

Early Education Expert Guides Adventures in Toys

Michelle Littman, a veteran special education teacher and former nursery school owner, knew she had the kind of experience to create an unparalleled toy store when she opened *Adventures in Toys* six years ago at 163 W. Maple in downtown Birmingham.

The fantasy like toy store, brimming over with every imaginable toy, is a regular stop for area parents and their children as well as customers who come from across the state to find just the right toy for the child in their lives.

Michelle's goal is to guide her customers to the developmentally proper toy for the youngster, so that the toy stays a great treasure full of long lasting play value. She is in the know about what is the latest and best in toys for children and has built a national reputation for being ahead of the "game." Michelle is also devoted to carrying the very finest tried and true toys that are beloved in every generation.

What is her secret in selecting toys? "I always trust the children," says Michelle, who is a veteran watcher of children at play. "They know good toys."

We try to educate our customers to the most valuable toy for their children and away from toys the children will tire of easily. "In fact, most people

are astounded by the attention span children display when they are playing with a really good toy," says Michelle.

Michelle emphasizes that her entire staff has extended background giving guidance to children whether it be as a teacher, parent or grandparent and are more than willing to help.

Michelle is a resident of Birmingham and has worked in the area for nearly 16 years. She is grateful for the support of the local community for *Adventures in Toys* and values the ongoing relationship she has with customers. "We know our customers," she says, "and they count on us."

Adventures in Toys offers a registration service for birthdays, showers, and free gift wrapping is also offered.

Toys from all over the world are carried for everyone from infants to adults. *Adventures in Toys* has a truly remarkable selection in many categories including stuffed animals, dolls, crafts, art supplies, construction, sports, games, puzzles, puppets, childrens videos, CD ROMs, books, science, outdoor equipment, etc.

Michelle is proud of this variety as well as the superb quality of the toys that she sells. Bring the children in and experience the adventure or call (810) 646-5550.

On The Move - Women of Physical Therapy of Birmingham

Common goals in business and Physical Therapy brought together partners Julie Stork, Karen Parker, and Roxanne Johnson. These three women operate an advanced physical therapy center in downtown Birmingham. Traditional therapy, Craniosacral Therapy, Visceral Manipulation, Roling® (deep soft tissue program), Feldenkrais® (movement), and Massage Therapy combine to create specialized treatment pro-

grams for each patient. The quiet, tranquil setting of PTB provides the privacy needed for the techniques that are offered there.

Physical Therapy of Birmingham treats patients of all ages. Patients are referred by their physicians (M.D., D.O., D.D.S.).

"We do not want our patients to remain in therapy longer than necessary," states administrator Julie Stork. "Therefore, there is a great deal of emphasis on self-management of pain and posture. Patients are educated in balance and coordination during their program."

Separate from physical therapy, PTB offers Fluid Motion® classes on Thursday evenings instructed by Joann Serota, Performance Enhancement Programs (to improve skills - sports, walking, sitting) and individual massages (by Deb Westley).

Physical Therapy of Birmingham is located at 700 N. Woodward, Suite 102, in the Maplewood Office Park. To arrange for these classes or to set up an appointment call (810) 647-5877.



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