#### Wine from page 1B

undergoes malolactic fermenta-tion and remains on the yeast less for about seven months. Don't misunderstand, the wine does not imitate chardonnay in Its flavor profile. It just benefits from the tools.

profile. It just benefits from the tools.

The 1992 Chalk Hill Sauvignon Blanc (315) is a happy blend of ripe tropical, melony fruit with the slightest hints of new-mown grass. It has tantallning pelate sexture that its creamy, rich, full and flavorful. The bad news is that this wine is targeted principally for on-premise sales in your favorits restaurant — ask for it specifically and complement just about any seafood dish you choose.

This was the general consensus of our table as we sampled it with a variety of seafood at Chalry's Crab in Troy. The wine made a variety of seafood at Chale Andrews and several species of broiled white fish. Yes, the wine's a touch pricier than many other sauvignous on the market, but there's none more stylish. We compared the 1990 and 1991 Chalk Hill Cabernet Sauvignous on the market, but there's none more stylish. We compared the 1990 and 1991 Chalk Hill Cabernet Sauvignous (1818.0) side-by-side.

It was a he-said for the 1990 and Bordeaur-like flavors and absaid for the 1991 for the brighter fruit expression and resolved time. At Chalk Hill, the cabernet is agod enclusively in Borbeaux-coopered barries, So percent new each vintage, for a period of about 20 months. Shallow, grewilly soils on the estate are ideally suited for cabernet sauvignou.

If great winemaking continues at Chalk Hill as it has so far in ols.
The 1992 Chalk Hill Sauvignon

on the estate are insany sunten or cahemet savvignon.

If great winemaking continues at Chalk Hill as it has so far in the 1990s, it's destined to be on our list of wineries of the decade

Wine Selections of the Week

For chardens Fee chardonsey loven 1992 Cypress 27.73 1992 Cypress 27.73 1992 Barner Sta 27.7 1992 Sarta Rts 27.7 1992 Bernerdus 273.50 1992 Bernerdus 273.50 1992 Sherado Vineyards 274.50

\$14.50 1992 Hess Collection \$14.50 dynamite flavors 1992 Burgess Callers, Triore Vineyard \$15 na Collection \$14.50 -

Servignon blane for summer serloods 1993 Senta Pilla 120 (Chile)

1993 Santa Rita Reserva #8 1993 Silverado #9.50

Seat rade under \$10 Bact recht under \$10 1992 Senta Rite (Chile) Moriot \$6,60 1992 Round Hill Moriot \$7 1992 Cypress Meriot \$9 1991 Castallo d'Albota Chianti Classico \$9

A ellerbace cust abover 1990 Nozzolo Chianti Classico Casarra \$12.50 1992 Chesbau Souventh Carnero Print Noi \$13.50 1991 Madayza Croek Merbt \$28.50 1996 Gregorio Mazzi Reserva Brunello di Montatino \$38

by the new millennium

To leave a message on the Heald's voice mail — dial 963-2047, mailbox 1864.

# Have a little more taste with pasta

See related article on Taste front.

CAPELLES POSSODOR

4 cloves gartic, minced 2 pounds plum tomatoes, seeded and diced I ounce tresh basil leaves.

15 cup extra virgin ofive oil 3 cunces Parmesan chees

uunces Parmesan cheese, treshiy grated 12 ounces angel hair pasta, cooked

¼ teaspoon black pepper

is teaspoon black pepper Cook pasts according to package instructions. Keep warm. Meanwhile, mines grute and basil. Set saids. Seed and dice tomatoes. Grate Parmean choses. Heat clive oil in luves skillet over medium beat. And garlie and cook until it turns white. Add tomatoes and peper and beat through, attring constantly, about 2 to 3 minutes. Tomatoes should not lose their shape. Remove from heat. Transfer hot, cooked peats into a large bowl. Toss Remove from heat. Transfer hot, cooked pasts into a large bowl. Toss pasts gently with tomato mixture, basil and half the Parmesan choose. Serve immediately and pass re-

Serve immediately and pease re-maining choses.

Recipe provided by The Olive Gar-den, Although this is a worm dish, it is a great summer main course be-cause of its simplicity.

GRILED CHECKEN PASTA SALAD

SALAD

12 ounces pasta
2 teespoons salt
1 cup olive oil
3 cloves garlic, crushed
2 tablespoons basil 2 teaspoons oregano 1 teaspoon ground black pep-

1 grilled chicken breast, boneless and skinless zucchini, sliced ¼-inch thick

summer scruesh, sliced Winch thick ·
2 cup thin silvers red onion
1 cup thin silvers red bell pep-

per 2 Roma tomatoes chopped

porsity, fresh

Cook pasts in 4 quarts of boiling
water. Put two tablespoons of ealt
in the boiling water with pasts to
prevent sticking. Cook pasts until
al dents, about 4 minutes. Drain,
rinse with cool water, tose with 3
tablespoons oil and refrigerate. Mix
4 cup olive oil, 1 clove garile, 1
tablespoon basil, 1 teaspoon oregene and W teaspoon back paper.
Pat chicken breast, suchlani and
summer squash with oil mixture,
grill (vegetables abould only stay on
the grill about 1 minute). Cet
chicken into 2-inch strips, combine
with remaining wegetables and
place over pasts.

with remaining vegetation applies over peats.
Combine remaining olive oil, garlic, spices and vinegar and pour over salaci, toss lightly. Chill and serve. Serves 4.
Recipe courtesy of Mama Mucci's Pasta in Plymouth.

CARRYOUT SERVICE AND CHARER Jessie's Bet and

FISH & CHIPS 27206 GRAND RWER COMED OF PONCHAN 534-5550 2 LARGE PIECES \$45

Fres, totar silice, roll, drive and cole store.

RELIEF FOR STRESS & MUSCLE PAIN

American Therapeutic Massage

### Pasta

from page 1B

From page 1B

Fays Pittgerald, a
HeardSmart distician, recommends working with
juices to flavor pasts salads
without the fat.

Other salad dressing
might incorporate yegut or
mayonnaise. If packing for a
jicnic, these are best avoidded because if the activity
and because of the heatrithat may grow as a result of
exposure to the heat.

Basil is perhaps the most
basic seasoning for pasts
salad dressings. In the summer months, Chimento asid
only go for the real thing.
The fresh heatil is readily
available and will make a
big difference in the tasto.
Italian persley is snother
Havorill addition to a pasts
salad. It is more robust than
the traditional curly American variety.
Mucel recommends soins can variety.

Mucci recommends going crasy with the vegetables.

"Try all kinds of vegeta-bles." Mucci said. "You might saute them or grill them before tossing them in.

## The Chef responds

See Larry Janes' Tuste Buds Column on Tasts front.
Eva Gent of Westland wanted to know about Goatshorn peppers, an elongated Italian reasting pepper that's she's growing in he garden. Gent wanted to know the best way to reast them.
Roasting peppers eliminates the bitter skin. Bilice peppers eliminates the bitter skin. Bilice peppers or over hot coals to char and blacken the skin.
Flace bilatered peppers in a small brown paper bag to steam, and then run them under a faucet. The skins should peel right off. You can use them in sauces or pures.

You can use them in sauces or purees.

Mrs. Gross of Troy wanted to know if you can dehydrate fresh tomatoes. All tomatoes can be dried using a food dehydrater, but the best ones are Roma tomatoes, which have less water and an intense flavor when dehydrated. Follow manufacture's directions for dehydrating.

#### **WEIGHT LOSS**

If you are 25 to 150 lbs. overweight for more), and you suncerely want to solve your weight problem, make an appointment for an orientation make an appointment for an orientation when the propose for Weight loss. The Pro-Health program to Armarkally different and proven approach to weight loss, it is regarded by doctors and other clinical authorities as sturding 'head and aboulders above any other systematic,

approach to weight conout," and "the most comprehensive approach ever asen for the treatment of ownweight." You'll lose weight quickly, eating regular good flood, and you'll get real help in making the inner changes that will make your success last. You'll find it allordable, too. The fee is reasonable, and most clemis fand that their insurance will cover a good deal of it.

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DR. RALPH P. KEITH, Ph.D. 28336 FRANKLIN RD. 50UTHFIELD, MICHIGAN 48034

Flace Number

