

No serious injury: Michigan State Police, Farmington Hills Police and Hills firefighters were on the scene after this rollover accident off the northbound ramp of I-275 at Grand River at 12:49 pm. Nov. 18. The woman driving the car was restrained by her seat belt, suffering only minor chest injuries. She was suspended upside down for about a half-hour while crews used extrication equipment to get her out of the car.

## Judge agrees: Carlin won't face bonus charges

Thanksgiving came a day early for, suspended Oakland County Sheriff Spt. Gerard Carlin. On Wednesday, Oakland Circuit Judge Deborah Tyner upheld a lower court ruling to diamise criminal charges against Carlin relating to a 1992 Christmas bunus.

Carlin was charged with paying 10 hours of unearned overtime to

Rochester Hills 52-3 District Judge Ralph Nelson ruled it was okay to pay the overtime, despite improper paperwork, since each officer testified to working dozens

Only seven charges remain against Carlin out of the 35 he faced when his case began in 1993. To date, 28 have been dis-

Call Now

(313) 721-6131

six command officers during the time he served as captain of the Rochester Hills station. He told the commanders to accept the overtime pay as a holiday bonus.

Rochester Hills 52-3 District Judge Ralph Nelson ruled it was okay to pay the overtime, despite improper paperwork, since each limproper paperwork. Since each limproper paperwork since each limproper paperwork since each limproper paperwork. Since each limproper paperwork since each limproper paperwork since each limproper paperwork. Since each limproper paperwork since each limproper paperwork

bv Jav M. Grossman

## Tips protect people from chilling out

Don't let those golden autumn days fool you — winter's harsh weather and itr dangers are com-ing whether or not residents are

ing whether or not residents are ready.

Lat year brought some of the coldest weather in Michigan history, including wind chills that reached 50-70 degrees below zero. The cold caused several deaths, countless injuries from frosable, and created dangerous driving conditions.

The governor's office and representatives from the National Weather Service, Emergency Management and Red Cross advise people to prepare themselves to avoid tragedy.

Winter safety tips include:

\*\*EKEP a battery-powered flashister of the control of the

best.

Make aure there are extra blambets and heavy clothes available.

Take extra precautions if you use an emergency heating source, such as a fireplace, wood stove or space heater.

Meep your car in good running condition and keep the gas tank full.

will.

Travel during the day and use major highways if possible.

On long trips, take high-energy snacks such as nuts and raisins.

Have emergency supplies in your vehicle: Shovel, blankets, windshield scraper, container of cand, battery booster cables, towards or or ope, flashlight, battery coract cadle and first-sid kit.

Wear loose-fitting, light-weight warm clothing in layers.

such as shoveling heavy snow, pushing a car, or walking in deep snow. Sweating could lead to chill and hypothermia.

B Wenr a wool hat and wear mittens instead of gloves.

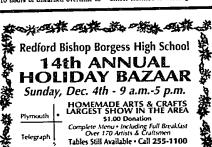
Keep your clothes dry. Change wet socks and other wet clothing as quickly as possible to prevent loss of body heat.

B Avid overexention, such as shoveling heavy snow, pushing a car, or walking in deep snow. Sweating could lead to chill and hypothermia.

During a winter storm: stay inside: to save heat, close off unneeded rooms, cover windows in the side: to save heat, close off unneeded rooms, cover windows and the stage of the stay of th

warm.

If you are outside: Try to stay dry and cover all exposed parts of the body; prepare a wind-break or snow cave for protection from the wind; build a fire for heat and to. wind; build a fire for near and attract attention; do not eat snow it will lower your body tem; perature; wear layers of loose-fit-ting, light-weight, warm clothing.





## SPRAINS EXPLAINED

or the fibrous bands nees (figurents) and They assully arise force occurs which r not strong enough b as a twisting mo-strains, the demage on sultor tears to plures. However, o be more serious



Be an Automotive, Mechanical or

Architectural Draftsperson

in just one year! Also Avaliable Microsoft office, Desk Top Publishing Windows/DOS and PC training

When you afferd School at Mawest Tech.
EVECT
Personal Attention
Innoverse Instruction.
Small Class sue
but MOST of at EVECT
me BEST to come from
YOU

## Doctors say huge numbers of kids and adults have Attention Deficit Disorder.

Is it for real?

As a special public service, the Integrated Visual Learning Center will present a free lecture given by Dr. Steven Ingersoll. Many students diagnosed as dyslexic, hyperactive or having Attention Deficit Disorder actually have an oculomotor deficiency rather than an intelligence or motivation problem. To learn more about this fascinating subject, call 810-478-7313 for reservations.

Dr. Steven Ingersoll speaks on

INTEGRATED VISUAL LEARNING Friday, Dec 2nd
7:00 pm
Schoolcraft College
Liberal Arts Bldg.
Room LA 200
18600 Haggerty.
Livonia, MI.







without the hazard of slip and lat on by streets, and you can work out no mains what the restrict brings. However, if you have entities of the knees or feet you need be cautioned before purchasing a sead and since this type of easiling results in a repetitive cortact. A tread may provides the same impact conditions with each step, the force exerted on bore and cartage is to the same point representely.

When you wait or stride on level ground, enough variation exists so that the impact load on your help, foreforce and knees differs with each step. This variation suffices to prevent undus week on a surgie also of carriage, bone, tendon or legament. The same providen or repetated impact does not apply to a stationary blue. The rotary motion creates a single change in impact with each time stroke, indices exercising is excellent, but if you have strikes you should speak to your doctor before making an emotional or financial commitment to any equipment.



Cat (810) 561-4549 (181

