

Prevention plan prepares parents

BY DIANE GALE

Soon after babies are born their parents begin to wonder what kind of kids they'll befriend; will they go to wild parties, drink alcohol in excess and experiment with drugs?

These are worries that often make parents feel helpless. That's where Talking With Your Kids About Alcohol steps in.

"It's for parents whose kids aren't involved with an alcohol problem and they want to keep it that way," according to Linda Enberg, TWYKAA instructor.

Farmington Families in Action, with the support of Farmington Public Schools will offer the nationally recognized prevention program Nov. 8, 11, 15 and 18 in the Farmington Training Center behind Dimitris. Morning and evening classes are available and the fee is \$10 for materials.

"Usually when kids get to middle school their parents begin to see they are changing and that's when they get nervous," Enberg said.

However, she stressed, parents of children from elementary school to college have taken the classes. The program teaches parents what to say and how to say it in a manner that will interest teenagers.

"Most kids think the sky is the limit," she said, adding that 60 percent of area high school seniors reportedly drink alcohol in the last month and 30 percent reported drinking heavily during that time.

Meanwhile, youngsters are bombarded with advertisements that depict beautiful, young people drinking in social settings, Enberg said, implying that more is better, En-

'We find time to go to soccer games, work, howl and this is nine hours to teach us how to inoculate our children against alcohol problems for the rest of their lives.'

Linda Enberg
TWYKAA instructor

berg said. If parents don't dismiss that belief the children will accept it as fact.

It teaches parents guidelines to follow. For instance, research shows, Enberg said, that the most any adult should drink is three drinks during a three hour period to avoid an alcohol problem. In fact, she said, 50 percent of adults in the United States don't drink alcohol at all.

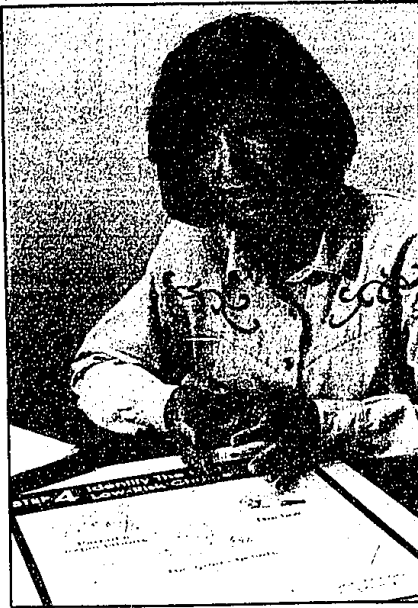
Parents learn a five-step procedure in the TWYKAA program to help avoid alcohol problems which can be applied anytime in life.

"That's a tremendous gift to teach our children," Enberg said adding that most of the time kids are exposed to alcohol by friends in high school and often times in middle school or earlier. "Parents need to prepare their kids."

Some 300 parents in the Farmington area have taken the TWYKAA program during the last five years.

"We find time to go to soccer games, work, howl and this is nine hours to teach us how to inoculate our children against alcohol problems for the rest of their lives," Enberg said.

For more information call Enberg at 476-2303.



AND HEALING/STAFF PHOTOGRAPHER

Warning signs: Linda Enberg teaches a nationally recognized program that gives parents guidelines about what to say to their children regarding alcohol.

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REFLECTIONS ON THE WORD

by K.R. Elander

THE REALITY OF THE UNSEEN

The doctor's office was quiet that morning. My wife and I were a little nervous, but our kids, not fully aware of what was going on, were happily playing and talking. We crowded into a small, dark examination room where a little black and white monitor suddenly flickered to life. As the technician placed the doppler on my wife's enlarged belly, we were transported into an amazing, secret world of form, shape and movement. There in the darkness, my wife and I had our first vivid look at our developing child, secure and peaceful in his warm, watery envelope.

However, we'd had sonograms with both our other children, there is something dramatically momentous about it every time. While the physical symptoms of pregnancy had been present for many months, there is a part of us all that has a hard time truly believing what we cannot see. But watching our unborn child touch his face, arch his back and kick his feet, our hearts suddenly accepted what our minds had known all along.

God knows that we humans sometimes have trouble fully accepting the unseen. He knows that it would be much easier for us to believe in Him if only through science, technology or divine intervention we could see Him face-to-face. Still, He remains invisible to us, all the while calling us to, wholeheartedly believe He exists.

Yet, as with pregnancy, we have an abundance of evidence available to convince and convict us. The Bible tells us in Romans 1:18-21 that God has made Himself plain to us, "being understood from what has been made, so that mankind is without excuse." So, too, we have the testimony by God's own Son of God's existence. This testimony was verified by supernatural events, by the accurate fulfillment of ancient prophecies and by numerous eyewitness accounts that would have held up in any court of law.

Hebrews 11 tells us that faith is "being certain of what we do not see" and John 20 tells us, "Blessed are those who have not seen and yet have believed." But, in a way, I think the greatest challenge lies not in believing what's true but in opening our hearts to the consequences of that reality. Our faith is based on clear and reasonable evidence, but our reaction to that evidence must be a humble willingness to accept the effects of this truth on our lives. If your mind has already accepted the reality of God, won't you, now let your heart respond to that fact as well?

If you'd like to look at the evidence of God's existence and action, please, contact the Farmington Hills Church of Christ, 36500 W. Eleven Mile Rd., (between Hazard & Drake), 810-477-6033.

CPR from page 13A

link. The general public knowing what to do before EMS arrives is absolutely essential to the chain of survival.

Please make a difference and learn what to do in an emergency. Don't ever be in a position where you say, "If only I would have taken the time to learn CPR." The time is now!

I was privileged to be in the

right place at the right time some years ago at a restaurant when a person began to choke. I was able to help dialogue the object and save that person's life. What a great feeling that was! A friend of mine saved a person's life a few years ago by doing CPR. That person is still alive today.

Join the ranks of preparedness. Don't put it off; enroll in a class

and learn these life-saving skills.

I am a licensed EMT (emergency medical technician), and I am also a health educator. I have been training people in lifesaving skills since 1978. I own my own company, Comprehensive Health and Safety Education (CHASE) and have been in business since 1988. We do classes at the work site primarily but also offer classes

every month at my office in Farmington. We teach CPR, first aid, stress management, smoking cessation, back injury prevention, bloodborne pathogens, blood pressure education, cholesterol education, and safety workshops.

Barbara L. Seebolt, EMT, is president of Comprehensive Health and Safety Education.

School from page 13A

but they didn't because they thought their religious environment," according to David Kagan, the school's president.

For student Deborah Liba Lerner, also of Oak Park, the school offers a setting that follows Orthodox Jewish tenets.

"In a learning situation, it's more comfortable to be in a class of all women," Lerner said.

Separate classes for men and women are among the Orthodox traditions followed at the college. Others include scheduling classes around Jewish holidays.

"There's a lot of cultural, social and environmental issues at OCC (Oakland Community College) that would be antithesis to these students," Kagan said, pointing to the mixed-gender classrooms and classes on Jewish holidays.

And there are other, more subtle Jewish influences.

"There isn't a Jewish science or math, but there's a cultural twist that can be used in examples," he said. "I could use an example in math or business class, which would relate to something from an ethnic point of view."

Using accounting skills for a Jewish wedding is an example, he said.

The deeper aspect, Kagan added,

ed, is the school's mission to build on the students' heritage, with relevance and a message to today's society.

The college also accepts credits from other Jewish institutions that other colleges and universities might not acknowledge.

For instance, credits Shentov earned at the seminary in New York transfer to Lubavitch.

"Regular colleges don't know how to evaluate it," she said. "They don't know those institutions."

At least half the students who attend the Lubavitch Institute are coming from another Jewish institution, she added. Tuition is \$6,000.

The Institute was offered a golden opportunity when organizers assumed the articles of incorporation for the defunct Norman Allan and Esther Allan College of Liberal Arts and Sciences — Toure College in Southfield. The incorporation status allows it to operate as a college and to offer associate and baccalaureate degrees. Kagan said the school is working toward accreditation, which will allow eligibility for federal funds.

By day, the building continues to serve as the Lubavitch Foundation of Michigan offices and el-

mentary school for Congregation Beth Chabad.

The Chabad-Lubavitcher

movement is a branch of Hasidim, a movement that began in 18th century Poland.

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Farmington Garden Club schedules design experts

Dean Mooney of Twigg and Blooms, Ltd. in Rochester will be the guest speaker at the Farmington Garden Club's Mooney, Nov. 7, meeting.

The club meets at 12:30 p.m. in the Longacre dining room, 24700 Farmington Road.

Mooney and Darin Asselin are relative newcomers in the field of floral design business, having started two years ago. They are not traditionalists as they call their shop a boutique.

Lights. January heralds the spring season with a profusion of spring flowers indoors.

Mooney's program will be a demonstration of arranging unusual Christmas floral offerings, accompanied by related seasonal information.

Also, Farmington Garden Club member Eileen Abbott, a national council accredited judge of statewide flower shows, will present a creative design to be used in the home as a centerpiece or against a wall at the meeting.

And horticultural hints for winter protection of outdoor landscaping and gardens will also be discussed.

The public is invited to attend. For more information on the program or the club call Betty Pool at 442-5742.

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