

## AREA HIGH SCHOOL VOLLEYBALL PREVIEWS

# Falcon spikers taking refresher course

BY RICHARD L. SHOOK

STAFF WRITER

It has to show the students something when the teacher goes to school.

Julie Ingalls visited a few volleyball camps last summer and brought some new techniques back to her Farmington Hills team.

"The things I've been able to share with the girls so far," she said, "they've been real receptive to."

"It's something I've done with my teaching, but I haven't done with my coaching."

Ingalls switched from teaching advanced math to physical education, health and art at Dunckel Middle school. She decided to refresh her knowledge of volleyball during the summer, in part a response to the dedication some of her players showed in their offseason training.

"The main thing we've added this year," she said, "was conditioning as far as distance running, for a period of about 20-25 minutes."

"Also we do some work in the weight room. That was all based on the girls going to camp. So I went to camp."

It was mostly a case of keeping up for Ingalls, whose team starts its season Saturday at Farmington Hills Harrison.

"We have seven returning varsity players," the fifth-year veteran said, "many of whom spent

their summer with AAU teams and in camps. For this early in the season, it looks like they've done a lot of work with techniques in hitting, passing and serving.

"I think the competitive play over the summer will really help them out. We've got probably some of the best athletes we've got at Farmington High. Many compete in two or three other sports -- and they're outstanding in the other sports."

If that sounds like Ingalls is expecting good things from her team, so be it.

The Hawks have five seniors expected to lead. Jennifer Neale will play in both rows while Emily Engelmann will mainly be on the front row, hitting, with a little bit of back row setting thrown in.

The co-captains are Sarah Mikell and Brittany Dixon. Mikell, in her second year on the varsity, will do most of the setting and also hit in the front row. Dixon, a third-year member of the varsity, will play in the front and back rows.

Senior Kari Heist, begins her first year playing all-around. She is a strong front hitter who spent a lot of summer time working on her back row play. Another senior, third-year varsity player Angie Newman, will spend most of her time in the front row and serving.

Senior Maureen Carolan will

see mostly back row action along with first-year varsity member Angela DeDomenico, a junior.

Sophomore Emilie VilleMonte will be placed with juniors Lisa Juncjai and Kelly DePotter as a second front row unit while sophomore Kristen Brown trains to be the Hawks' setter of the future.

## FARM. HILLS MERCY

A solid returning nucleus and a good balance of players may translate into a successful season for the Farmington Hills Mercy girls volleyball team.

"Our team looks pretty strong," sixth-year Coach Peggy Spangler said on the eve of her team's season opener, the Madonna Tournament this weekend.

"We have a lot of girls who worked pretty hard in the offseason," Spangler said. "They played AAU ball and went to a lot of camps. They made good improvements in areas we weren't necessarily expecting."

The Marlins lost their No. 1 outside hitter, Jameson Emmer-son, now playing volleyball at Division I Tennessee State. The good news is there is someone to fill the slot, left-hander Gail Agacinski will play the outside left.

"That was our biggest hole to fill," Spangler said. "Other than that, we have six returning vari-

sity players. Plus four new ones. So we have a good solid foundation to build on."

Junior Ashley Schumacher returns at middle hitter and Mercy has a veteran setter back in senior Kathy August.

A pair of juniors, 6-foot Krista Kelley and Erin Fitzgerald, will fill out the front row. Kelley will play the middle while Fitzgerald will play outside.

New right-side hitters include Kevin Patrick and the two are

the sophomore on the Marlins, Mary Gignac.

"The backbone of our defense,"

Spangler said, "will be two seniors, Anna Ward and Lindsey Elton."

Spangler will work in junior Shayla O'Mara as her backup setter and on defense.

Mercy plays in the Catholic League Central Division and Spangler expects her toughest competition to come from Bloomfield Hills Marian and Livonia Ladywood.

Mercy starts Saturday in the

Madonna Tournament and is in the same pool as Plymouth Salem, Livonia Clarenceville and Dearborn High.

The Marlins are scheduled for a Christmas Tournament Dec. 26 at the University of Michigan-Dearborn.

## NORTH FARMINGTON

Coach Lynn Temby is

approaching her inaugural season as North Farmington girls volleyball coach like any other rookie -- she's nervous and excited.

"We're very excited with what we've seen so far," Temby said. "We don't have a lot of specialized players, but we feel with the team that we have we should do all right."

Temby is being assisted by Kevin Patrick and the two are

going to take a more laid-back approach to coaching the team. Not that they won't get testy on occasion as the season rolls along.

"Our approach is more like, 'We're the coach and they're the team,'" Temby said. "We're there to instruct them, support what they want."

"We're trying to get a lot of input, let them feel they can make a lot of decisions. If those decisions don't work, we'll work on improving the decisions they make."

"We want this to be a group effort and work with that."

North Farmington's go-to girl is likely to be Tricia Trzyczki, a middle blocker/Setter who might see some action outside from time to time.

Junior Katie Callahan and set-ter Vivian Cheng figure to see a lot of action, also.

Kalley Wachaborg will lead with Trzyczki. "She," Patrick said, "is a defensive and serve

specialist who brings a lot of maturity to the court."

Kelly Brannack "brings a little aggressiveness to the court," Patrick said before Temby chimed in "she's tough, real tough."

"She hits the weights hard," Patrick said, "and is a real tough server."

Patrick called little Diana Gustkey, who might be 5-foot on a humid day, "a little dynamo. She's a defensive specialist."

"But she can also come in and set when asked to. She's the tiniest player we've got but probably has the most hustle, the biggest heart on the court." She's a junior.

Junior Lynn Livernoa will play defense or be a relief setter while Kristin Timpner brings maturity plus a little comic relief to practices. She will be used interchangeably, at times, with Brannack.

Rounding out the squad are Rachael Klein, Rita Hinde, Christina Kraljevic, Carrie Bielanski and player/manager Jenny Bernstein.

North Farmington has its first matches at the Farmington Hills Harrison Invitational during the weekend.

## Plymouth Salem runs by Monroe in opener

Coach Lynn Temby is

shot free throws well at times, especially in the fourth quarter, and we maintained our poise at the end."

The Rocks opened up an 11-4 lead after one quarter and had a 30-25 advantage at the half.

With five players doing the bulk of the scoring — including strong

performances from 6-foot-8 sophomore Tony Jancevski and junior Matt Mair off the bench with nine points apiece — Salem pushed its lead to 64-42 through three quarters.

Andres Lopez led the Rocks with 20 points. Nate Gray and Andy Power added 12 each.

## Hawks, Falcons feature youth

Youth is the watchword this year for Farmington Hills Harrison's wrestling team.

"We're young," Hawks' wrestling coach Darren Tharnish said. "We've lost some of our better kids the last few years. It seems like we're starting over every year."

"But at least I can fill all my lineup this year."

"We're pretty much loaded with sophomores. We've got a half dozen or so freshmen and a good sophomore class who have been wrestling for at least one year."

Harrison expects to have at least 25 youngsters on its wrestling team today when the season opens against Livonia Churchill.

Only three of them are seniors — Joe Parrelly, who will wrestle at 171 pounds; Pat Patah, who will go at either 119 or 125; and Scott Hines, also scheduled to wrestle at 171.

"Some of our weight classes are too deep," said Tharnish, in his sixth season at Harrison. "For instance, we've got four kids at 119. But our numbers are promising."

Junior Joe Taylor is one of Tharnish's better 119-pounders. His brother Jake, a sophomore, will wrestle at 130.

Other members of Harrison's strong sophomore class include Blake Boesky (135), Jory Hannan (145) and Travis Moore (140). Jeff Lazor will wrestle somewhere in the low middle weight while Chris Gadjev fills the heavyweight slot.

"We've got a good freshman at 162, Brad Person," Tharnish said. "And we've got a pair of identical freshman twins, Jayson and Justin Shafer, who will fill

the two lower weights."

That's not all. Tharnish is working on getting a couple members of Harrison's state finalist football team over to the wrestling squad.

Working with him on the recruiting and training is new Harrison assistant coach Dave Gleotzner, who was a state placer when he wrestled for the Hawks.

Football, curiously enough, has hurt wrestling through the years because of the strength of the program.

"It's a given they're going to play into Thanksgiving weekend," Tharnish said. "It's a reflection on the good football tradition. I think they've played to Thanksgiving nine of the last 10 years."

"I'm working on recruiting Chris Ghanam, a junior back-bash, and I hope to get him. He'd wrestle at 152."

Another possible wrestler coming over from the football team is Francis Gojani — if I can get him away from the grill."

Gojani's parents run a restaurant in Green Township and he works in the kitchen.

"I'd love to have him — if his parents let him get away from the grill long enough. He'd be a heavyweight. A big heavyweight."

NORTH FARMINGTON PREVIEW

North Farmington's wrestling team is very young also. Which means it has some learning to do before it grows up.

"As a team we're young," Raiders' coach Zain Cunnulaj said. "Our numbers are getting a little bit better than they were in the past."

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"We'll probably be real green in the beginning and, hopefully, get better towards the end."

The Raiders might be a tad thin, too, with only 17 wrestlers. But at least that's a tidy improvement over the nine wrestlers the third-year coach had to work with last year.

Cunnulaj has a strong senior to lead his team, Scott Richmond, who is 6-0 so far this season while wrestling at 112 pounds. Richmond is a state qualifier from last season.

Dave LaBerge, who was a regional qualifier at 112 pounds a year ago, is up to 119 pounds this season and sports a 2-3 record to date.

"Scott and Dave, I hope," Cunnulaj said, "are our two senior leaders who can individually do well and hopefully take us back to the state meet."

Junior Joe Djonovic was 10-10 a year ago but is 4-1 so far this season. He wrestles at 152.

The coach has some freshmen whom he is delighted with to date, Trevor Clark (119) and Lorne Lubin (112), along with sophomore Mike Stein (215).

"I think his (Clark) will come on to be a pretty good wrestler by the end of the year."

He said Lubin will be wrestling when Richmond doesn't make it. Cunnulaj also has hopes for junior Ivan Kaploe (140).

The Raiders went 1-season last year for their third-year coach but a handful of freshmen on the squad might get more out again next year.

So far this season North Farmington is winless in five matches, getting beaten in the Allen Park Tournament by Carleton Airport, Dearborn Fordson, Allen Park, Portage Central and Romulus.

Richmond took first in his weight class, however, while Djonovic was second at 152 and Stein took third at 215.

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