



Winning crowd: members of the H.T. Ewald Scholarship Foundation met with the scholarship recipients to congratulate them personally. From left to right: Marina Lemberg, Farmington Hills North High School; Terika Richardson, Detroit Country Day School; Kristi Ewald, member of Ewald Foundation; Cliff Ewald, member of Ewald Foundation; Frank McCormick, Troy High School; Brandon Smith, Detroit Country Day School; Carolyn Ewald, member of the Ewald Foundation; Shelagh Czuprenski, member of the Ewald Foundation; Holly Ewald, member of Ewald Foundation. Front row: Ted Ewald, president of Ewald Foundation.

Students net H.T. Ewald scholarships

Three area students will be packing more than just clothing as they head off for college next fall — they will bring with them a four-year scholarship from the H.T. Ewald Foundation for Higher Education.

Marina Lemberg of West Bloomfield Township, Frank McCormick of Troy and Brandon Smith of Beverly Hills each won between \$600 and \$2,500 for their academics and outside activities.

"Among this year's winners are students who have excelled, not only in academics and athletics, but in service to others. They have accomplished much outside of the classroom," said a H.T. Ewald Foundation representative.

Lemberg graduated from Farmington Hills North High School and will attend the University of Michigan. Born in the former U.S.S.R., she has been a semi-finalist in the National Library of Poetry contests, and

her work had been published in the competition's anthology. She has trained as a vocalist, and plays the flute and piano. She participated in Math League and Quiz Bowl competitions. In addition, she was co-founder of the school's AIDS Awareness Club.

McCormick, a graduate of Troy High School, will attend the University of Michigan. An All-State Academic qualifier in both track and football, he was captain of the varsity track team and a defensive back and wide receiver on the Class AA state championship football squad. A vice president of student government, he participated in the Michigan Association of Student Council Leadership Training and helped co-chair a fund raiser for a teen shelter.

Smith graduated from Detroit Country Day School and will attend Princeton University. A member of the state Championship Quiz Bowl team, he was a National Merit Semi-Finalist, active in Student Congress as an

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Outstanding Legislator, and was a church announcer at Outer Faith Lutheran Church in Detroit. He finished in the top six percent of competitors in the Michigan Math Prize competition and was a national finalist in the National Achievement Scholarship for Outstanding Negro Students.

Terika Richardson, also a graduate of Detroit Country Day School, also received a scholarship for use at the University of Michigan. The Detroit resident was a starter on her school's

state basketball team. She was also active in debate and studied German for four years. She has volunteered as a coach for middle school students and for Habitat for Humanity.

The foundation, which has helped 446 students, is funded by endorsements from the estate of the late founder of the Campbell-Ewald Advertising Company. The scholarship program was started in 1956 by his son, Ted Ewald, who still serves as foundation president and helps choose award recipients.

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Mt. Everest survivor speaks at OU event

CLIMBER

Meadow Brook Health Enhancement Institute will benefit from a silent auction Sept. 26 — and the participants will benefit from the experiences of Lou Kasischke, one of the climbers trapped on Mt. Everest last May. The Bloomfield Hills man will be the guest speaker at the Rochester event.

Kasischke, 54, an avid skier and long-distance runner, will recount his determination to live to the fullest after the terror, loss and exhilaration of the climb. Eleven members of the international teams organized for the climb died.

The event will include a potluck dinner and 6 p.m. silent auction to celebrate healthy eating and lifestyle choices. The program is free, but requires advance registration and the submission of low-fat recipe that will be included in a cookbook for sale the night of the event. Attendees are asked to prepare their selected recipe at home and bring it to pass.

Dr. Fred Stransky, director of the institute, said the fund-raiser drew 200 people last year and is expected to bring about 300 this year. "Many of the institute's clients are recovering heart patients," he said. "We ask

that the recipes follow a low-fat criteria, with 10 percent or less fat-per-serving. The food sampling provides the opportunity to taste their favorite delicious and healthy foods."

Jan Penabody, coordinator for the event, said "All recipes will be evaluated by our staff dietitian, Yvonne Moses. Anyone who wishes to attend, but doesn't have a low-fat recipe can call MBHEI. We will provide one." The silent auction will include dozens of items, ranging from an exercise bike to \$10 gift certificates. All proceeds will benefit the institute and its programs for healthy lifestyle changes in diet, exercise, stress management and smoking cessation. The dinner will be held in the Shotwell Pavilion and tours of MBHEI exercise facilities will be available.

Dress for the evening is casual. Pre-register by mailing recipe and name to Meadow Brook Health Enhancement Institute, Oakland University, Rochester, MI 48309-4401. The deadline is Sept. 17. For more information, call (810) 370-3198.

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