Irish

from page 1B

rock-shaped butter cookies with green-colored frosting) said Jeri Donahue of Beverly Hills. "And my husband, Larry, would be dis-appointed if I didn't serve Irish coffee."

appointed it i didn't serve Irish coffee."

Jeri, who says she became an "adopted" Irish person when she married her husband, said St. Patrick's day is a "hig deal" for her children.

"In fact, my son Patrick considers this 'his' day," she said.

She added that she and he husband spent one St. Patrick's Day in Ireland and were surprised to discover that this day is a religious boliday with no special celebrations.

"We expected to have a wild time in Ireland. However, the na-tives said that we had to go to the United States for the 'real calebrations,' "she said.

Another discovery the Donahues made on their visit was the blandness of the Irish diet.

"The people basically consume meat and potatoes with stew being a popular dish. And their dishes are not highly seasoned."

dishes are not highly seasoned."

While the Lanigans of Southfield have never been to Ireland, they have come to appreciate that country's patron saint. "And we sure like celebrating his day." She and her husband, Jack, grew up in Cleveland, which has a large Irish American population. "There's a big parade on St. Patrick's Day, and many of the school children, especially those attending Catholic schools, have the day off. When the parade is over, everyone (of legal age) goes from pub to pub to celebrate."

Mary Sue said that her pub

Mary Sue said that her pub days have been exchanged for family celebrations with the birth of her "Irish twina," Brian, 9, and Christopher, 8. She calls them her twins because they are less than a year spart in age.

Prior to St. Patrick's Day, the boys and I make shamroc shaped candles (white chocols dyed green) and shamrock-shape cookies for them to take school."

Her family starts their St. Pa-trick's Day celebrations by hang-ing an Irish flag on their front porch. They have corned beef and cabbage for dinner.

"Luckily, my mother-in-law is a good cook, and she has given me a great recipe for this meal."

The Lanigans have another St. Patrick's Day tradition. They decorate their English neighbor's house with green balloons and atreamers.

"It's just friendly fun. They de-light in wearing the color orange (a declaration of antagonism) in front of us, so we had to find a way to retaliste," Mary Sue said.

See family-tested recipes inside.

Homeland

from page 1B

toes, flour and water, is also a big hit with him. "If you grew up with it, it's delicious," he said. He licked his lips and added, "you eat it with hot butter."

His extensive knowledge of traditional trish foods has made him especially popular at the high school lately. He is serving as an adviser to school officials working on the March 17 annual St. Parick's Day fund-raining auction. This year's 74-hour event, starting at 5.30 pm., is entitled "Birnging in the Green."

Tickets are \$75 per person or \$60 per person for a table of 10. Call (810) 647-7423.

call (810) 647-7423.
For the occasion, O'Hars donated his Iriah Soda Bress recipe. The freshly-baked bread is intended to complement the traditional boiled potatoes, cabbegs and corned besf.
At the event, a variety of metro-berroit restaurants will be serving their favorite St. Patrick's

m'i love to cook soup. I also love to cook fish. My favorite is trout.

Brother Patrick O'Hare

Day foods. The buffet dinner will kick-off a night of live Irish mu-sic, visiting between old friends and toschers, as well as live and silent auctions.

Even Brother O'Hare will be there, "I'll be the roving ambasa-dor, meeting with all my old stu-dents and their parents," he said, adding that "a lot of people come back to reminisce."

Aside from getting the former Brother Rice families back together, the auction plays an important part in the school's vitality, indicated the brother. "The whole purpose of the auction is to carry on the tradition of the school," he said. "It covers the gap between (student) tuition and

costs." Another important factor in this year's auction is the 150th anniversary of the death of Brother Edmund Rics, the founder of the Congregation of Christian Brothers. He is in line to be canonized this year.

canonized this year.

"In recognition of this anniversary, the Auction Committee has
set an ambitious goal for itself to
make this the school's most successful auction," said BrotherRice principal George Gremley in
a letter. To help schieve their
goal, the committee has put to
gother a unique array a items including trips, jewelry, dinners
with local celebrities and a movie
package.

See prefipes inside.

Brother O'Hare's stew, soda bread

See related story on Taste front.

BROTHER O'HARE'S LAMB STEW

3 pound neck of lamb, cut crosswise through bone 8 medium potatoes, peeled 4 large onlons

- 1/2 teaspoon dried thyme
- ¼ teaspoon pepper Chopped parsies

Wipe meat with damp paper tow els. Trim off all fat and discard.

Thinly slice 2 potatoes and sions. Prehest oven to 350 degrees

In Dutch oven, make a layer of the sliced potato, top with half of sliced onion, then add lamb. Sprinkle with half of the salt, thyme and pepper. Add remaining onions and whole potatoes. Sprinkie with remaining salt, thyme and pepper.

Add 2 cups water, cover Dutch oven with tight fitting lid. Place in oven.

Cook for 2% hours or until mea is tender. Before serving, sprinkle with chopped paraloy. Serves G.

IRISH SOOA BREAD

- 2 cups unsified, all-purpose
- 2 tablespoons sugar
- 2 teaspoons baking powder 1 teaspoon baking soda
- teaspoon baking soda
 teaspoon salt
 tablespoons butter or marga-rine, softened
 tup buttermäk
 tablespoon butter or marga-rine, metted

- Preheat oven to 375 degrees F. Lightly grease small cookie sheet. In a large bowl, slft together flour,

and salt.
Cut in 3 tablespoons softened
butter with pastry blender or fork
until mixture looks like fine

crumbs.

Add buttermilk, mix in with a fork only until dry ingredients are moistened.

moistened.

Turn out on lightly floured pastry cloth or board. Knead gently until smooth, about 1 minute. Shape into a ball, place on prepared cookie

a hall, place on prepared counts
shoet.
Flatten into a 7-inch circle —
dough will be about 1% inches
thick.

thick.
Press a large, floured knife into center of loaf, almost through bottom. Cut a cross across loaf.
Bake 30 to 40 minutes, or until

top is golden brown and loaf sounds hollow when tapped.

Remove to wire rack to cool. Brush with 1 tablespoon melted

butter. Makes 1 loaf.

Real maple syrup

Taste the difference it makes

See Larry Janes' Taste Buds column on Taste front. If you want to tap your own maple trees, the spouts, which are called spiels, are available at the Cranbrock Nature Center, 1221 N. Wood-ward, and some hardware stores.

The following recipes use real maple syrup. Even if you don't make it yourself, taste the differ-ence, it's worth it!

Maple Syrup Mousse

1 cup pure maple synap 3 eggs, separated 1 pint whipping cream

Heat maple syrup to a boil. Re-duce best and simmer, stirring con-stantly for 3 minutes. Remove from heat and cool for 5 minutes.

Beat egg yolks in a small bowl until thick and lemon colored. Stir in small amounts of the syrup very gradually, beating wall after every addition. Beat egg whites until stiff.

Beat the egg whites until stiff. Gently fold the heaten egg whites into the cooled syrup mixture. Cov-er and freeze at least three hours. on into individual dessert dish

MAPLE SAUSAGE AND APPLES

- 1 pound pork sausage links
- 1 cup pure mapie syrup 12 cup white vineger 4 apples, cored and cut into

rings

Fry sausages in a large skillet until golden, about 15-20 minutes.

Drain, Meanwhile, heat syrup and vinegar in a medium saucepan to a boil. Reduce heat and stir in apple rings, simmer uncovered over low heat until apples are tender, about 6 minutes. Remove apple rings, arrange on a platter with sausages and pour syrup mixture over lower serve immediately with paneakes or waiffes. Serves immediately with paneakes or waiffes. Serves 4-0.

MAPLE SYRUP GLAZED HAM 1 smoked ham, about 7

1 smoked ham, about 7
pounds
1 quart apple juice
1 cup maple syrup
1/s cup flour
1 teaspoon dry musterd
1 cup golden reisins

I cup godden reisins
Heat the ham, apple juice and
syrup in a large casserole or Dutch
oven. Cover and simmer over medium low heat for 24 hours. Ramove
ham and trim outer skin from the
ham. Measure cooking liquid from
Dutch oven. Resure one cup of the
liquid to the Dutch oven. Reserve 3

iquid to the Duttn oven. Asserves cups of the liquid.
Whisk flour and dry mustard into the one cup of the liquid in the Dutch oven. Cook over low heat, stirring constantly until smooth. Add raisins and 3 cups of reserved liquid to this mixture. Cook,

over medium low heat stirring cor stantly until thick and bubbly for about 10 minutes. Serve with sliced ham and sweet potatoes. Serves 8-



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