

# Cable TV provides message

## CABLE CONNECTION



MARY LINDA CALDERONE

Channel surfers — are you aware of how much valuable information is shown on community TV channels? And it's more than just video. We provide announcements and postings as well. Now, it's even easier to read, thanks to the addition of our new state-of-the-art character generator.

The character generator is the apparatus used to input alphanumeric symbols on TV. Not only is the new character generator reader-friendly, it also has the ability to import graphics and pictures and even custom create drawings. So what may have

been lost in boring print before, looks and reads totally slicky now.

Tune into city Channels 8 (Farmington Hills), 13 (Novi) and 15 (Farmington) and you'll see what I mean.

Find out about all kinds of pertinent information on city services like police, fire, recycling and parks and recreation as well as dates and times of council meetings, planning commission meetings and zoning board of appeal meetings.

Channel 12, a.k.a. Info TV-12, carries the week's program guide in character-generated form. And Channel 3 is known as the Community Bulletin Board. Read about important events going on locally.

Church meetings, free seminars and reunions are all examples of announcements which go on the channel. Fund-raisers,

such as rummage sales and bingo, where money goes directly to the non-profit organizations, are also listed. Community TV is one good example of the Information Super Highway.

Watch these channels. See what's happening in your neighborhood. Take it a step further — be proactive! Get your message out via cable. If you have an announcement you'd like to publicize send it to: SWOCC, Community Bulletin Board, 24021 Research Drive, Farmington Hills, 48335.

The next CAC meeting is 7 p.m. Tuesday, Feb. 11, at SWOCC offices. The next SWOCC meeting is 4:30 p.m. Tuesday, Feb. 11, at Farmington City Hall.

Mary Linda Calderone is the Community Outreach Coordinator for the Southwestern Oakland Cable Commission.

## Hills police set open house poster contest

The Farmington Hills Police Department will host its 10th annual police department open house on May 18.

To commemorate the event, the FHPD is hosting an open house poster design competition for all Farmington/Farmington Hills area public and parochial high schools as well as resident home study students. Follow these guidelines when preparing your entry:

- The theme is "Children and Police."
- Entries should be on standard size white poster board.

- Colors should be limited to red, medium blue, and black.
- Print name, school, or "home study student," grade level, home address and phone number on the back of each entry.

- Design must include the following text in large print:



Timothy Reilly  
Career Development



- The Top Producers you see all over Livonia, Canton, Plymouth, Northville and Novi made a decision to make Real Estate a Career! Would you like to be one of these top producers????
- Why not join America's #1 Producing Century 21 firm.
- Let me help you get started in that direction.

Our company is made up of top producers that started their career at CENTURY 21 TOWN & COUNTRY.

Call me for a personal and confidential interview.  
313-455-5600

## WHO, WHAT, WHERE... Y?

The fourth in the series of television shows began airing at 5 p.m. on Monday, Feb. 3 and every Wednesday beginning Feb. 6 at 8 p.m. on Info Channel 12. Please mark your calendar. This show will focus on the contributions of our board members including Mr. Robert Densmore, who was instrumental in the strategic planning process for the expanded YMCA and Mr. John Kiddle who helped with the capital campaign.

## HEALTHY FAMILIES DAY

The Farmington Family Y will host a families fitness day from 10 a.m. to 1 p.m. Saturday, Feb. 8. This is done in collaboration

## YMCA HIGHLIGHTS

with the American Heart Association. There will be blood pressure screenings, cooking demonstrations with Chef Larry James and exercises led by the Detroit Rockers. This event is free to the public.

## ELDERMED LUNCH

The third in the series of lunches sponsored by the Eldermed program of Botsford General Hospital will be conducted from 11:30 to 1 p.m. on Tuesday, Feb. 11. This particular seminar will focus on the power of attorney and how important it is to make arrangements for financial management when and if there is a serious health crisis in your family.

Please bring your lunch and enjoy a snack and coffee. There is a \$3 charge and it is open to the public. The meeting will take place in the Community Room of the Farmington Family YMCA.

## SEMINAR ON SPORTS INJURIES

Beginning Feb. 26 and every other Tuesday for three Tuesdays, Providence Hospital will be presenting seminars on sports injuries and the athlete. The first will focus on stepping toward healthy lifestyles and how to prevent sports injuries. The speaker will be Dr. Scott Eathorne. It begins at 11:30 and includes a snack and beverage. The cost is \$34.55.

## Providence Breastfeeding Assistance Program:

We help you to give your new baby the very best.



It's important that you learn the basics of breastfeeding before your baby is born so that you can feel relaxed and prepared when the time comes.

At Providence, our certified lactation consultants offer personal assistance before or after the birth of your child. In addition to individual consultations and care, the Providence Breastfeeding Assistance Program offers:

- Breastfeeding education
- Pump rental and supplies
- Informational books
- Educational classes



Providence Medical Center -  
Providence Park  
47601 Grand River Avenue  
Novi, Michigan 48374  
1-800-341-0801

## Providence Hospital Breastfeeding Assistance Program

This coupon entitles you to

**\$5.00 off**

a prenatal or postpartum  
consultation.

Call  
1-800-341-0801

HB127214

## Providence Medical Center - Farmington Hills Where quality family health care begins

Welcome to Providence Medical Center - Farmington Hills. We may be new but we share the same mission, vision and values that have been Providence's foundation since it opened its first hospital in 1844. And we're dedicated to providing quality care for you and your family.

Nearly 20 primary care physicians and specialists have offices at Providence Medical Center - Farmington Hills and they will provide your family with the same personalized medical care and attention you've come to expect from Providence.

Area residents will also have access to a comprehensive array of outpatient diagnostic, treatment and educational services in one convenient location. Sophisticated technology and personalized care characterize the services at the Medical Center.

- Urgent Care (open 8 am - 10 pm daily) for minor illnesses and injuries
- Diagnostic radiology
- Cardiac diagnostic testing
- Physical therapy
- Lab
- Pharmacy
- Community health education classes and programs

The following physicians and medical specialists will have offices at Providence Medical Center - Farmington Hills:

**Cardiology**  
Issac Grinberg, MD; Mark P. Lebel, MD; Gregor M. McKendrick, MD; Ronald V. Miller, MD; Wassim Nona, MD; Kiril R. Shah, MD; Marcel E. Zughal, MD

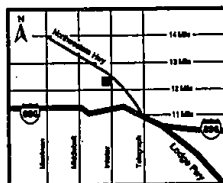
**Dermatology**  
Audrey Bruell, MD  
**Family Practice**  
Scott Eathorne, MD; Kelly Krueger, DO

**General Surgery**  
Shun Young, MD  
**Internal Medicine**  
Brenda Churchill, MD

**Obstetrics and Gynecology**  
Andrea Lightbourn, MD; Deborah McBain, MSN, certified nurse midwife; Patricia Ferguson, MD; Sharon Miller, MD; Anne Mitchell-Gleghem, PhD, certified nurse midwife; Maria Vogt-Roberts, MSN, certified nurse midwife; Rebecca Williams, MD

**Pediatrics**  
Lakshmi Kaza, MD; Michael Malon, MD  
**Sports Medicine**  
Scott Eathorne, MD

(810) 865-4000



You and your family can enjoy an afternoon of fun! Join us for an open house Sunday, February 23 from 2:00 to 4:00 pm.

- Tours
- Refreshments
- Juggler
- Magician
- Costumed characters
- Giveaways

**PROVIDENCE**  
MEDICAL CENTER - FARMINGTON HILLS

30055 Northwestern Highway • Farmington Hills, Michigan 48334  
Named One of America's Top 100 Hospitals

## Introducing WYNWOOD

The Standard for Quality of Life in Assisted Living



There are many places that offer assisted living...

Wynwood offers more.

Wynwood takes a different approach to the concept of assisted living. We are committed to providing for our residents' lifetime of needs.

We meet our residents at their point of need through customized care programs, purposeful environments and extensive staffing. And as their capabilities change, we change with them.

That means that most of our residents will never have to go into a nursing home.

Visit today to see how Wynwood sets the standard for quality of life in assisted living.

**WYNWOOD**  
OF NORTHVILLE  
An Assisted Living Services Company

40405 Six Mile Road - Northville  
(313) 420-6104

- ☐ Please send me an informational brochure on Wynwood.
- ☐ I would like to schedule a tour of Wynwood.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Mail to Wynwood, 40405 Six Mile Road, Northville, MI 48167

