

RELIGION CALENDAR

Items for the religion calendar should be submitted no later than noon Friday for the next Thursday's issue.

OUR LADY OF SORROWS

CATHOLIC CHURCH
Our Lady of Sorrows Catholic Church in Farmington will host a Stephen Series Caring Ministry Workshop from 9 a.m. to 1 p.m. Saturday, Oct. 21. This workshop will feature information on the Stephen Series, a training system for laypersons to do one-on-one caring ministry within and around their congregations. The workshop will also provide two training sessions in "Ministry to Those Experiencing Grief" and "How to Care in a Distinctly Christian Way." The workshop will be conducted by Michael and John Currier of Cleveland who are regular instructors at Stephen Series Leaders' Training Courses.

NORTH FARMINGTON COMMUNITY CHURCH

North Farmington Community Church, 32500 W. 13 Mile Road between Farmington and Orchard Lake roads, has services at 10 a.m. every Sunday. Religious education for children sixth grade and younger, as well as nursery care, are provided during services. Various activities and small group meetings are held during the week. Everyone is welcome. For more information call 626-6900.

AGENCY FOR JEWISH EDUCATION

Agency for Jewish Education will host a program by Claudia Shear, Broadway actress and author of the critically acclaimed "Blown Sideways Through Life." She will discuss the issues of perseverance and humor during her presentation at the third annual Institute for Single Jewish Mothers conference from 1-4 p.m. Sunday, Oct. 22, at the Jewish Community Center, 6600 West Maple in West Bloomfield. Shear is the keynote address at this communitywide, free event. The program will include workshops by Neil Kalter, author of "Growing Up with Divorce" and Jo Bruce, professional trainer, speaker and consultant. In addition, there will be a panel on "Spiritual Survival for You and Your Family," a community

resource exhibit for single Jewish mothers and their families, and free child care. For more information, or to register, call Julia Greenblatt at the Agency for Jewish Education, 364-1050.

Institute for Single Jewish Mothers is a program of Jewish Experiences for Families, a division of the Agency for Jewish Education.

PRINCE OF PEACE LUTHERAN CHURCH

The Men's Ministry at Prince of Peace Lutheran Church in Farmington Hills meets at 6:30 a.m. every Thursday for a Bible study and discussion based on the book, "The Seven Promises of a Promise Keeper." Promise Keepers was founded in 1990 and is a nationally organized Christian-based ministry dedicated to uniting men through vital relationships to become godly influences in their world. Dealing with issues ranging from building a strong marriage and family to supporting your congregation and pastor, the study offers the chance to meet in an informal setting for discussion and instruction.

Prince of Peace Lutheran Church is at 28000 New Market Road, Farmington Hills. For more information call 653-3380.

UNIVERSALIST UNITARIAN CHURCH OF FARMINGTON

Universalist Unitarian Church of Farmington has Sunday services and Sunday school at 9 a.m. and 11 a.m. The church is at 28301 Haledale one half mile north of Grand River. The sermon topic for Sunday, Oct. 15, is "Celebrating Our Shared Faith" by the Rev. Suzanne Paul.

ST. JOHN LUTHERAN CHURCH

St. John Lutheran Church, 23225 Gill Road in Farmington Hills, has worship services with holy communion at 8:30 a.m. and 11 a.m. every Sunday. Sunday school classes are available for people beginning at age 3 to adult and they meet at 9:40 a.m.

A supervised nursery is provided during worship and Sunday school. A play group for parents and their preschool children meets at 10 a.m. Wednesdays. Call 474-0584 for more information.

NORTHWEST BAPTIST CHURCH

Northwest Baptist Church of Farmington Hills announces the start of Pioneer Clubs for boys and girls 4 years old through the ninth grade. Pioneer Clubs meet from 7-8 p.m. each Wednesday at the church. Pioneer Clubs, children develop socially, physically, emotionally and intellectually through a variety of skill-building activities. Club members also develop Christian values and learn to apply the Bible to everyday life. For more information call 474-3393.

FAITH COVENANT CHURCH

Faith Covenant Church, at the corner of Drake and 14 Mile Roads in Farmington Hills, is sponsoring Faith's Fun and Fitness program featuring exercise, fellowship, crafts and speakers. Upcoming topics include: Crisis pregnancies, great family vacation getaways, spring fashion show and much more. Baby sitting is available. The program is from 9:30-11:15 a.m. Thursdays.

TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church, 26880 LeMura Drive off of 11 Mile Road between Orchard Lake and Middlebelt, services are at 8 a.m. and 10:30 a.m. on Sunday. Nursery care is available at the late service. Church school classes are available for 3-year-olds through senior high school. All are welcome. For more information call 474-2800.

FARMINGTON HILLS CHURCH OF GOD

Farmington Hills Church of God, 25717 Power, between 10 Mile and 11 Mile, services are at 8:30 a.m. and 11 a.m. on Sunday. "Is My Child Crazy or Am I?" is a new class on parenting methods for children from birth to 7 years old. It will be taught for three weeks beginning Sunday, Oct. 15, from 10-10:45 a.m. The class will demonstrate appropriate solutions to common everyday issues. Beth Heitrick, director of child-care services for the Farmington YMCA, will be teaching the class. Sunday school is at 10 a.m. for children and adults. Nursery care is available at all services. Every-

one is welcome. The church is at 25717 Power Road between 10 Mile and 11 Mile roads in Farmington Hills. For more information, call 477-9144.

OAKLAND HILLS COMMUNITY CHURCH

Oakland Hills Community Church meets in the chapel of William Tyndale College, 36700 W. 12 Mile, one block west of Drake, Farmington Hills. Sunday worship begins at 11 a.m. Nursery care is provided. Sunday school for ages 3 to adult is at 10 a.m. For more information, call 478-5001.

CHARISMATIC PRAYER

A charismatic prayer group meets at 6 p.m. Sundays in Patio Classroom 1 on the ground floor of the University Center at Madonna University, Schoolcraft and Levan, Livonia. For more information, call Shawn at (313) 464-9007 or Julia at (313) 464-4566. A group also meets at 7:30 p.m. Thursdays for Scripture and singing at St. Edith Church, 15089 Newburgh, Livonia. The group meets in the church meeting room. (Use rear entrance 2.) Call Sandy at (313) 462-2243 for more information.

PINE HILL CONGREGATIONAL

Pine Hill Congregational Church, 4160 Middlebelt, West Bloomfield, has Sunday worship services at 10:30 a.m. Nursery care and Sunday school are provided during the service. For more information, call (810) 626-2737.

TEMPLE ISRAEL

Temple Israel, 5725 Walnut Lake Road, will have services 7:30 a.m. weekdays, 10:30 a.m. Saturdays, (Rebbe's Tish at 9:30 a.m.), 9 a.m. Sundays and 8 p.m. Fridays. M. Robert Syme, rabbi, Harold S. Low, rabbi, Paul M. Yedwab, rabbi, Joshua Bennett, rabbi, and Harold Orbach, cantor. Friday evening, Syme will deliver the sermon; Saturday morning, Yedwab will deliver the sermon.

WEST BLOOMFIELD RISE

West Bloomfield Bible Church, 4900 Orchard Lake Road, West Bloomfield, Church: (810) 681-3467, Parsonage: (810) 738-5250. Sunday school, 10 a.m.; worship service, 11 a.m. Sunday (evening,

6 p.m.); Wednesday prayer meeting, 7 p.m.

HOLY SPIRIT LUTHERAN

Holy Spirit Lutheran Church, 4800 Orchard Lake Road, has services at 8 p.m. Saturday and 8:30 and 10:45 a.m. Sunday nursery provided at second service. Sunday school for toddlers through adults at 9:30 a.m.

CONGREGATION SHAAZEY

CEDEX B'NAI ISRAEL CENTER Congregation Shaazey Zedek B'Nai Israel, 4200 Walnut Lake Road, holds services 9 a.m. Saturday and Sunday, and 7:15 a.m. weekdays. For more information, call (810) 681-5353.

CHURCH OF OUR SAVIOUR

Church of Our Saviour, Presbyterian (U.S.A.), 6555 Midfield, conducts 10 a.m. Sunday services. Church school classes for infants through high school and crib care are available during worship. For more information, call (810) 626-7606.

CONGREGATION B'NAI MOSHE

Congregation B'Nai Moshe is at 6800 Drake in West Bloomfield. (810) 788-0600. Services are: 6 p.m. Friday; 9 a.m. and 7:15 p.m. Saturday; 8:30 a.m. Sunday; and 7 a.m. daily. Elliot Pachter, rabbi; Louis Klein, hazzan; Shalom Ralph, sexton emeritus; Abram Rabinowitz, Torah reader; Joel Ungar will chant the Haftarah; Shabbat Mincha at 6:30 p.m., followed by Se'udah Shabbat, and Rabbi's Mishna class. Ma'ariv and Havdalah. Kiddush will follow Shabbat services.

TEMPLE SHIR SHALOM

Temple Shir Shalom is at 5642 Maple, West Bloomfield. Friday service at 8 p.m. Saturday service 9:30 a.m. Tish: 11 a.m. Shabbat services. For more information, call the temple office at (810) 737-8700.

TEMPLE KOL AMI

Temple Kol Ami, 5085 Walnut Lake Road, West Bloomfield, (810) 661-0040.

FIRST ASSEMBLY

The First Assembly of God Church of West Bloomfield is

meeting in the facilities of Temple Kol Ami, 5085 Walnut Lake Road, and normally meets at 10 a.m. Sundays and 7 p.m. Wednesdays. (810) 624-6824.

CONGREGATION BETH ABRAHAM

CONGREGATION BETH ABRAHAM Hillel Moses, 5075 W. Maple, has services at 7 p.m. Friday; 8:45 a.m. Saturday; and 7 a.m. weekdays. For more information, call 861-6580. Rabbi A. Irving Schnippen and Aaron Bergman; Hazzan Ben-Zion Lamm; Ritual director Joseph Mermelstein.

COVENANT BAPTIST CHURCH

Covenant Baptist Church, 5600 W. Maple, has worship services 11 a.m. Sundays. Sunday school for infants through adults begins at 9:30 a.m. Evening worship and youth fellowship are 6 p.m. Wednesday. Activities include Bible study and youth activities. Adult choir, 7 p.m. For more information, call (810) 855-9191.

TOT-SHABAT

The Birmingham-Bloomfield Synagogue-Chabad has its Tot-Shabbat: games, stories, songs and fun for children ages 4-11 every Saturday morning at the Masonic Temple on North Woodward. (810) 544-8639.

WEEKLY TORAH REVIEW

The study group combining Jewish history, tradition, philosophy and mysticism from the weekly Torah portion is at 8 p.m. Tuesdays at 380 N. Woodward, Suite 112. (810) 544-8939.

BIBLE STUDY

August Hess holds nondenominational community Bible classes 9:30-11 a.m. Thursdays at the Lutheran Church of the Redeemer, 1800 W. Maple in Birmingham. Nursery is provided. Maggie, (810) 352-4430.

JEWISH SERVICES

Jewish services with the Birmingham-Bloomfield Hills Synagogue-Chabad at 10 a.m. Saturday mornings at the Masonic Temple. (810) 544-8639.

Farmington area religious institutions should submit calendar items to the Farmington Observer, 33411 Grand River, Farmington 48335, or fax it to 477-9722.

Botsford offers programs from childbirth to Alzheimer's

Botsford General Hospital is sponsoring a number of programs. Here is a partial list: ElderMedWhen you think of sleepover, you probably picture a gaggle of giggling 11-year-olds, eating pizza, listening to raucous CDs and telling ghost stories until the wee hours of the morning — or until a parent yells down the stairs to "keep it down."

Free ElderMed at Botsford, a free lifetime membership program offering a variety of services and benefits to adults aged 50 and older, is about to change all that. ElderMed, in conjunction with Windemere Skilled Care Facility, is offering an evening, non-credit, "Fall, Fun & Fitness," Friday and Saturday, Nov. 10 and 11, at the Livonia Holiday Inn, at 11 Mile and Newburgh. Participants have the option of either participating only in Friday activities from 9 a.m. to 6 p.m., or staying overnight on Friday at the hotel and taking part in Saturday events as well. The cost is \$30. For information call 471-8020. A Life Is In Your Hands, CPR Classes: Adult, Infant/Child The sessions will be at Community EMS, 25400 Eight Mile Road in Southfield. A \$20 fee will be charged. For more information and to register, call (810) 356-3900, Ext. 255.

Breastfeeding Basics This workshop covers the how-to of breastfeeding. How to start, how to maintain successful breastfeeding as well as the answers to questions and concerns of women who are already breastfeeding. Classes are held at Botsford's Health Development Network in Novi. For more information and to register, call (810) 477-6100.

Caregivers' Program/Caring for Dementia Patients, is a free program for individuals caring for adults with Alzheimer's disease or closed-head injuries, co-sponsored by Botsford's Geropsychiatric Services and the Detroit Area Chapter of the Alzheimer's Association. Topics covered include an overview of dementia, management of difficult behaviors and coping skills for caregivers. The sessions are 6-7:30 p.m. on Monday evenings at Botsford General Hospital's Conference Room 3-East B, 28050 Grand River Ave. in Farmington Hills. For more information and to register,

call (810) 471-8723. Car Seat Rental and Education Program Through the national program, you can rent an infant or toddler seat for your child at a modest cost. For more information and an appointment, call Botsford General Hospital's Community Relations Department at (810) 442-7986.

Childbirth Education Celebrate the Event A six-week childbirth preparation program is offered, as well as childbirth review classes. A \$45 fee will be charged and registration is required. Classes are held at Botsford's Health Development Network in Novi. For more information and to register, call (810) 477-6100.

Cholesterol and Vision Screenings Total cholesterol screening by finger-stick method is held between 1-4 p.m. the third Monday of each month. The fee is waived. Screenings will be taken at Botsford Center for Health Improvement-Health Development Network, 39750 Grand River Ave., Novi. For more information, call (810) 477-6100.

Diabetes and You This six-week class explores all areas of diabetes self-care. Registration and a fee are required; some insurance may cover class fee. Classes are held at Botsford General Hospital, Farmington Hills, and the Botsford Center for Health Improvement in Novi. For more information and to register, call (810) 477-6100.

E-Z Yoga This six-week class enhances flexibility, strengthens muscles, improves breathing and promotes relaxation. The program is held at Botsford Center for Health Improvement, 39750 Grand River Ave. in Novi. A \$25-35 fee is charged. Day and evening classes are available. For more information and to register, call (810) 473-5600.

Fitness Fun, Starting with Chair Yoga This program, at Botsford Center for Health Improvement at 39750 Grand River Ave. in Novi, is geared toward the older adult who wants to move from a sedentary lifestyle into a moderate exercise program. The fee is \$25 and registration is required. For more information and to register, call (810) 473-5600.

Free Blood Pressure and Vision Screenings Tests will be taken between 1-4 p.m., the sec-

ond Monday of each month at Botsford General Hospital's location by 28050 Grand River in Farmington Hills on a drop-in basis. No reservations are needed. For more information, call 477-6100.

Free Foot Screenings This program is offered to people of all ages every Tuesday, 9 a.m. to noon at Botsford General Hospital, Suite 203, North Farmington. Building, which is attached to the main hospital, 28050 Grand River Ave. in Farmington Hills. For more information, or to make an appointment, call (810) 473-1320, weekdays 9 a.m. to 5 p.m.

Heart Disease Risk Reduction Programs are offered to help modify risk factors associated with heart disease at Botsford General Hospital's CardioCare Center, 28050 Grand River Ave. in Farmington Hills. The fee is dependent on the level of programming. For more information, call (810) 471-8870.

Intermediate Water Aerobics The class is a 50-minute water exercise program for postnatal and post-physical therapy patients at Botsford Center for Health Improvement, 39750 Grand River Ave. in Novi. The six-week course is \$35 and registration is required. For more information and to register, call (810) 473-5600.

Kinetics I & II This program offers light-to-moderate aerobic fitness programs for those individuals with muscular-skeletal or endurance limitations who are experiencing difficulty with their daily living. The program is eight weeks. Registration and a \$60 fee is required. The program is held at Botsford Center for Health Improvement, 39750 Grand River Ave. in Novi. For more information and to register, call (810) 473-5600.

Nutrition for Two: Baby and You Get your baby off to a healthy start. Register early in pregnancy. Classes are offered monthly. Registration and a \$10 fee are required. The program is held at Botsford's Health Development Network, 39750 Grand River Ave. in Novi. For more information and to register, call (810) 471-8870.

Nutritional Tune-Up Need to get your diet in gear? How about a

nutritional tune-up? Focusing on vegetarian, low-fat, low-cholesterol or diabetic menus. A \$30 fee for individual consultation is charged. For information, call (810) 477-6100.

Powerstop Want to stop smoking once and for all? Tried other programs and still can't quit? Here's the program for you! And you're in control — you set the quit date, and Botsford staff will provide you with the support you need to overcome the physical, psychological and emotional withdrawal issues. Learn about stress management and how to successfully start a healthier, smoke-free life. This individual counseling program features a one-hour private consultation, workbook, cassette tapes and five follow-up phone calls. A \$75 fee is charged and registration is required. For more information and to register, call 477-6100.

Premarital Counseling This program is offered in accordance with new state laws that require couples who are applying for a marriage license to receive counseling on the transmission and prevention of sexually transmitted diseases and AIDS. A physician will sign the certificate required. The counseling is at Botsford General Hospital, 28050 Grand River Ave. in Farmington Hills. For more information, call (810) 477-6100 or (813) 537-1110.

Siblings: It's My Baby, Too! Children learn about new baby through videotapes, coloring books and role play. Classes are offered monthly. A \$10 fee is charged and registration is required. This program is held at Botsford's Health Development Network, 39750 Grand River Ave. in Novi. For more information and to register, call 477-6100.

Adult Children of Alcoholics This group meets every Saturday 7:30 p.m. at Botsford General Hospital's Ziegler Center, Community Room, 28050 Grand River Ave. in Farmington Hills. For more information call 442-7986.

Alcoholics Anonymous This group meets at 7 p.m. every Sunday and at 8 p.m. every Tuesday in Botsford General Hospital's Ziegler Center, Community Room, 28050 Grand River Ave. in Farmington Hills. For more information call (810) 442-7986.

Alcoholics Anonymous meets at 8 p.m. every Thursday in Eastwood at Botsford Family Services, 26905 Grand River Ave. in Redford. For more information, call (313) 537-1110.

Alzheimer's Support This group meets the first Tuesday of every month at 7 p.m., Botsford Continuing Health Center, 21450 Archwood Circle in Farmington Hills. For more information, call (810) 477-7400.

Amputee Support This group meets monthly at Botsford General Hospital, 3 South Rehab Activities Room, 28050 Grand River Ave., Farmington Hills. For more information, call (810) 471-8753.

Diabetes Support This group meets the third Thursday of every month at 7 p.m. at Botsford Center for Health Improvement — Health Development Network, 39750 Grand River Ave. in Novi. For more information call 477-7400.

Go-Fors Stroke Club This group meets the first Monday of every month at 6:15 p.m. at Botsford General Hospital, 3 South Activities Room, 28050 Grand River Ave. in Farmington Hills. Dates are subject to change. For more information call 471-8753.

Grief Support This group meets the second Wednesday monthly at 10 a.m. to noon at Botsford General Hospital's Ziegler Center, Classroom C, 28050 Grand River Ave. in Farmington Hills. For more information call 442-7986.

Michigan Head Injury Alliance meets 7:30-10 p.m. the second Thursday monthly at Botsford General Hospital's Ziegler Center, Community Room, 28050 Grand River Ave. in Farmington Hills. For more information call 442-7986.

Narcotics Anonymous This group meets monthly at 6:30 p.m. Mondays and at 6:30 p.m. every Saturday at Botsford General Hospital's Ziegler Center, 28050 Grand River Ave. in Farmington Hills. Meetings are also held every Wednesday at 6:30 p.m. at Eastwood at Botsford Family Services, 26905 Grand River Ave. in Redford. For more information call (313) 537-1100.

Nar Anon Family Support This group meets every Wednesday at 6:30 p.m. Eastwood at Botsford Family Services, 26905 Grand River Ave. in Redford. For more information call (313) 537-1110.

Overeaters Anonymous This group meets at 7 p.m. every Monday at Botsford General Hospital, 3 West Conference Room, 28050 Grand River Ave. in Farmington Hills. The group meets every Wednesday at 7:30 p.m. at Botsford's Ziegler Center, Classroom C, 28050 Grand River Ave. in Farmington Hills. For more information call 442-7986.

Trichotillomania Support This group — for compulsive hair pullers — meets at various times. Call Bobbie at (313) 522-8907 for meeting dates and more information.

Tinnitus Hearing Support This group meets the first Tuesday monthly at 7 p.m. at Botsford General Hospital's Ziegler Center, Classroom C, 28050 Grand River Ave., Farmington. For more information call 442-7986.

Urinary Incontinence Support This group meets monthly at Botsford General Hospital's Ziegler Center, 28050 Grand River Ave. in Farmington Hills. For more information call 471-8001.