enrichment programs that are affordable, convenient and enjoyable for all ages," she said.

Outside funding is a crucial factor.

"Target's sponsorship made it possible for us to offer the Exotic Evenings at no charge," Marks asid. "We hope to find additional sponsors for the other phases of the Cultural Harmony program."

The schodule of performances are:

B July 20, Tomoyo Koehler, Japanese Koto Harp music, Renee
Chou, traditional Chinese dance.

B July 27, Corinne Stavish, Jewish stories and folklore.

B Aug. 3, Gisselle Fobbs, Middle eastern dance.

B Aug. 10, LaRon Wilhams, African stories.

B Aug. 17, Malini's Dances of India, Carol Hansen, tales of East India.

For more information call the center at 477-8404.

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Local man will be moderator

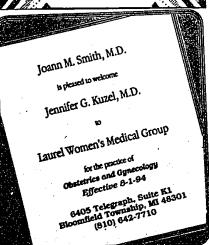
De moderator

D. Keith Descon of Farmington
Hills was detected moderator recently at the Neticoal Association of Copyreptional Christian
Churches during its 40th meeting.
This mention is Des Moines,
Iowa, we standed by about 1,000
people with the second of the contraction.
The Rev. Steven H. Ware Beiley, minister at Bushnell Congreptational Church of Detrit and
hairmen of the National Association's Division for Ministry, delivered the congregational lacture.
Descon will preside as moderator at the 1996 annual meeting of
the NACCC in Minnespolis. Descon is a member of the North
Congregational Church of Southfield. The North Congregational
Church is moving to Farmington
Hills in August.
The 40th anniversary meeting
of the NACCC will be June 24-27,
1996, at the Dearborn Hysti Repency.



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