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The Observer/ MONDAY, DECEMBER 12, 1994

Learn basics of brewing coffee

AP — That first cup of java in the morning is taking on a more enjoyable perk than ever. Per-haps, like many, you opt to grind whole beens yourself, or you use different kinds of beens, blends or flavored coffsees for different occa-sions. With all the variety offered at coffsehouses and specially coff-fee shops, however, can come bevildermeth. Read on to make sure you know beans about coffse.

Bean Basics: Coffee flavor and body are determined by the varie-ty of beans, the climate and soil where they're grown, the time of harvost and the reasting method. Even coffees made from the same bean variety can vary greatly. Be-cause of these variabilities, you will often see beans sold by their country of origin, rather than by the type of bean. Some principal coffee Broducing areas include Columbia, Kenya, Mexico and Puerto Rico. # Rean Basics: Coffee flavor and

Belends: Much like winemakers blend different varieties of grapes for wine, often coffee producers combine beans from different re-

gions to form a special house or holiday blend. The mames of these unique blends vary with the coffee producer. The best way to discover whether you'll like a par-ticular blend is to ask for a small sample.

Flavored Coffees: As beans are Flavored Collect As beams are rosated, collect producers some-times add flavoring cils or spices. Flavored collects are sold in whole beam, ground and instant forms. You can also add spices to collec before brewing at home or pur-chase special oils to stir into brewed collect yourself.

■ Whole or Ground: Whole beans are available in a regular or dark-er roast. Dark-roasted beans have been roasted longer, giving them a darker color and stronger flavor. Dark roasting also produces a alightly bitter flavor, which some coffee drinkers prefer.

Ground coffee is available in different grinds for different brow-ing. The shorter the browing method, the finer the beams are ground. For instance, espresso

coffee is finer than drip coffee, and drip coffee is finer than per-colator coffee. Instant coffee comes in powder form and in freeze-dried crystals. Often freeze-dried coffee is pre-ferred because it retains more fla-

Regular vs Docaffeinated

Decaffeinsted coffee has about 97 percent of the caffeine re-moved. Decaffeinsted whole or ground coffee usually is more ex-pensive than regular coffee be-cause of the additional processing

to extract the caffeine.

Buying & Storing Coffee

Buying & Storing Coffee Fresh regular and decaffeinated offees ers most readly available in vacuum-packed containers, specially coffees lux under offee in small quantities from a store where the coffee is store offee in sight containers, Buying small fee quickly and also allows you to sample different coffees more of-ten. stegutar vs Docaffeinated Most forms of coffee are svali-able in regular and docaffeinated versions. The caffeine content of regular coffees varies with the brewing method and the strength of the brew. For example, one 6-ounce cup of drip coffee contains 110 to 150 milligrams of caffeine; the same amount of periolated coffee has 64 to 124 milligrams. Instant coffee have about half as much caffeine as the brewed types.

ten. In general, store coffee, whole bean or ground, in a covered con-tainer in the refrigerator. Both will stay fresh with no noticeable change for up to two weeks. For longer storage, keep coffee in the freezer. Expect whole reasted coff-fee beans to stay fresh sightly longer than ground reasted coffee. Store instant and freeze-fride coff-fee at room temperature. Un-opened packages of vacuum-packed reasted coffee and jars of instant and freeze-fride coffee can be kept at room temperature for at least spear. for at least a year.

This one gives you coffee-based recipes

AP — From a morning mug of your favorits brew to a revitalizing siteraoon cappuccino and a biscotit, or a thick and iumrious demitasso of espresso to cap off a great dinner, Americana' craving for coffee has bloasomed late a national infatuation with varietal beans, espresso drinks, brewing techniques and appliances, and ilifestyle of socializing and relax-ing with coffee all through the day.

ing with coffee all through the day. Debugt, fragmant and surpris-ingly versalits, coffee can also be used as a bearty and distinctive ingredient, enhancing the flavors of everything from cakes and cookies to candies, ite creams and sauces. "Coffee: The Essential Guide to the Essential Bean" by Catherine Calvert (Hearst Books, \$20) cole-brates the lure and the lore of cof-fee with dozens of recipes for cookies and cakes, pies and mul-fins, and even soups, salads and

sandwiches to pair with your fa-vorite cup. The book includes tips for selecting the best roasts, stor-ing beans and brewing the perfect mocha. Jane Sizcey's intriguing recipes include hot couscous car-al with honey, spicy sweet potato soup, lemon and black perper biacotti and oct abortbread. soup, lemon and biscotti and oat shortbread.

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"The Best of Coffset A Cook-book" by Sandra Gluck (Collins Fublishers San Francisco, \$14.50) mousses and orcipes for coolies and candy, cakes and breads, mousses and custards, low creams and asuccs. Gluck's selections in-clude harzhunt-sopresso biscotti, pecan sticky buns and coffee-nut brittle. Photographs are by Eliza-beth Watt.

"Starbucks Passion for Coffee: A Starbucks Coffee Cookbook" from the Starbucks Coffee Co. of Seattle (Sunset Books, \$14.99).

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Celebrate with homemade apple desserts

AP — On a brisk sutumn day, there is nothing more comforting than a homemade apple dessert served warm from the oven. Use served warm from the overl. One cript, tart apples for a deliclous deep-diah apple pie. Or pair ap-ples with another seasonal favor-lie, cranberries, for cranberry-ap-ple pie. Cranberries can be found in the produce section of most supermarkets, packaged in 12-cupor here. supern ounce | baga

DEEP-DISH APPLE PE 10 cups peoled and thinly aliced apples % cup granulated sugar

15 cup firmly packed b

sugar 4 cup quick-cooking tapigca L tasspoon ground cinnamon 14 teaspoon ground nutmeg

establish goals for 1995. Council at a future moting. Maeting adjourned at 7:55 p.m.

CITY OF FARMINGTON SPECIAL COUNCIL MEETING - STUDY SESSION

A special mosting of the Parmington City Council was being on Monty, Decem-ber 5, 1984 to Council Chambers, 28400 Liberty Street, Parmington, Michigan, Notice of the mosting was posted in compliance with Public Arc Lampbell. OUNCIL, MEMBERIS / NESSEY, Nose, Campbell, Bartosch, McShane, Tupper, OUNCIL, MEMBERIS / NESSEY, Nose, Campbell, Bartosch, McShane, Tupper, OUNCIL, MEMBERIS / NESSEY, Nose, Campbell, Bartosch, McShane, Tupper, OUNCIL, MEMBERIS / NESSEY, Citer, Treasurer Castrell, City Mana-Cer Jathoff, Admin. And. Richards. Council met is study session to review the accomplianment of 1994 goals and to stalkab goals for 1995. Council concurred to continue the goal setting process at a foture setting.

BERGSTROMS

Carrier

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1/2 cup raisins 1/2 cup water 2 tablespoons margarine of butter 15-ounce package refrigerated

pie crust pio cust Heat oven to 425 degrees P. In a large bow), mix apples, sugar, brown sugar, taploca, clinnamon, nutner, risians and water. Let stand 15 minutes. Fill a 10-inch pie plats with the apple mixture. Dot with the 2 tables

epple mixture. Dot with the 2 table-spons margarine or butter. Roll one of the pie crust ato 12-inch circle on lightly floured sur-face. Cover apple mixture with pie crust; seal and fluts edges. Cut sev-eral slits to primit steam to escape. Cut decorstive shapes from remain-ing pie crust. Moisten with water; place on pie crust. Bake in a 425-

ARNOLD T. CAMPBELL, Mayor PATEY K. CANTRELL, Clerk/Treasurer

degree F oven for 15 minutes. De-crease oven temperature to 350 de-grees F. Bake 45 minutes or until juices form bubble that burst alow. Jy. Serve warm. Makes 10 servings. CRANBERRY-APPLE PIE 3 cups diced and peeled ap ples

1 cup cranberries 1 1% cups sugar 3 tablespoons quick-cooking tapioca 11/2 teaspoon salt

1 tablespoon margarine or but-

Hest oven to 400 degrees F. Mix spples, createries, sugar, taploca and sait in a large bowl. Let stand 16 minutes. Prepare pie crusts according to package directions. Line s 9-loch lie plats with one of the pie crusts. Fill with fruit mixture. Dot with the 1 tablespoon margarine or butter. Out accound pie crust into W-inch others downed in large design. Cut second pie erust into 16-inch citips. Arrange in latice delign over fruit mixture. Seal and flute odges. If deliarde, brush pie crust strips with a beaten egg before bak-ing for a piden top crust. Bake in a 400-degree Poven for 60 minutes or until juices form bubbles that burst alowly. Cool. Makes 8 servings. Recipes from: Kraft General Foods

FARMINGTON PUBLIC SCHOOLS INVITATION TO BID

r armington Public Schools will accept scaled bids for a water main extension and replacement project nutil 10:00 A.M., Wedneday, Docember 21, 1994 at the Lewis Schulman Administration Context, 3350 Gillwassee, Farmington, Mich-gan 6135, addressed to Deverty Hassman at which time they will be publicly opened and read for presentation to the Board of Education at their next regu-larly scheduled meeting. The Board will not consider or accept a hid received after the data and time specified. The Board of Tr

The Board of Education reserves the right to accept or reject any or all bids or to waive any informalities therein; or for reasons of establishing uniformity, to award the contract to object than the low bidder.

A bid bood for 5% of the bid amount issued by a carrier licensed by the State of Michigan and with an excellent or superior rating from AM Best Company must accompany your bid proposal. No certified checks accepted.

Bid specifications and documents may be obtained from the purchasing depart-ment, 31500 Shiawassee, Parmington, Michigan 48334, (\$10) 489-3348. Please call to verify availability.

SUSAN C. LIGHTNER, Secretary Board of Education

Publish December 2 and 12, 199



A program to help "Keep The Heat On" this winter for needy people in the western suburbs of Detroit

The Good Neighbor Team is designed to provide furnace service and repair (non-emergency), and in some instances, parts and furnaces, to those who have no financial or other means of keeping their furnaces operating this winter. Up to 500 hours of service will be donated to those in

need. ed. Indications that this program may be able to assist you: • Marginal furnace operation • Continuous failing of furnace • Furnace no korger provides heat • You have no financial means to repair furnace

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Requests for service assistance will be monitored by the Salvation Army.
Phone 31-35-32048 to request assistance on an automated answering
service. Leave complete information, including name, address, and
daytime phone where you can be contacted by the Salvation Army.

The Observer

NEWSPAPERS

This is not an emergency service. This is not a heating bill payment program. As a heating safety reminder, always call your gas company immediately if you and noni gas



CLARENCEVILLE SCHOOL DISTRIC ANNUAL FINANCIAL STATEMENT JUNE 39, 1994 GENERAL FUNC ALANCE SIZETS ASSETS Cash as 696,111 аци 545,697 4,223 50,850 196,328 <u>6,539</u> 1,317,300 Due from Other P Due from Govern Pro-paid Expension Total Ameta LABILITIES AND FUND EQUIT 70,315 701,337 184,334 29,317 10,342 10,342 50,883 648,713 131,881 111,081 6,639 51,694 1,081,114 erred Revenue Total Linklities Total Pund Equit Total Linklities 1 1474341 343,067 8 1,317,00 191,647 1 1,738,817 . In Sund East COMPARATIVE STATEMENT OF REVENUE EX REVENUES **101 7 1 1** 1 9,01,000 640,010 231,700 110,115 27,336 144,200 1 11,140,771 9,007,219 519,817 207,714 101,799 1,454 <u>17,159</u> 6 <u>10,211,443</u> 4,310,831 6,717,730 23,633 15,613 15,613 9 11,379,363 1,961,817 14,133 14,133 <u>1711,301</u> 8______8 (11,00 48,410 183,647 646,513 8 113,547 1923 LATE \$18,799 <u>\$,873</u> 115,873 10,137 <u>1,138</u> 10,839 r Tunà 144,821 144,825 1:1,177 1:11,177 Total Lin LANTYE STATEMENT OF REVE NUTS LEL AND S i Preventy Tax Lovy 1 on Cash Javestment 1.00 17,348 18,341 14,179 NUTURE 121,000 21,548 063 161,612 (98,041) 131.000 13.100 117,50 Escan Reven 3116,373 346,831 3113,873 1 51,817 7,830 10,365 14,434 7,340 21,443 LABILITIES AND FUND EQUITS 1,968 1,110 64,943 84,945 22 17 STATEMENT OF REVENUES, EX 1993 111,677 111,677 <u>11790</u> 11791 1 17,334 8 17,384 68,637 144,844 346,616 (36,150) 19,723 80,260 64,861 19,739 . TOTAL 1,234,673 511,680 1,211,710 1,011,710 L348,179 351,660 234,695 111.005 134,000 11,110 017,110 1001 1.100,000 1.171,100 2.000,700 <u>015,000</u> 8.<u>117,510,013</u> 1194 1 1,146,444 11,344,627 8,475,117 <u>8,18,296</u> 8 <u>18,006,129</u>

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15-ounce package retrigorated ple crust ter