

Test *from page A1*

CTBS scores are compared to the national percentile rank of 50.

Individual results have been sent to parents. Districtwide results are usually reported in June, but a scoring problem led to a delay in their release.

Like the Michigan Educational Assessment Program, CTBS allows the district to monitor trends and evaluate its curriculum.

On that score, district officials are pleased with the latest results.

"It matches what we saw with the Michigan Assessment program, where we saw improvement," said Judy White, assistant superintendent of instruction.

*We've had a real effort here in the district trying to have all the efforts of school improvement at

the building level focus on making sure the kids hit a quality line in reading and math."

MEAP scores improved in math and reading at the fourth and seventh grade levels. Results from the revamped science and writing tests will not be available until September.

Cognitive assessments were dropped, in part, to help streamline the CTBS, especially with the increased amount of time devoted to the MEAP, said Assessment Coordinator Carolyn Mahalak.

The assessment was helpful in identifying children for the Delta program for gifted students. However, the assessment wasn't being used as much as previously thought, Mahalak said.

"We're aligning our tests with our philosophy and our mission."

White said. "Our goal is to take every kid that walks into that classroom and look for their gifts and talents, and try to enhance those, and try to support those areas where they need help."

"You have to be careful when you use a test that might be determined that this is only as far as a kid can go because their abilities don't match."

A variety of methods have been used to help beef up district standardized White said.

Children who need to be referred to the Learning Recovery or Gifted and Talented coordinator.

At some schools, children have been put in groups according to certain skills. Enrichment activities have been offered to students. Some schools have given students homework folders in which to keep their work for practice.

Last year, teaching went into classroom demonstrated skill needed work on. Whit

Test preparation le
on a language port
CTBS disqualified
mentary school.

Results were excluded for grade language por

Hillside Elementary students were inadvertently given study questions taken from an actual test.

CTBS results have also been subject to scrutiny in the past.

In 1993, scores were adjusted downward to reflect a difference in test-taking periods. When compared to the previous year's results, it appeared students were scoring higher.

A frequent critic of the district's curriculum was surprised but pleased with recent test results.

"Good for them," said Hills resident Patti Alspach. "They're getting closer to what the demographics should be."

Comprehensive Test of Basic Skills (CTBS) Results — Middle Schools

Group median scores are compared to the national percentile rank of 50.

	READING	MATH
6TH	65.3	59.5
EAST	65.0	61.3
6TH EAST	68.5	64.0
6TH	63.6	66.3
6TH	69.7	59.0
6TH	67.9	71.5
6TH	72.3	77.1
6TH	75.1	76.0
6TH	75.0	80.5
6TH	69.0	65.5
6TH	65.6	71.2
6TH	67.0	83.3
6TH	67.1	66.0
6TH	69.1	68.0
6TH	72.6	77.6

Sixth grade students did not take the CTBS during the 1994-95 school year.

Comprehensive Test of Basic Skills (CTBS) Results — Elementary Schools				
Group median scores are reported compared to the national percentile rank of 50				
	READING		MATH	
BEACONSFIELD	3rd	74.8	72.7	
	5th	71.5	62.1	
	5th	64.0	75.4	
	5th	64.5	60.5	
EAGLE	3rd	81.0	81.0	86.0
	5th	73.5	70.0	81.8
	5th	71.5	70.0	70.0
FLANDERS	3rd	67.0	55.0	
	5th	63.5	51.0	
	5th	60.5	50.5	
FOREST	3rd	77.3	63.7	
	5th	65.5	64.0	
	5th	55.2	57.7	
GAIL TAYLOR	3rd	71.1	74.5	
	5th	54.0	54.5	
	5th	52.0	63.2	
GAIL TAYLOR JR	3rd	72.5	63.0	
	5th	53.0	57.0	
	5th	54.7	60.0	
HIGHMEADOW	3rd	90.1	93.4	
	5th	79.0	83.5	
	5th	73.0	73.0	
HILLSDALE	3rd	71.0	82.6	
	5th	77.5	82.0	
	5th	69.1	69.0	
KENNESAW	3rd	72.7	82.2	
	5th	62.2	62.5	
	5th	55.1	64.0	
LAKESHIRE	3rd	67.0	64.2	
	5th	65.5	64.0	
	5th	50.5	59.0	
LOMBARD	3rd	78.0	78.0	
	5th	67.7	68.5	
	5th	61.5	65.7	
SLACK	3rd	55.5	70.5	
	5th	46.7	40.5	
	5th	49.8	44.5	
WM. BLAKE	3rd	78.0	79.5	
	5th	74.5	77.5	
	5th	61.0	62.7	
WOODLAND	3rd	75.0	83.5	
	5th	74.5	77.5	
	5th	70.5	71.3	
DISTRICT	3rd	67.0	82.1	
	5th	64.2	78.3	
	5th	64.2	57.5	

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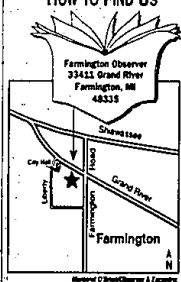
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in the 90s

**by Herbert M. Gardner, D.D.S.,
& Martha P. Zinderman, R.N., D.D.S.**



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Hills' Berke honored for service

Michael E. Berke, a Farmington Hills resident and vice-president of the Jewish Federation of Metropolitan Detroit, has been named recipient of the ninth-annual Mandell and Madeleine Berman Award for Outstanding Professional Service.

The award recognizes outstanding contributions of communal professionals employed by Federation, its agencies and its beneficiaries.

Berke, a longtime fundraising professional for the Allied Jewish Campaign, is former executive director of the Campaign director.

Over the 2 1/2 decades of his service to Federation, he has helped lay leadership achieve an increase in Campaign proceeds to nearly \$28 million. Further, he has enabled Federation to chart new directions in financial resource development through annual, endowment and capital campaigns.



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Arthritis Today

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WHAT TO DO UNTIL MORNING

Any arthritis can flare. Sudden and intense pain is a feature of gout, but can happen with any arthritis.

You can't control when the event occurs in the evening hours, there is little he can do except to see you in the morning.

What can you do until morning comes?

First, get off your feet; arthritis does better when you are not moving. With acute pain, laying down does not qualify as rest, but repose does help.

Second, determine if your pain is eased more by heat or by cold. Heat dilates vessels, and brings in an added blood supply; cold provides numbness at the surface of the skin, giving some evidence of anesthesia to the joint pain. Which modality is best is an individual response discovered by experimenting with heat or cold packs.

Third, stay away from narcotics and use analgesics like acetaminophen. Codeine, percocet, vicodin, etc. and your bowels, impair your equilibrium and coordination, can become addictive, and slow down your metabolism.

No single answer will work for you get through the night. The above measures will give you a little rest; your physician's intervention likely will return you to sleep and initiate treatment.





 Spotlight on

Physical Therapy & Sports Medicine

 A P R I L • M A Y • J U N E • M S

MORE EXERCISE IS BETTER

A new study conducted by researchers at the Lawrence Berkeley National Laboratory sheds some light on how much exercise is enough. When 1,817 female runners were studied, it was found that health benefits increased with mileage. Women who ran two miles per week have more "good" cholesterol (HDL) than those who ran less than one mile per week. In another study of women, it was found that aerobic fitness increases through at least 50 miles per week. These results put into question guidelines previously set by the American College of Sports Medicine and the American College of Cardiology and Prevention and the American College of Sports Medicine that say that people can get the most health benefits from moderate to moderate activities (such as a brisk, 30-minute walk). However, the CDC guidelines do indicate there may be increasing health-related benefits with levels of activity up to 50 miles per week. The latest study indicates that point.

For more information on these and other health-related topics, please contact:

PAT WERNING, DPT, is a physical therapist and registered massage therapist at the **Spine & Sports Center**, 33566 Elgin Mill Road, Suite A, Perrinville, Ohio 43067. She is also a personal trainer at the **Spine & Sports Center**. She can be reached at (614) 475-2314 or via e-mail at pat@spineandsports.com.

PAT WERNING states that women are exercising too little. She says that most women are not doing enough to prevent menstrual irregularities and reproductive health problems.