

COMMUNITY LIFE

Jewish college offers new opportunities



When the Lubavitch Institute of Advanced Studies began operating in Farmington Hills, it opened doors to everyone, but especially for people who follow Orthodox Jewish tenets and were comforted by the religious followings in a school setting.

By DIANE GALE
STAFF WRITER

Deborah Shentov wouldn't be going to school at all if it weren't for a Farmington Hills Jewish college.

"I didn't want to go to a regular college," she said. "I would never have this opportunity."

The Lubavitch Institute of Advanced Studies is Michigan's only private Jewish college to offer undergraduate degrees in secular studies, like accounting, computing, management and Judaic studies, or communication. It opened in the Lubavitch Foundation of Michigan offices on Middlebelt between 12 Mile and 13 Mile roads earlier this month.

The Hasidic Jewish group currently has about 30 students and has a capacity to grow to 150-some students. The college will eventually take up permanent residence at a 40-acre West Bloomfield campus that is being developed.

"The students could go anywhere,



FOR FREDERICKSTAFF PHOTOGRAPHERS

Opening doors: Simchov-Yitzchok Lener works with his student, Yitty Zakhikofsky, 19, of Oak Park.

See SCHOOL, 16A

FAMILY ROOM



BARBARA SEABOLT

Learn CPR and save a life

There are approximately 1 million heart attacks a year in this country. There is probably not a person reading this article who has not in some way been affected by the loss of someone they know from cardiovascular disease.

But it's not just cardiovascular disease or a "heart attack" that can require CPR. It could be the heart has stopped beating because of suffocation, drowning, electrocution, or trauma from an accident, or allergic reaction. If you know what to do you can very well make the difference between life and death. Minutes count, and knowing what to do can save a person's life.

In as little as four hours you can learn how to recognize the warning signs of a heart attack. But you will also learn prevention. You will learn the risk factors, what is controllable and what is uncontrollable. You will learn ways to reduce your risk factors, and what to do if someone stops breathing, their heart stops beating, or they begin to choke.

You will also learn about stroke "brain attack" signs and symptoms, risk and prevention, and what to do for a stroke victim while waiting for EMS to arrive.

In the chain of survival, you are the important

See CPR, 16A

How can you avoid a broken heart?

By getting a Cardiac Risk Assessment at Botsford General Hospital.

The best gift you can give yourself, or someone you love, is a healthy heart. Now at a special price of only \$100, a savings of \$50, your Cardiac Risk Assessment includes: a medical history and physical evaluation, a nutritional evaluation, a body fat analysis and a fitness test. Additional lab tests and x-rays are covered by most insurance carriers.

As part of a comprehensive range of cardiology services, Botsford CardioCare Center also offers the following risk reduction and management programs: Cardiac Wellness Program, High Cholesterol Program, High Blood Pressure Program, Congestive Heart Failure Program and Cardiac Rehabilitation Program.

Find out if you, or someone you love, may be at risk for a heart attack. Call (810) 471-8870 today to schedule an appointment. This special offer only lasts 30 days.



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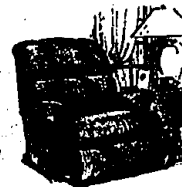
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