

OBITUARIES

ARTHUR ALLENSY SIMPSON

Mr. Simpson, 88, of Detroit, formerly of Farmington, died May 30 in Providence Hospital, Southfield.

Mr. Simpson was a 1925 graduate of Cass Tech High School. He retired in 1975 from Detroit Edison.

Survivors include his daughter, Anne Marie Rossmann; sister, Vera Myer; two grandchildren and two great-grandchildren.

Mass was celebrated in St. Donald Church. Memorials may be made to Hospice of Southeastern Michigan or Detroit Lion's

Clubs.

Arrangements were made by the Verheyden Funeral Home, Grosse Pointe.

ETHEL L. (MAMMY) BELL

Mrs. Bell, 99, of Redford, formerly of Farmington, died June 1 in Botsford Hospital, Farmington Hills.

Born in Carroll County, Mississippi worked as a preparation cook at Botsford Inn.

Survivors include her son, Warner; daughters, Ernest (Tess) Kesselburg and Katherine Trowbridge; brothers, Ray and

Onnie Latham; sisters, Hattie Garrard and Madie Latham; 11 grandchildren, 21 great-grandchildren and three great-grandchildren.

Services were at the Thayer-Rock Funeral Home, Farmington, the Rev. Edward Mattox of Forest Park Baptist Church officiating. Burial was in Glen Eden Cemetery, Livonia.

DR. JOHN LUCAS PH.D.

Dr. Lucas, 76, of Farmington Hills died May 15 in Beaumont Hospital, Royal Oak.

Dr. Lucas served in the Navy during World War II. He received his doctorate in biochemistry from Wayne State University in 1950. He then

taught biochemistry at the University of Detroit and was voted Educator of the Year in 1952 by the faculty.

Dr. Lucas later did clinical chemistry work for Holy Cross Hospital, Beaumont and Sinai Hospitals. He retired from the Veterans Hospital in Allen Park in early 1980.

Survivors include his wife, Elizabeth; daughters, Mary Ann Chapp, Diane Morris, Joanne Morris and Irene Fields; son, John; two sisters; eight grandchildren.

Services were at Holy Cross Greek Orthodox Church. Burial was in Oakland Hills Cemetery, Novi.

MARY FRANCES LEADBETTER

Mrs. Leadbetter, 82, of Farmington, died June 5 in Botsford Hospital, Farmington Hills.

Born in Inlay City, Michigan, Mrs. Leadbetter was a homemaker.

Survivors include her son, Thomas; daughters, Alice Schwarz, Carolyn Roudou and Janet Sobush; brother, Daniel Kohler; sister, Dorothy Kohler; 12 grandchildren and three great-grandchildren.

Mass was celebrated at St. Gerald Catholic Church, the Rev. Gerald McEnhill officiated. Burial was in Oakland Hills Cemetery, Novi.

Memorials may be made to the American Diabetes Association. Arrangements were made by the Heeny Sundquist Funeral Home, Farmington.

CATHERINE E. SWANSON

Mrs. Swanson, 86, of Farmington Hills, died June 5.

Born in Dubois Pa., Mrs. Swanson was a retired registered nurse.

Survivors include her son, Donald; daughters, Marilyn Chapman and Jean Smader; 10 grandchildren and 13 great-grandchildren.

Services were at the Thayer-Rock Funeral Home, Farmington, the Rev. Dale Truscott of Antioch Lutheran Church officiated. Burial was in Roseland Park Cemetery, Berkley.

Memorials may be made to the Swedish Club, 22388 Ruth, Farmington Hills 48336.

Spotlight on:
Physical Therapy & Sports Medicine
by Richard W. Milder, P.T., A.T.C., M.S.

GETTING A LEG UP

Anyone who breaks the long bone in the leg often is likely to experience some complications that will shorten the length of time that must be spent in a cast or brace. There is one way to avoid this. A new treatment option can do just that. It uses use of ultrasound to accelerate the healing of broken bones to the point where recuperation time for fresh fractures may be reduced by 35 percent. This faster healing time enables patients to return to their normal lives sooner after a bone fracture with less muscle atrophy, less pain and less time in the cast or brace. The treatment is approved by the FDA for 20 different types of bone. All that is required is that a sound can be heard and blood flow in the area of the fracture through a level of the cast to deliver low level energy to the ultrasound. The treatment has gained FDA approval for

Arthritis Today
JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (810) 478-7860

GETTING A NIGHT OF GOOD SLEEP

In arthritis moving hurts and resting helps. You would presume that at day's end, when in bed, you would sleep. No movement, no pain, and with the day as difficult as arthritis makes it, fatigue would guarantee you a night of sound sleep.

Such is not the case. You often awake because of muscle ache or as the result of tension. Therefore, it is not unusual to ask your doctor for a bedtime medication that would let you rest through the night. Unfortunately, no such anodyne or sleeping pill exists.

The best your physician can provide is a medicine that facilitates falling asleep. No sleeping pill can do better than start you on a restful night. Eventually your own natural sleep rhythms take over or your underlying pain and tension come forward to awaken you.

You can increase your chance of rest by a cup of hot milk, a little wine, or even a bite to eat, just before bedtime. Something in your stomach takes blood away from the brain and makes it harder to worry.

What you need for a night of good sleep is a combination of physical fatigue and emotional relaxation. Achieving that state relies more to your personality than to your physician's choice in sleeping medication.

Hills insurance agent in top-5 percent

Edward A. Goodman of Farmington Hills is a member of Chubb Life's Summit Club, which represents the company's leading five percent of independent agents throughout the country.

Goodman is president of The Goodman Agency of Farmington Hills.

Your friend has cancer.

You've shared life's secrets.
Laughed and cried together.
Anticipated one another's thoughts.
Now she has cancer.
And for the first time,
you've no idea how to help her.

Don't make her ask for the help she needs.
Call the Cancer AnswerLine
and get the facts.
Ask us what you're afraid to ask her.
Learn about treatment options
and support groups.
Then pass our number along to your friend.

Feeling helpless is no help at all.
Call us today.

Cancer AnswerLine
1-800-865-1125
Call 9 am to 4:30 pm, Monday through Friday.

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Robert K. Steinberg
JD, CPA, CFP

Mitchell R. McCann

- Pre - 59 1/2 Distribution Rules
- Maximizing Monthly Income
- Retirement Investment Strategies

TUESDAY, JUNE 11th 7:00 PM - 9:30 PM Novi Hilton 21111 Haggerty Rd. FREE DINNER	WEDNESDAY, JUNE 19th 12:15 PM - 2:30 PM Longacre House 24705 Farmington Rd. FREE LUNCH	SATURDAY, JUNE 22nd 9:00 AM - 11:30 AM Novi Hilton 21111 Haggerty Rd. FREE BREAKFAST
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Please Call Cynthia at 810-848-1114 or Fax 810-848-1118 to Reserve Seating.
RESERVATIONS FOR THE WORKSHOPS ARE NECESSARY. SEATING IS LIMITED TO 50 PER WORKSHOP.
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