Oakland Kaloldoscope is a roundup of Oakland County news and notes collected from riews and notes conlected notes of many and notes on neighborhood sources. Write: Oakland Kaleidoscope, c/o Oakland County oditor, Observer & Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009, Our fax number is (810) 644-1314.

PROGRAMS OFFERED

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The Womancenter at Onkland
Community College's Orchard
Ridge Campus, 27056 Orchard
Lake Road, Farmington Hills,
is sponsoring the following programs in January.
A Meditation Workshop will be
held from 10 a.m. to noon on Saturday, Jan. 18, in room 308 of
the campus J building. The
workshop will be lead by Dr.
Schabi Ali, practitioner of the
'Sahaj Marg' technique of meditation. Participants will learn to
center within themselves, heai
and reduce streas, achieve revelation and balance, and create a
sense of pence and power. The
cost is \$20.
A Divorce Support Group for
women will be held from 6:30-8
p.m. on six Tuesdays, beginning
Jon. 21, in room 308 of the campus' J building. Led by Shirley
Tomezak, MA. a licensed professions, support, social interaction
and information for women considering or engaged in the process of divorce, The fee is \$40.
"Creating Healthy Relationships," will be held from 6:30 to
8 p.m. on six Thursdays, begin
ing Jan. 16, in room 308 of the
campus' J building. Bobbette
Smith Siegel, MSW, will facilitate the support group, where
women will facilitate the support group, where
women con-

tate the support group, where women will explore developing healthy relationships by focusing neathy relationships by occasing on changing past behavior pat-terns. Partner, parent-child, family and work relationships will be addressed. The fee is \$40. A six-week support group enti-tled, "Women Who Do Too Much," will be held from 7 to

8:30 p.m. on Mondays, beginning Jan. 27, in room 308 of the com-pus' J building. Kim Kemske, MA, will facilitate the group, which will carliers hour to

which will explore how to achieve life balance. The fee is \$40. All programs are open to the public. For information, call (810) 471-7602.

ADVISORY COMMITTEE

Onkland Community College
Auburn Hills Interim President
Barbara Einhardt announced
the appointment of the following
community members to serve a
two-year term on OCC's Landscape Technology Advisory Committee: Dr. Jill Alred, instructor,
Agriscience, Career Prep Center,
Warren Consolidated Schools;
Sterling Heighte; Thomas Arias,
President, Oakwood Tree,
Oxford; Barry Burton, zoo horticuiturist, Detroit Zoological
Institute, Royal Oak; Bonnie
Carlson, internal quality auditor, Electronic Data Systems,
Auburn Hills, and Nancy Gayde
and Bonnie Krimmel, both students, Oakland Community College, Auburn Hills.
Also joining the committee are
James Matusik, MCN, outside

dents, Oakland Community College, Auburn Hills.
Also joining the committee are
James Matusik, MCN, outside
sales representative, Shemin
Nurseries, Inc., Taylor; Bob
Miller, president, Miller Landscape, Rochaster Hills; Marie
Muchlenbein, adjunct faculty,
Oakland Community College,
Auburn Hills; Pat Murphy, landscape superintendent, Cranbrook, Bloomfield Hills; Frank
Schaldach, owner, Schaldach
Design Group, Hillsdale; Dan
Veresh, associate harticulturist,
The Dow Gardens, Midland; and
Bill Zikewich, coordinator,
Forestry, Parks and Environmental Projects, City of Southfield.

mental Projects, City of South-field.
OCC's Landscape Technology
Program gives students experi-ence in landscape gardening, ornamental horticulture, nurs-ery practices, and methods of weed, insect and disease control. The advisory committee pro-vides an essential link between

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the college, industry and the pro-fession. "The primary objective of OCC's advisory committee is to advise the college regarding course con-tent and the selection of instruc-tional equipment, so that our programs provide students with the training they need to be suc-cessful in their chosen field of employment," said Einhardt.

NEED VOLUNTEERS
Volunteers are needed to help
the Oakland Literacy Council
stay in touch with tutors and
students. The Council offers a
friendly work environment, free
coffee and an occasional donut.
To volunteer, call Linda at (810)
338-8840.

BIRD COUNT
The Oakland Audubon Society
will again join 40,000 bird
enthusiasts throughout the western hemisphere for the annual
Christmas Bird Count, the oldest

and largest wildlife survey in the world. The event, which dates back to 1900, will be held on Saturday, Dec. 21. From 7 a.m. to 5 p.m. organized parties will roam an assigned region to identify, count and note characteristics about the birds they meet. Oak land Audubon's designated area is centered at Lapeer and Indianwood Roads. Participants are welcome regardless of birding skill. The pre-count workshop is from 9 to 11 a.m. at the Troy Outdoor Education Center, 6885 Coolidge Highway, north of Square Lake Road. For information, call Nancy Tar at (810) 399-7243.

VOLUNTEERS NEEDED

VOLUNTEERS NEEDED
Cranbrook Rospice Care in
Bloomfield Hills seeks caring
volunteers in Oakland County to
provide in-home support to terminally ill patients and their
families. Winter training sessiona begin in Jan. For details,
call Sharon Doyle or Gerry Gold

HOST FAMILES
Academic Year in America is looking for families in Oakland
County to open their hearts and homes to an international stu-dent from Brazil, Germany or Argentina. Host families benefit by learning about another culture, making a friend, and earning scholarships toward designated international travel-study programs.

nated international travel-atury programs.
Exchange students have the opportunity to participate in the American way of life, something many of them only dream about. Students, who are 15 to 18 years old, arrive with their own medical insurance and spending money. Academic Year in America, sponsored by the non-profit American Institute For Foreign Study, has been bringing foreign students and American families fragether for 15 years. To find out together for 15 years. To find out

how you can participate, call AYA Placing Regional Director Amy Mullen at 1 (800) 322-4678, ext. 5423.

NEW SERVICES
Pontiac-based HAVEN, the Oakland County center for survivors of domestic violence, sexual assault and child abuse, implemented a new series of services called "Supervised Parenting Time." The services help HAVEN assist families in working through their problems and establishing new, lasting relationships, and benefit the court system by offering different levels of supervised parenting time, intermittent supervised parenting time, supervised are change, telephone monitoring, family interaction groups, proactive parenting and therapy.



THEN AGAIN, WE HAD A LOT OF INSPIRATION

M-CARE's new Senior Plan offers the quality coverage and extra benefits you want. How can we be sure? Because people like you helped us design it. That's why there's no monthly premium beyond your normal Medicare payment, hardly any paperwork, and a long list of extras at virtually no extra cost:

- Comprehensive hospitalization coverage
- > \$500 annual prescription benefits
- > \$7 prescriptions
- > \$7 office visits with Senior Plan physicians
- > Your own M-CARE Senior Plan representative for
- Extra wellness and health promotion benefits M-CARE Senior Plan members choose from

more than 2,000 of Michigan's most experienced physicians and specialists and have access to the state's leading hospitals including Beaumont, Botsford, Chelsea, Genesys Regional Medical Center, Oakwood, Providence, St. John, St. Joseph Mercy Macomb, and the University of Michigan Medical Center.

So why pay extra for supplemental coverage? M-CARE's new Senior Plan offers the extra coverage you want at virtually no extra cost, for everyone who is eligible for Medicare. Plan now to attend our next informational meeting in your neighborhood by calling (800) 810-1699.



Location: Bill Knapp's Restaurant

Times: December 5 - 2:00 PM

Trov

2078 E. Big Beaver Road

December 6 - 2:00 PM December 12 - 2:00 PM

December 19 - 2:00 PM

December 27 - 9:30 AM

CALL FOR PROMPT CORPORATE QUOTES The holiday season is a time for giving.

Sidney Frandall & Sons-OURTH GENERATION JEWELERS AT BIG BEAVER 8.1-75 IUST EAST OF THE SOMERSET COLLECTION 755 West Big Beaver - 1709, Wichigan 48084 - 810-362-480 Main floor, Top of 1709 Budding Handay Bosts. Monday floor, 950 900, Suntray 930-700

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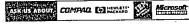
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The NEW Apple* Macintosh* fewerBrock* 1400 computers are innuvative, powerful notehook computers featuring the fiwerFU.* (O)e processor, 11.3* dual scan color SVGA display and build-in infrared technology for easy, wireless ogy for easy, wireless file sharing.

We have

Computize

24029 Research Drive in Farmington Hills (810) 615-4555





M-CARE SENIOR PLAN INFORMATIONAL MEETINGS:

Location: Bill Knapp's Restaurant 36650 Grand River Ave. Farmington Hills Times: December 5 - 9:30 AM December 12 - 9:30 AM

December 19 - 9:30 AM

Location: Bill Knapp's Restaurant 27925 Orchard Lake Road

Farmington Hills Times: December 6 - 9:30 AM

December 13 - 9:30 AM December 20 - 9:30 AM

Location: Bakers Square Restaurant 825 Bowers

Birmingham Times: December 11 - 9:00 AM & 2:00 PM December 18 - 9:00 AM & 2:00 PM

Refreshments will be served. Reservations are recommended. No cost or obligation. Call (800) 810-1699 for reservations and details.

The M-CARE Senior Plan is a product of M-CARE, a Health Maintenance Organization (HMO) with a Medicare contract. The MT-CARE centor rian is a product of M-CARE, a Health Maintenance Organization (HMO) with a Medicare contract. Anyone with Medicare may apply, including those under age 65 entitled to Medicare on the basis of Social Security Disability Benefits. Members must continue paying Medicare premiums. Senior Plan Members/must use M-CARE Plan Providers and contracted pharmacies. An M-CARE Sales Representative will be present at the informational meeting and provide more information and application forms. Persons receiving Medicare benefits for End-Stage Renal Disease (ESRD) or Hospice Care are not eligible for the M-CARE Senior Plan.