

Area residents 'Stand for Children'

BY WILLIAM COUTANT
STAFF WRITER

On an early October Sunday, some Farmington Hills residents will join people from around the state in Lansing in a "Stand for Children."

The idea came from a National Stand for Children rally in Washington, D.C. in June during which more than 200,000 people demonstrated support for children's issues at the nation's capitol. More than 3,000 of the

demonstrators, including Annette Hohl, Miss Farmington, attended that national rally.

But Lisa Ann Smith, a member of the Farmington Hills Commission on Children, Youth and Families, said it was important to show the same concern at a state level.

"This is meant as a non-partisan demonstration of the importance of children's issues," said Smith. "We don't have a specific focus other than to vote and volunteer. But we wanted to make

children's issues a focus."

The Michigan Stand for Children is scheduled for Saturday, Oct. 6 from 1-4 p.m. on the state capitol grounds. All Michigan citizens who care about children and their future are encouraged to attend. There will be activities for children and families, information booths on services, volunteer opportunities and organizations, entertainment, and interfaith service and a parade.

Although non-partisan, the event has a political focus: to get voters to turn out and vote on children's issues. With only 20 percent of registered voters taking part in the August primary, the stand is needed, organizers say.

"This idea is just to bring more awareness about children's issues to the public's attention," said Todd Lips, director of the Farmington Hills Decentralized Youth Program.

Smith said although there is no specific legislation targeted, there are issues.

"Poor wages for child care workers, money for education

and efforts to help families where both parents work are some important issues," she said. "We're also concerned about businesses allowing parents flex time and getting parents involved in the schools."

Any citizen interested in children's issues is welcome. A caravan will leave for the capitol from the William Costick Activities Center at 28600 11 Mile Road east of Middlebelt at 10:30 a.m. Oct. 5. Anyone interested in participating who has a vehicle should call 473-1841 in order to help with planning.

Organizers are also asking anyone who can to bring a new pair of shoes, in a shoe box, for a needy child. The shoes should be in the range to fit children from toddler age through 18. The shoes are being collected by the Oakland Family Services at the Farmington Area Counseling Centers at 23450 Middlebelt and 23332 Orchard Lake, both between Nine and 10 mile roads.

"We want to make sure Farmington and Farmington Hills are represented in this," Smith said.

Newman bar mitzvahed

Darth Newman, son of Michelle and Jerry Newman, was bar mitzvahed recently at Adat Shalom Synagogue.

Jennifer Simonovic, daughter of Lisa and Steve Simonovic, was recently bar mitzvahed.

Adat Shalom, at 2901 Middle-

belt, in Farmington Hills, has services Friday at 6 p.m., Saturday at 9 a.m. and 8:30 p.m., weekdays at 7:30 a.m. and 6 p.m. and Sunday at 8:30 a.m. Senior rabbi is Efrayim Spectre, rabbi is Daniel Nevins, cantor is Howard Glantz.




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WOMEN'S HEALTH MONTH

Menopause and More
This series of programs deals with the trials and tribulations of menopause. Each group is lead by Elizabeth Brough, RN, MSN, director of Women and Infant's Health at the DMC's Grace Hospital and features a different health care expert each week. You may attend one or all of these programs — free of charge. The following programs run from 6 to 7:30 p.m. and are held in Grace Hospital's Fifth Floor Auditorium, unless noted otherwise.

Menopause Overview
Thursday, Oct. 3
Elizabeth Brough, RN, MSN, will present the facts about menopause and what you can do to ease your symptoms and take control of your physical and emotional health.

Hormone Replacement Therapy
Thursday, Oct. 10
Kenneth Ginsburg, MD, OB/GYN will help you answer the question "Is hormone replacement therapy right for me?" This straight-forward examination of current treatment options for symptoms of menopause is the topic.

Osteoporosis and Cardiac Risk
Thursday, Oct. 17
Angela Doty, MD, OB/GYN, will discuss prevention, risk factors and treatment of osteoporosis and heart disease.

Diet and Fitness
Thursday, Oct. 24
Grace Hospital's own Certified Fitness Practitioner Val Gokenbach, RN, MBA, CNA, will explore the benefits of a smart diet and regular exercise.

What's Going on Inside Your Head?
Thursday, Oct. 31, 5-Main
Diana Nistor, MD, Grace Hospital psychiatrist, will lead the discussion about depression and its causes, symptoms and treatment.

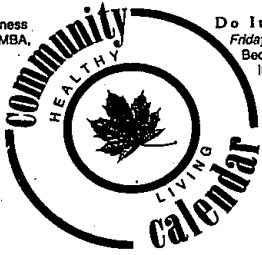
Pap Smears—What's the Big Deal?
Monday, Oct. 7, 6:30 to 8 p.m., DMC Lahser Campus
Join N. Orabi, MD, OB/GYN, for a frank discussion about Pap smears, with information that may save your life.

Aroma Therapy
Monday, Oct. 14, 7 to 9 p.m., DMC Lahser Campus—\$5
Certified Therapeutic Myomassage Instructor Sandra Goguen, LPN, aroma therapist, will present the art and science of aroma therapy using essential oils of flowers and plants for beauty and healing purposes.

Every Woman's ABCs About Breast Cancer
Tuesday, Oct. 15, 7:30 to 9 p.m.
One out of every nine American women will develop breast cancer, about 180,000 this year alone. Grace Hospital medical experts in partnership with Karmanos Cancer Institute will share information about symptoms women need to know and the treatment options available when breast cancer is the diagnosis.

Women in the Mirror: Overcoming Low-Self Esteem
Wednesday, Oct. 23, 7:30 to 9:30 p.m.
Deldra McCarty, licensed professional counselor and psychotherapist, will help us look at ourselves and gain a sense of wholeness and self-fulfillment regardless of gender and/or ethnic background. Refreshments.

Do It for You!
Friday, Oct. 25, noon to 3 p.m., Main Street
Because you need it! Because you deserve it! DO IT FOR YOU! Twenty booths of health and beauty information, prize drawings and just plain fun will help you celebrate the joy of being a woman.



Call toll-free, 1-888-DMC-2500, for more information and to preregister for all classes.

OBITUARIES

WILLARD R. GOODSON

Mr. Goodson, 73, of Farmington Hills, died Sept. 20 in Ford Hospital, Detroit.

Born in Oklahoma, Mr. Goodson was a retired photo engraver for Detroit Color Type Co. He was the owner of Bill's Bike & Tour Shop in Livonia.

Mr. Goodson served in the Marine Corps during World War II earning a Purple Heart. He was a member of the American Legion in Novi, Veterans Alliance of Novi, Marine Corps League and Marine Raider Association.

Survivors include his wife, Alice; sons, Mark and Tom; daughters, Nancy McPherson; five step-children; brother, Ray; sister, Fay Antenu; 14 grandchildren and seven great-grandchildren.

Mass was celebrated at St. Aidan Catholic Church in Livonia. Burial was in Ft. Custer National Cemetery, Augusta, Michigan. Memorials may be made to the American Heart Association, P.O. Box 721129, Berkley 48072.

Arrangements were made by the Thayer-Rock Funeral Home, Farmington.

THERESA GOODROE

Mrs. Goodroe, 68, of Farmington, died Sept. 21.

Born in Detroit, Mrs. Goodroe was a homemaker. She was a member of Farmington Seniors at Mercy Center and was a volunteer driver.

Survivors include her sons, John, Don, Joe and David; daughters, Ilene Galbraith and Linda Rawlings; brothers, Zigmund and Andrew; sisters, Marge Antor and Anna Apprutesse; 16 grandchildren.

Services were at the Thayer-Rock Funeral Home, Farmington. The Rev. Bruce Gunn of Brightmoor Tabernacle officiated. Burial was in Oakland Hills Cemetery, Novi.

Memorials may be made to Heartland Hospice, 28300 Telegraph Road, Ste 102, Southfield 48034 or the Michigan Cancer Society, 18931 W. 12 Mile Road, Livonia 48150.

HAROLD HILL

Mr. Hill, 71, of Farmington Hills, died Sept. 23 in Providence Hospital, Southfield.

Born in Detroit Mr. Hill was a self-employed mason in the construction industry. He was a former member of the Knights of Columbus, Monaghan Council.

Mr. Hill was a World War II Navy veteran.

Survivors include his wife, Alice; sons, Stephen and Richard; daughters, Natalie Cyr and Sandra Burke; step-father, James Sullivan; sisters, Norma Everingham, Edith Kundrick and Ellen Paluzzi; 17 grandchildren and four great-grandchildren.

A memorial service was held Sept. 24 at the Thayer-Rock Funeral Home, Farmington. The Rev. Leonard Partensky officiated.

Hope Lutheran offers Wednesday program


New this fall, Hope Lutheran Church is offering TGI Wednesday.

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