

### Birthdays are for the birds



And she has 60 of them: Alice Berns of Farmington Hills turned 60 March 31, and it was a birthday she won't soon forget. Berns woke to find 60 plastic flamingos on the lawn of her Pillsbury Street home. Her colleagues in the kitchen of North Farmington High School placed the birds to say, "Happy birthday." Berns has been a cook at NFHS for 29 years.

SHARON LEMIEUX/STAFF PHOTOGRAPHER

## Police encourage young Picassos

During March and April, the Farmington Hills Police Department will offer a poster competition among Farmington area public and parochial high school art students.

The winning design will be printed on posters and fliers to promote the police department's eighth-annual open house, scheduled for Sunday, June 4.

All entries should be submitted on 18-by-24-inch white posterboard with a design incorporating the theme of "Children and Police." Colors should be limited to red and medium blue.

Art designs must include the following text in large print:

Farmington Hills Police  
Open House  
Sunday, June 4, 1995  
noon to 4 p.m.

The address for the Police Department — 31544 Eleven Mile Road — must also be included.

The deadline for submitting entries is 3:30 p.m. Thursday, April 13. All entries are to be submitted to the Farmington Hills Police Department's Crime Prevention Section, 31655 11 Mile Road.

Entrants must write their

name, school, grade level, home address and phone number on the back of their entry.

An enthusiastic community response was received from area businesses and organizations which have promised donations of prize money and gift items for the awards, a police official said.

The Farmington Area Arts Commission was the first to endorse this poster competition project and their financial support will sponsor a large portion of the first place prize.

Prizes will also be awarded for second, third, fourth and fifth place entries, and five honorable mention awards will be given.

Entries will be displayed prior to the judging at a location to be announced. The final judging is scheduled for the last week of April. All awards will be presented at the Open House Showmobile at 3 p.m., on June 4.

A number of additional prizes will be awarded to non-winning entrants in a special drawing.

For further information, contact Chris Cogar, in the Crime Prevention Section of the Farmington Hills Police Department, at 473-5636 during weekday office hours of 8:30 a.m. to 4:30 p.m.

## Health counsel available

Sharon Tomaszewski of the Oakland County Health Division is available to counsel older adults regarding any health concerns or community services and family involvement.

This free service is offered at the Farmington Hills Senior Center, 11 Mile Road east of Middlebelt, the first Wednesday of each month from 10 a.m. until noon. For more information, call 473-1830.

## Don't be late with your taxes

Residents who wait until the April 17 deadline to mail their income tax returns, have until midnight to deposit them at the Farmington Post Office if they are to bear the "Tax Monday" postmark.

Postmaster John Sapelak advised checking the collection schedule to be sure the next pickup will meet the deadline. If in doubt, call the post office at 553-3910.

To make sure tax returns arrive at the proper IRS service center, the Postal Service offers the following tips on mailing returns:

- Use the return envelope, if supplied, or type the address and include the ZIP Code.
- Don't wait until the last minute, and deposit mail early in the day.
- Before you drop your return in a collection box, check the time of collection. The times are listed on the face of the box.
- Affix the proper postage. First-class is 32 cents for the first ounce and 23 cents for each additional ounce.
- The IRS will not accept postage due mail. The delay in processing the short paid piece may result in an IRS penalty for late filing.
- For information on where tax forms are available, contact your local IRS office.



"It was reassuring when a Botsford nurse visited us at our home."

Since Anthony is my first child, I didn't know what to expect. But the doctors and nurses at Botsford were very supportive during my pregnancy, delivery and after our baby was born.

At the Special Delivery Center, my husband was able to stay with me from the time we came in the special, separate entrance and throughout my stay. My Labor/Delivery/Recovery room was spacious yet comfortable and private.

The nurses showed us how to care for our new baby and offered bathing and breast-feeding guidance. We also received an informative manual and a phone number for a 24 hour hotline.

Two days after we were home, a Botsford obstetrics nurse visited us. She made sure that Anthony was in good health, completed an assessment on Anthony and me and answered all my questions.

My mother lives in Florida and couldn't be here — so I appreciated everyone at Botsford making us feel right at home.



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Reaching out to the people of our community  
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For more information, or to register for *Great Expectations*, a seminar for couples who are thinking of having a baby or are expecting, call (810) 442-7986 today.

### No gain. No pain.

Maintaining a moderate weight may reduce your risk of heart attack.



American Heart Association