

Friends pass time



SHARON LEMIEUX/STAFF PHOTOGRAPHER

Getting in the swing of summer: Harriet Dewey, 6, and her neighbor, Marissa Doepker, 4, took a play break at Heritage Park recently.

Volunteer is juggling many roles, activities

A passion for volunteering is the hallmark of Maryanne Gibson, chosen as a volunteer of the month at the Detroit Institute of Arts.

Since moving to Detroit six years ago, Gibson, who is chair-elect of the Volunteer Committee Board, has been involved in numerous committee activities. Gibson, chairman of the Farmington branch of the American Association of University Women, helps visitors of the DIA enjoy the wondrous art collection.

Signing visitors up to museum membership and working on special events, she was general chairman of the 1995 Art and Flowers Festival, and actively recruited volunteers for the DIA at volunteer fairs around the metropolitan area.

In addition to a minimum of 500 hours per year volunteering for the DIA, Gibson's activities with other volunteer organizations definitely make her one of the "1,000 Points of Light."

As a member of the Board of

Directors of the Detroit Symphony Orchestra Hall Volunteer Council, she writes for and edits the newsletter and serves on many of the DSOH fund-raising project committees. She is also on the Northwest Branch Board for the YWCA of Metropolitan Detroit.

Gibson is consultant to the Novi Arts Council and was on the steering committee for National Volunteer Week 1995 of United Community Services of Metropolitan Detroit.

Gibson has a bachelor's degree in journalism from the University of Tennessee. With Ron, her husband of 30 years, she has lived all over the country. They travel extensively despite his just-as-busy schedule as professor of Mechanical Engineering at Wayne State University. Her daughter, Tracy, is an interior designer in San Francisco.

For more information call the DIA Volunteer Services Department at (313) 833-0247 from 9 a.m. to 5 p.m.



Maryanne Gibson

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information and to register, call (810) 477-6100.

■ **Nutritional Tune-Up.** Need to get your diet in gear? How about a nutritional tune-up? Focusing on vegetarian, low-fat, low-cholesterol, or diabetic menus. A \$50 fee for individual consultation is charged. For information, call (810) 477-6100.

■ **Powerstop.** Want to stop smoking once and for all? Tried other programs and still can't quit? Here's the program for you! And you're in control — you set the quit date, and Botsford staff will provide you with the support you need to overcome the physical, psychological and emotional withdrawal issues. Learn about stress management and how to successfully start a healthier, smoke-free life! This individual counseling program features one-hour private consultation, workbook cassette tapes and five follow-up phone calls. A \$75 fee is

charged and registration is required. For more information and to register call 477-6100.

■ **Prenatal counseling** is offered in accordance with new state laws that require couples who are applying for a marriage license to receive counseling on the transmission and prevention of sexually transmitted diseases and AIDS. A physician will sign the certificate required. The counseling is held at Botsford General Hospital, 28050 Grand River Avenue in Farmington Hills. For more information, call (810) 477-6100 or (313) 537-1110.

■ **Adult Children of Alcoholics** meets every Saturday, 7:30 Botsford General Hospital's Ziegler Center, Community Room, 28050 Grand River Avenue in Farmington Hills. For more information call 442-7886.

■ **Alcoholics Anonymous** meets every Sunday at 7 p.m., every Tuesday at 8 p.m. in Botsford

General Hospital's Ziegler Center, Community Room, 28050 Grand River. For more information call (810) 442-7886.

■ **Alcoholics Anonymous** meets every Thursday at 8 p.m. in Eastwood at Botsford Family Services, 26905 Grand River Avenue in Redford. For more information, call (313) 537-1110.

■ **Alzheimer's Support Group** meets the first Tuesday of every month at 7 p.m., Botsford Continuing Health Center, 21450 Archwood Circle in Farmington. For more information, call (810) 477-7400.

■ **Go-Fora Stroke Club** meets the first Monday of every month at 6:15 p.m. at Botsford General Hospital, 3 South Activities Room, 28050 Grand River Avenue in Farmington Hills. Dates are subject to change. For more information call 471-5753.

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For further information, or to schedule an appointment, please contact Providence Medical Center - Northville at (810) 380-3300.

Maria Belon San Juan, MD, specializes in family practice. She graduated from Wayne State University Medical School and completed her internship and residency at Providence Hospital. Dr. San Juan is board-certified.

Janica Suhajda, MD, specializes in family practice. She graduated from Hope College and from Wayne State University Medical School. Dr. Suhajda completed her internship and residency at Providence Hospital and is board-certified.

Norma Yucht, MD, specializes in family practice. She graduated from Wayne State University Medical School and completed her internship and residency at Providence Hospital. Dr. Yucht is board-certified.

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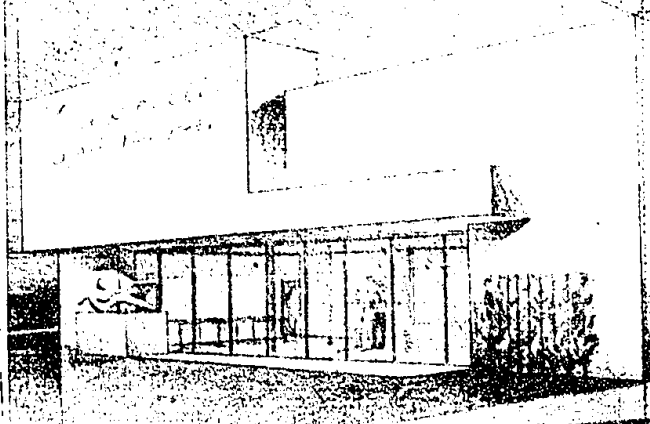
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