SHOPPING CENTERED



Need new glasses? Fitting rules differ

BY DONNA MULCARY SPECIAL WRITER

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It's time to clear up some misconceptions —
take off the blinders, if you will — about eyeglasses and sunglasses.

That's what Bill Seak! thinks.

A licensed cosmetic optician, Seski is co-owner
of Eyes Right Optical in Farmington Hills
and Oak Parik.

Before buying his business in 1993, Seski was
ne eyeglass designer for D.O.C., and before
that, he owned a posh optical boutique on
Rodeo Drive in Beverly Hills, Calif., so he
knows a lot about eye-wear.
One of the misconceptions people have, he
said, is that the shape of their face determines
what kind of frames they can wear. Basically,
he said, there are three face shapes and three
frame shapes: eval, triangular and square.

"The old rule of thumb, was that the frame
shape had to be the opposite of the face shape in
order to achieve balance. So if you had a square
face, you'd wear round or oval frames."

However, that was discriminatory, he said,
because different frame shapes have different
connotations.

"When you see a person wearing oval glasses,

connotations.

"When you see a person wearing oval glasses, you instantly think he's intelligent, whether he is or not, because they look very business-like,"

Seski said.

The new rule: "As long as the eye is in the exact center of the frame, a person can wear any style frame, no matter what the shape is of his or her face."

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Another misconception is that if you have a strong prescription, you can't wear harn-rimmed glasses and certain then styles. That may have been true in tho past, because strong prescriptions used to mean thick lonses, which idin't look right in certain frames. However, thanks to improved technology, ultra-thin lenses are now available.

A popular trend, Seski said, is to tint the upper and lower partions of eyeglass lenses so that it looks like a person is wearing eye shadow and blush, even when she's not.

As for frame colors, "Shiny metals are out. Antique colors and matte metal finishes are in."

A misconception about sunglasses, Seski said, is that bigger is always better. Small lenses can provide more than adequate protection, he said, if the frames fit anny against the face and if the lenses have a good coating to block harmful UVA and UVB (ultraviolet) rays.

But unless you're willing to spend at least \$40 on a pair of sunglasses, don't wear any at all, he said, because inexpensive sunglasses can cause more harm than good.

He said that sunlight can bleach out the anti-ultraviolet coating on inexpensive sunglasses within a few days. The glasses remain inted, however, which causes the pupils to expand. This in turn lets more ultraviolet light into the back of the eye where it can damage the retina over time. her face." Another misconception is that if you have a

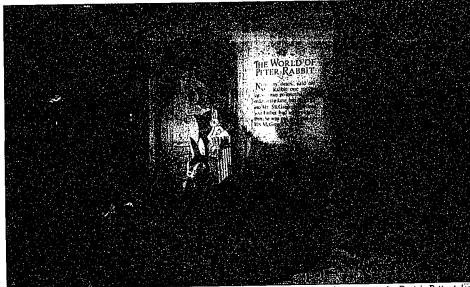
This in turn lets more ultraviole light into the back of the eye where it can damage the retina. Seaki offers three reasons why children 16 and under should never wear sunglasses. Their glasses are usually inexpensive and lack the proper protective coating; children can get adequate UV protection just by squinting; and ultraviolet rays are not as harmful to children as they are to adults.

Dr. John Rourty, a pediatric ophthalmologist at Children's Hospital of Michigan in Dettoit, said he agreed with Seski on those three counts. "But I wouldn't go so far as to say that children should never wear sunglasses," Rourty said. "If a child is in a high-glare situation—on the anow or on the water on a bright, sunny day, for example—and it will help with the wearing sunglasses."

Sunglasses are regulated to a small extent by the U. S. Food & Drug Administration's Center for Devices and Radiological Health, but the center never tests to see how long anti-ultraviolet lens contings last. So when it comes time to pick out a pair of specs or shades, go into it with your eyes open.



REI Seeki of Eyes Right Optical



Storybook settings: Mr. McGregor's Garden takes center stage at Twelve Oaks in Novi where guests enjoy Beatrix Potter tales from giant pop-up books as they wait to visit with Peter Rabbit. The display is enhanced by more than 1,200 flowering

Mall fun to welcome spring



It still may be too early for tulips and daffodils, but business is blooming at the malls with this week's arrival of Peter Rabbit for photos and pre-holiday family fun.

Some call him Peter Rabbit, others the Easter Bunny, but by any name, this furry harbinger of spring stands for mischief, fun and treats. He'll be arriving at most shopping centers Saturday, March 16, greeting shoppers in a garden setting.

Most photo operations begin at 11 a.m. and run through 8 p.m. daily until March 29. Expect to pay about \$7 for a portrait unless you bring your own camera.

Fairlane Town Center, Dear-born Big Boy's hosts Bunny Breakfasts on March 15, 22 and 29 at 9:30 a.m. for \$3 per child. The ticket also includes a free movie pass for an 11 a.m. film at The Movies at Fairlane. Also on March 15, a fashion show at noon and a children's craft project "Arts & Scraps" from noon to 4 p.m. A performance of "Where in the World is Carmen Sandiego?" is set for 6 p.m. to kick-off the mall's return to extended hours on Saturdays. Register for any of the events at the Information Desk or call (313) 593-3330.

Lakeside, Sterling Heights, the Easter Bunny errives on March 15 after a special 10 a.m. program in Crowley's Court. All kids in the audience take home free bunny ears. He'll be available for photos and visits through the month.

Twelve Oaks, Novi: Performances of "It Might As Well Be Spring," by the Children's Theatre of Michigan at 1 and 3 p.m. on March 15 and 22 in Center Court. Peter Rabbit visits held in a Storpbook setting. The mall has been "potted" with more than 1,200 flowering plants.

Westland Center: The Easter Bunny poses with children through March 29 from 11 a.m. daily.

Livonia Mali: Ron Coden (former star of the T.V. show "Hot Fudge") presents a sing-al-ong family show at 11:30 a.m. Ho'll introduce the Easter Bunny at noon on stage near Crowley's. Full-color instant photos are \$5.95. There is a gift for each child who visits through March

Tel-Twolvo Mall, Southfield: Mare Thomas and guitarist Dickio Leo provide a family concert with special appearances by Max the Moses and the Easter Bunny. 11 a.m. in Center Court. Photo opera-tion.

Summit Place, Waterford: Easter Bunny photos in the Grand Court through March 29.

Wonderland Mall, Livonia: The Cyberspace Safari exhibit ties into a welcoming of the Easter Bunny after special shows on March 16 at noon, 2 and 4 p.m. in Center Court. Bunny photos and Cyberspace Express rides for children through March 29.

Northland Center Southfield: The Easter Bunny arrives Friday, March 14 for photos and visits. He'll give each visitor a take-apart egg with a sticker inside through March 29 in Center Court.

Oakland Mall, Troy: The Easter Bunny will be available for photos beginning March 15 in JC Penny court.

McadowBrook Village Mall, Rochester Hills: Maureen Shiff-man, puppeteer and storyteller, pre-sents a spring program at 11 a.m. 1

and 3 p.m. The Easter Bunny appears after 11 a.m. show. Photo available through March 29.

Great Oaks Mall, Rochestor Hills: On Saturday, March, 22 Machus Restaurant caters a bunny breakfast at 9 a.m. \$10 per person includes photo. From noon to 4 p.m. kids can bring in a basket to use in the mall parade collecting endy from each store. (810) 650-1686....

Bunny Broakfasts: The Cymmunity House in Birmingham hosts 6th annual family event, Saturday, March 22 at 9 am. 88 per person. Visit the Easter Bunny, have your face painted, receive a goody bag. Tickets at Chamber of Commerce Office, 124 W. Maple; Community House 380 S. Bates; or by phone (810) 644-1700.

Hudson's hosts a spring skit and bunny visit at Marketplace Resiliarants beginning at 9 a.m. 85 person, March 16 at Twolve Oaks, Novi, March 22 at Westland and could be supported to the state of the s

- Susan DeMaggio

News of special events of interest to shop-pers is included in this calendar. Send promotion information to Malls & Mainstreets, clo The Observer & Eccentric 805 East Maple, 48009; or fax (810) 644-1314. The deadline is Wednesday at 8 p.m. for publication on Monday.

SUNDAY, MARCH 9 Cyberspace Safari

Cyberspace Safari
Explore the Internet and discover facts about dinosaurs through a program running until April. Co-sponsored by The Detroit Science Center and seven computer-related companies. Fees. Reservations suggested. School groups welcome. Near Service Merchandise entrance.

Wonderland. Plymouth/Middlebelt. Livonia. (313) 577-4600, ext. 417.

Arts/Crafts Show
Browse amid hundreds of spring items for the home and gift-giving. Also, Girl Scout Cookie aales near Radio Shack and Ruby Tuesday entrances.

trances. Summit Place Mall. Elizabeth Lake/Telegraph. Waterford. (810) 682-0123.

TUESDAY, MARCH 11

Great American Lock-Up
"Arrested" folks, friends and co-workers, raise
money for "ball" and the American Cancer Society in Kohl's Court through March 14 from 9

ety in Kohl a Court Grough Smitch 14 Hour of Manual Place Mall, Summit Place Mall, Summit Place Mall, (B10) 682-0123.

Man'a Big/Tall Trunk Show
Rochester Big & Tall hosts Special Orders Week for clithing by Jack Victor, Hickey-Freeman, Cessarani, Individualized Shirts and Remy

ADDED ATTRACTIONS

Leathers from 10 a.m. daily. Hard-to-fit men can make appointments for fittings, or just stop in to see the collections.

25300 Southfield. Lathrup Village.

(310) 569-4144.

Berders Books & Music hosts a visit by the family of Ron Goldman at Noon. A portion of the proceeds from their book "His Name is Ron: Our Search for Justice," will benefit the Safe Streets Conlition.

Search for Justice," will benefit the Safe Streets Conlition.

30955 Orchard Lake Farmington Hills.
(810) 737-03110.

Ungaro Show/Benefit
Sake Fifth Avenue presents an exclusive preview of EMANUEL/Emanuel Ungaro Liborte spring collection beginning at 5:30 p.m. on the Second Floor. Cocktains/Hors desurves. Runway show. Informal seating, Tickets \$22, Benefactors \$50. Program to benefit the Junior League of Birmingham's support of abused and neglected children. The public is invited to attend.

Someract Collection South.

Bis Beauer (Coolidge. Troy.

Big Beaver! Coolidge. Troy. (810) 614-3317.

WEDNESDAY, MARCH 12

Designers visit
Henri Bendel's hosts a visit by trendy New York
handbag designer/manufacturer Kate Spade
from 11 a.m. and on March 13 Ren Rizzo arrives
with his semi-precious jewelry design collections.
Somerset Collection North.
Big Beaver/Coolidge. Troy.

(810) 816-8572. Walkers Meeting
Christi Blue from Bath & Body Works discusses new products and Patty Hughes from Major Morigage talks about reverse mortgages. 9:15 am. Lower level auditorium. Free.
Westland Center. Waynel Worren.

(313) 425-5001.

THURSDAY, MARCH 13

Spring Trunk Show
Artist Jennifer Sly Kirk presents her spring art clothes from noon to 7 p.m. at the Apple Tree Room shop.
32749 Franklin Road. Franklin Village.
(810) 851-9852.

SATURDAY, MARCH 15

Gabo Buildors Show

Look for the orange awnings on Home Depots 2,5500-square foot booth at Michigan's 19th annual home and garden show. It'll have a waterfall and pond, plus garden equipment to try out through March 23 from 2 p.m. daily, 11 s.m. to 10 p.m. Saturdays, 11 s.m. to 6 p.m. Sundays. Admission 3,550 adults. Presented by the Building Industry Association of Southeastern Michigan.

(B10) 737-4478.

Prom Sominars

Hudsen's Kathy Remski hosts a fashion seminar about prom's hottest looks, 1 p.m. Door prizes. Seating limited. Complimentary. Repeated on March 22 at Somerset Collection North. Troy and on April 5 at 1 p.m. at Oakland Mail store in Troy.

Tuelve Oaks. 12 Mile/Novi. Novi.

(B10) 344-6800.